

**5/30 25 NOTE:** this trip was composed of two main chunks:

1) a ~35 day a trek across Spain from France to the Pacific known as the Camino de Santiago , and

2) the balance of the 3 months travels in Portugal and the rest of Spain  
Most of the ITIN of the CdeS was dependent on supporting documents I had researched. IN SUM, this IT(IN is noit organized like many of the later ITINs.

My pre-trip focus was almost solely on the. CdeS trek. Thus, research & ITIN for Portugal & Spain was primarily based on Rick Steves and Lonely Planet guidebook

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## **LUG OPTIONS:** (Specific companies)

Spain Post Office: see “[Spain Post Office procedures.pdf](#)”

Ivar’s Santiago Storage option: SEE “[Santiago Luggage storage.pdf](#)”

[www.caminodesantiago.me/luggage-storage-in-santiago-de-compostela/](http://www.caminodesantiago.me/luggage-storage-in-santiago-de-compostela/)

What is the best way for me to ship my parcel to you?

From within Spain, in general, the postal service is the best way. They are usually more economical and normally reliable. Still, keep your receipt that they give you so that we can track you parcel should it get lost. Also, ship FedEx/UPS > Ivar is OK.

## **Luggage Transfer:**

Umberto di Venosa:

INT: 35314433972

Cell: 353861784763

OFF: 016872144

TEXT: 0861784763

Out of office until 30 Aug

[Umberto.di.venosa@onefootabroad.com](mailto:Umberto.di.venosa@onefootabroad.com)

<http://www.expressbourricot.com/en/booking.html>

‘How To’ You Tube video

[https://www.youtube.com/watch?v=6xCx81nowJ0&feature=youtube\\_gdata\\_player](https://www.youtube.com/watch?v=6xCx81nowJ0&feature=youtube_gdata_player)

## **NOTES:**

CAUTION: MUST use pre-booked accomodations that will hold luggage

Taxis: (Ask hotel or bar but MUST pre-book)

## **CdeS Stages & Elevations sites**

[ttp://www.godesalco.com/plan/frances](http://www.godesalco.com/plan/frances)

## BASIC ISSUES:

### Maybe Walk:

> top of Alto de Perdón: resurfaced? awful route & dangerous on decent.

**TRN** <http://www.raileurope.com>

**BUS:** Local bus BTWN sm towns, not SUN; Contact local Tourist OFF or albergues

**Eurolines:**

### ACCM:

refugios (pilgrims only), hostales,

### Official pilgrims passport:

-- issued by the [Cathedral in Santiago](#), from most hostels along

**Pamplona:** main municipal albergue & 2) Univ at city edge on the way out – Camino passes right beside it.

**Roncesvalles:** 1 place -- pilgrims office

## BIKE sections:

Burgos > Leon:

Best offroad sections: Remote feeling and not too rough: West of Burgos through Hornillos and Hontanas.

Other sections:

NOTE: bike either walker's path or nearby RD

Leon> Santiago: most divers & spectacular between Sahagun and Astorga, w STOP in Leon  
'dull' section between Burgos and Astorga is about 10 days,

### BIKE PURCHASE:

Pamplona: picking up a bike here is not difficult. There are various shops located throughout the city where you can buy new or used bikes. Or you can head to the big stores (Carrefour and Corte Ingles both carry bikes, but [Decathlon](#) might have the best selection). A simple, new bike can start at about 100 euros. After your time in Pamplona is done, you can sell it to one of the bike stores and Burgos

### BIKE RENTAL option:

1) **bikeiberia.com** (Tania 7/12, : Lisbon based,

Helmets, panniers, tool kit tube,

CC deposit

Submit RES request for prices???

2) **Catherine Deffense, Bookings Director**

catherine.deffense@cycling-rentals.com: Lisbon based

Phone Portugal: (+351) 212 424 604

Phone UK: (+44) 020 8816 8637

Phone USA: (+1) 970-672-0209

Mobile: (+351) 922 134 857

Skype : cycling-rentals

[www.cycling-rentals.com](http://www.cycling-rentals.com)

Helmet size: lrg 59-63cm

Bike size: 15.5" height grade > top of seat tube (ie w/o seat and ITS tube)

platform or cage pedals?,

Luggage transfer, also

3) <http://tournride.com/>: Doesn't seem as professional, but GUD 2wk mt bike @250E  
Helmet (req'd law)

### September

Pamplona:	18.0	24.4	11.7
Logroño:	19.1	25.4	12.7
Burgos	15.7	22.9	8.5
León	16.4	22.9	9.9
Ponferrada	17.9	24.3	11.4
Santiago	17.0	22.3	11.7

## The Santiago de Compostela Camino



**AIR:**

US Air e-Ticket Number: 03723230022386		800-538-2929			
US Air Reference Code: CLIKP5					
SERVICE	DATE	FROM	TO	DEPART	ARRIVE SEAT
US AIR 2730	13AUG	TUS	PHX	7:10am	7:56am
NOTE: Flt Time: 0 h 46m Layover: 0hr 37m					
US AIR 631	13AUG	PHX	CLT	8:33am	3:36pm
NOTE: Flt Time: 4h 03m Layover: 1h 03m					
US AIR 786	13AUG	CLT	CDG	4:50pm	6:55am
NOTE: Flt Time: 0h 05m TOTAL FLT TIME: 1h 18m ARV: 11:20:13					

**TRN: Paris Airport > Bayonne > SJPP:**

Trip #1: eTIK #: SIVSXA CDG > Bayonne: PRINT @ STATION

#A: TGV #5202 Cdg(Paris Airport) > Bayonne:

14 AUG: DP: 10:16 for Bordeaux ARV: 2:37pm

**Coach #: 017 SEAT #: 075**

#B: #67229 Bordeaux > Bayonne:

14 AUG: DP: 2:51pm for Bayonne ARV: 4:46pm

Paris Madrid Hotel (22rm)

Place de la Gare de la Republic, 64100 Bayonne, Tel: 05 59 55 13 98

GEN INFO: Not bookable;

Trip #2: #67317 eTIK #: SIWEBW Bayonne > SJPP: PRINT @ STATION

(aka Donibane Garazi - Basque name)

15 AUG: DP: 10:48 for SJPP ARV: 12:10pm

**Hostel: look at colored hostel list**

2 Nites: (I Think) Albergue du Perelin, 25, R de la Citadelle; 65-59-49-10-86

L'Esprit du Chemin Fully booked (See their web page to book)

:

**Pilgrim's OFF: Credential??? Passport ???**

Accueil des pelerins de St-Jacques, 39 rue de la Citadelle.(7:30-12:30 & 13:30-2200

Ask hotel or bar but MUST pre-book)

**SITES: SELF-GUIDE:**

- 1) Cross Old Bridge over Nive RIV near Notre-Dame Gate (past drawbridge),
- 2) THEN, up Rue de la Citadelle (partway up: Pilgrim's Friends Office)
- 3) THEN SKIP Bishop's Prison, THEN > Citadel (grounds open ONLY)

**SJPP >TO: Roncesvalles: Route Napoleon (27km)**

From St. Jean to Roncesvalles by the high route, most of the way is on small paved roads, but near the top you need to pay close attention, so read the various guidebook instructions, stop at the pilgrim office in St. Jean, and get their little map, and don't go over in the dark or heavy fog.

**Orisson: (17.4km/10.8mi):**

Aub. Kayola (1 kmB4 Ref Orisson))

**Refuge Orisson** Jean Jacques Etchnady PH: 05.59.49.13.03 ---CELL: 06.81.49.79.56(new):  
about 6 miles out of St. Jean, and half of the total vertical gain in elevation. The next day will  
be an easy walk to Roncesvalles. Orisson [www.refuge-orisson.com](http://www.refuge-orisson.com) . EMAIL: Orisson:  
[refuge.orisson@wanadoo.fr](mailto:refuge.orisson@wanadoo.fr).

**Roncesvalles:** (17.1km/10.6mi)

## Collegiate Church sent email 7 Aug

## Pamplona:

Albergue Juvenil Fuerte del Principe (Umberto's suggestion, but no website)

**AIR: TUS > CDG**

UAL eTicket Number: 03723230022386 — 800-538-2929 — — —  
 UAL Reference Code: CL1KP5 — — — — —  
 UAL Freq. Flyer: 032789600 (20) — — — — — e1ual

SERVICE	DATE	FROM	TO	DEPART	ARRIVE	SEAT
USAIR 743	11NOV	BCN	PHL	10:45am	1:45pm	
NOTE: Flt Time: 9hr		Connect Time: 1h 55m		no meal		
USAIR 499	11JUN	PHL	PHX	3:40pm	6:40pm	
NOTE: Flt Time: 5hr		Connect Time: 1h 10m		no meal		
USAIR 2829	11JUN	PHX	TUS	7:50pm	8:38pm	
NOTE: Flt Time: 18min		TOTAL FLT TIME: 17 hr 53m		ARRIVE 11/2010		

## Hostel / Albergue (LP1250 LPm1353)

### Eastern: Sequential Towns (RS)

COPY M274=275

#### Roncesvalles:

Imposing [historic monastery-refuge](#) Abbey: 13 C Gothic; St Pete STAT as pilgrim w/. Shell/staff + 14<sup>th</sup> C Virgin

#### Pamplona (aka Iruna):

Old Town (Casco Antigua) : Stout walls, narrow lanes, gud TI,

RS Walking Tour: p281-289, M282-3)

PLUS: 1) CATH E5 (RS Self Guided Tour p289-290,; 2) CHR of San Saturnino FR( Passport Stamp) 3) CHR of San Lorenzo FR:

#### [Eunate DETOUR](#): **stunning 12 C octagonal CHAP in desolate field**

Between Uterga and Obanos, Eunate is a gem. The walk from the path and then back is easy, lots of wide open spaces, a few kilometers off the Camino

#### **Puente de la Reina: (12mi W of Pamplona)**

Iglesia del Crucifijo:@ entry: CHR of Crucifixion (): Romanesque doorways, stork's nest, Y shaped cricfi w/ dead Christ 'in pain', classic Pilgrim town, picturesque stone bridge (BRDG of Queen), xtra holes 4 hi water,

Houses: huge wood doors, fine carved eaves

**Cirauqui**: Iglesia de san Roman; [original Roman road surface and bridge](#)

#### Estella:

#### **Exceptional Romanesque ARCH**

Iglesia de San Pedro de la Rua; cloister

Iglesia de San Miguel: portal

Palacio de os Reyes de Navarra: high on street-corner capital

Vice of arrogance: donkey, harp & dog

Lust: sucking woman breast,

Avarice: money bagged peeps

[Bodega de Irache](#): free wine

[Los Arcos](#) > Torres del Rio: long, barren stretch

[Torres del Rio](#): 2<sup>nd</sup> 8-sided CHAP

**Logrono** (skippable), BUT just @ Ebro RIV = Basque vs rest of Spain boundaryottest city on CF Dour, : Renaissance alterGothic Iglesia de Santiago:

CATH de Santa Maria de la Redonda: **Michelangelo**: crucifixion painting BEHIND main altar angelo:

[Najera](#): MON de Santa Maria la Real: fine, flamboyant Gothic tombs; [Storks in sandstone cliffs](#)

[Santo Domingo de la Calzada](#) VILL: captivating:, church & other structures; [Hens in the church](#)

**CATH, HIIST BLDGs, rooster/hen legend; soon after Castile & Leon region boundary: i.e. Plain of Spain**

[San Juan de Ortega](#): isolated Romanesque CHRC & MON: vernal & autumnal equinox sun lite hits STAT

#### **Burgos: (RS M300-1) El Cid: blah town BUT .....**

Meseta: section btwn Burgos and Astorga; Heat: walk early, water

Arco de Santa María, the [medieval entrance](#) at the city of [Burgos](#)

Glorious Gothic CATH 13<sup>th</sup> C : E3.5:

RS Self-Guided Tour: p303-6 a:

Bishop's PAL;

MUS of Human Evolution (Atapuerca site tours from MUS, E6: 20km) ice)

under Town Hall > RIV promenade , THEN >, St Mary's Gate: only extant 13C gate of 12,

Huelgas MON: 20 min W of CATH; moveable , MUS of old common man clothes St James

STAT

Palacio de los Guzmanes

**(The Maseta)**-----

Burgos-Leon: old Roman/medieval road waymarked Camino.

Hornillos del Camino: [View from ridge overlooking Hornillos](#)

Roman Rd: Las Mijaradas (Burgos)

**Ponferrada, old Castle of**

Castrojeriz:

1<sup>st</sup> refugio - gud food

Castle ruins dominate town, 4 larg CHRHs

4 LRG CHR:

Fromista: Span Romanesque ARCH: Iglesia de San MartingUD corbels & INT capitals

ROMAN ROAD: btwn Carrion de los Condes (91) & Calzadilla de la Cueva (92)

12<sup>th</sup> C Benedictine CTR: horseshoe arches & clever brick patterns.

Sahagun (after Sahagun) There is an option at Calzada del Coto (just past Sahagun & btwn Leon). Meseta???

1) A more westerly route thru little towns: Bercianos & El Burgo Ranero

2) more eastern route (Roman rd) thru Calzadilla de los Hermanillos -- join back together @ Reliegos. Result: approx day's Roman road walk: NOTE: not easy stretch -- no towns, little shade & difficult footing on worn, rounded rocks, BUT, OOM unspoiled camino stretches giving taste of earlier. don't go via El Burgo Ranero, although it is perfectly fine if that suits your distances and walking pattern etc. The nicer route is via Calzadilla de la Cueva(92). Meet Leo in his restaurant there.

**Western: RSm322-23**

**Leon: RS M315 (Rome's 7th Legion) Pre-Burgos capital, OLD TOWN only,**

Self guided Tour: p314-17) San Isidro MON: fresco slathered Romanesque Chapel (in San Isidro MUS)

Calle Ancha) ped: Casa de Botines: Antoni Gaudi w/ his STAT across st admiring bldg

Plaza Mayor:

CATH FR: grand Goth(best stained glass & enabling flying buttresses), White Virgin STAT, ,

Hospital de Obispo:

IMP medieval BRDG, Don Suero de Quinones,

**Maragatos villages & People: somewhere outside Astorga ( SEE web page) Astorga (as STOR gah): ancient RD intersection, Roman ruins (?)**

Bishop's PAL (Palacio Episcopal): fanciful neo-Gothic; IMP Antoni Gaudi INT, Camino MUS

CATH: gothic, well carved choir; ALSO: Chocolate MUS, Roman MUS,

: Castrillo de los Polvazares: HIST BLDG

Rabanal del Camino: tiny 2001 Benedictine MON

Foncebadon: abandoned mt village La Cruz de Ferro:

THEN, Climb up > Foncebadon along high ridge THEN down> Molinaseca



Ponferrada: Irg; Templars castle

Cruz de Ferro (Iron Cross) on Mt Irago: ---- for stone dropping

**Villafranca del Bierzo**: sleepy, on rugged edge of Galica hills

HIST BLDGs, Pilgrim feel;

Iglesia de Santiago "CHR of St James": sick pardon @ Puerta del Perdon (N door) , "Gate of Forgiveness": DIRECS: Walk from main SQ > 14<sup>th</sup> C castle (closed) , THEN, signs > Chr St James THEN< side facing town (puerta de pardon)

NEXT DOOR: Vilafranca AUB: 8 D, E8.

Herrerias: THEN, UP > O Cebreiro & PASS -----

**O Cebreiro (oh theh-BRAY-roh)**: Begins Galicia region, remote, most difficult pass, fiercest Span weather, /// at the Xunta albergue recently and I like it. My second time there. It was likewise bad weather. But the dormitories are warm so your gear gets dry during the night. The kitchens in Galicia are usually not well- equipped. But the showers and toilets are spotless and hot water in the showers. --- Totally refurbished in 2008 the Xunta albergue is now comfortable with large showers and lots of hot water. The last time I stayed there in late November 2011 the weather outside was vile with sleet and cold fog, but wonderful heat made the albergue very cozy. Elsewhere in the village a very good menu de dia was offered at the bar/restaurant nearest the church. This is run by the family of the late Don Elias Valina Sampedro, the local priest who mid twentieth century renovated the idea of the Camino and painted the first yellow arrows which all pilgrims now follow. He is buried in the church cemetery. /// a plug for the Venta Celta,

I haven't stayed in O Cebreiro on either of my Camino Franceses and frankly don't miss it. The main reason is that I liked to stay just below the hill the night before the climb so I could do the hard work at the start of the day, stop at O Cebreiro for lunch, then walk on another 10kms or so. // I prefer to stay in Alto do Poio. Others have said that they're rude there too, but both times they've been fine with me.

Galician MT VIL w/ 9 'pallozas' i.e. Impos. quaint stone Hobbit houses, pre -Romanesque church, pilgrim feel; 'pallozas': round stone huts w/ thatched roofs (mus) SEE RS p328

836AD MON foundation,

Royal St Mary's CHR (Santa Maria la Real) pre-Romanesque, sunken flr against winter storms, PASSPORT STAMP, ; baptistry;

**??? Where Lugo**: (just off Caminnoi) mi) NW of O Cebreiro

TI: up PED ST off main SQ, PLaza Maior (YEL signs) NOT SUN

Best preserved Roman Walls i/Spain, FR , always open; atmospheric stout, mossy walls, W side most INT,



Triacastela: **Camino divides**, Re-united in Sarria

Via samos: 6<sup>th</sup> C MON de Samos: 2 cloisters: a) mermaids b) roses

4 mural walls of post explosion scenes

**Via ???**

Sarria (last 10mkm) : crumbling castle

Barbedelo's Romanesque CHR

THEN, down > -----

Portomarin:

Romanesque Iglesia de San Juan ( moved stone by stone from dammed location

**??? Where Lugo**: (just off Caminoi) mi) NNW of O Cebreiro

TI: up PED ST off main SQ, PLaza Maior (YEL signs) NOT SUN

Best preserved Roman Walls i/Spain, FR , always open; atmospheric stout, mossy walls, W side most INT,

**Farming villages around Ligonde**

Leboreiro : well preserved

Eurelos: well reserved

Melide: oldest *cruceiro* ; Ethno MUS (in HIST CNTR) pre-Roman, Roman & old local trades

**Santiago de Compostela: 2 days MIN, great CATH, stony streets, nice ALT > Leon**

: small, HIST, encircled by a ST: former wall location

Airport : SCQ: BUS STA > < SCQ

SCAN RS m336-7

SCAN RS p338352

## **Top 10 Tourist Sites:**

Central:

Madrid: (Cen)

Palacio Real

**Segovia**: (NW close>Madrid

Aqueducts

**Cuenca**: (SE of Madrid)

medieval city w/hanging houses

Barcelona:(NE)

Sagarada Familia

Sierra de Guadarrama:

Escorial

S Mid

Cordoba: (S Mid)

Mezquita de Cordoba (mosque)

Granda: (SS Mid)

Alhambra

**From St. Jean Pied de Port  
to Santiago de Compostela**

***by John Brierley*** ISBN 978-1-84409-575-9 First published as A Pilgrim's Guide to Camino Francés in 2003. This new fully revised 8th edition published in 2012 (updated from 2011 edition). Order from your local bookshop, or directly from publisher [\*\*Findhorn Press\*\*](#). (Online orders benefit from a 20% discount.)