

Athens:

TRANS-IN: AIR:

Delta TIK #: 0062303497969-70

Delta FLT Confirm #: 67X3A7 1 (800) 455-2720

SERVICE	DATE	FROM	DEPART	ARRIVE	FLY TIME	SEAT
DL 1092	30Mar	JAC SLC	1:15p	2:14pm	(1h)	11E
NOTE: Flt Time: 1h Layover: 2hr 39m						
DL 89	30Mar	SLC CDG	4:53pm	11:15am	(10 $\frac{1}{3}$ h)	33G
NOTE: Flt Time: 10h 20m Layover: 1h 45m						
DL8689(AirFr)	31Mar	CDG ATH	1:00pm	5:15pm	(3 $\frac{1}{4}$ h)	???

\$1020.20 NOTE: Flt Time: 01:10h TOTAL TRIP TIME: 10h ARR: 31Mar, 10

Travelers INS: Claim ?s & Status Inquiries:866-968-2061 7:30a -7:00p CST, M-F Plan #: TTM-0814

AIR: JAC > ATH: INT'NAT airport Eleftherios Venizelos Int'l Airport:sm ARCH MUS

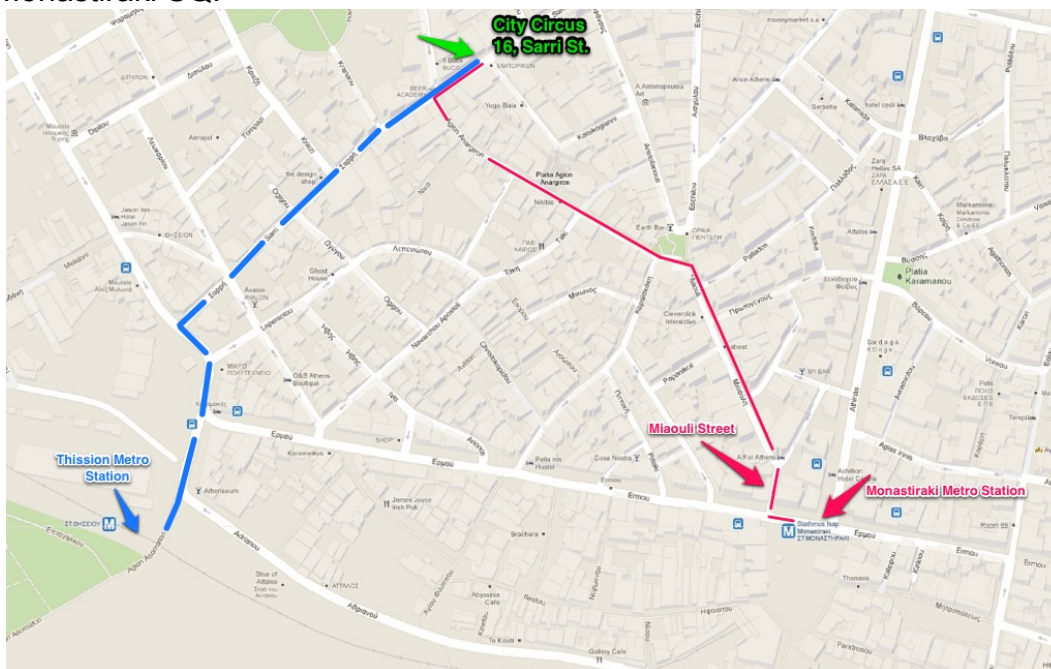
Airport > ATH > City Circus TRANS:

DIRECS: Metro/Suburban Rail: E8; Line 3: 5:30 >11:30: Fastest, > City Center

- 1) DIRECT service: 06:33a > 23:33p, 42min > Monastiraki (nearest METRO STA) > City Circus.
- 2) THEN, Follow exit > Athinas str. & once at ground level
- 3) make R turn 4 few mtr > Ermou str. (main Monastiraki SQ IS in front of you).
- 4) Turn R onto Ermou & ...
- 5) THEN, few mtr down rd, turn R again at Miaouli str.
- 6) THEN, Keep walking on Miaouli str > sm SQ in front of you.
- 7) THEN, Follow L bend of str on > Agion Anargyron str -- PED ST
- 8) THEN, after about 200m, @ end of it (? - PED ST) > Sarri str.
- 9) THEN, @ Sarri Str, turn R right & you SEE City Circus on L side @ # 16.

Suburban Rail: E8: Same \$ as Metro; RET TIK GUD 4 1 mo

BUS: E5: X95 AIRPORT EXP BUS line> CNTR Syntagma STA - faster than taxi; ONLY service >< airport 24/7/365 (EUR5): if 2 early/2 late--only OPT) From Syntagma, walk down Ermou str. & arrive at Monastiraki SQ.



ACCM:

City Circus Athens: 16 Sarri ST, 16 Sarri street PH +30 213 02 37 24 4

FAX: . +30 213 02 37 24 4 email: info@citycircus.gr ; Ref #: 11729/0315

31/3-4-4-15;; owe \$85.26E: \$22 Lug stor; elvt; wifi: com rm ; lkrs; brkf: grt; View: rooftop ; older guests; attention > detail,

Athens Backpacker: **CAUTION:** (no shift > Athens Studio (sister)) cuz lack of com Rm means every 1 stays n dorm rms; **smoking in rm**; s, LOC: gud, step from metro, elevator, kit; gud, well equip,

lockrs; Com RM; Wifi: bad in rms ;lug stor; grt terrace views (?); brkf: not gud; staff: DRM: spacious;

Athens Studios : \$18, NOT party , WIFI: in RM; LOC: gud; Little bthrm privacy; KIT Lockrs; lug stor; **can't bring own food /drinks**; over charging, BRKF: not gud

Athenstyle: grt rooftop bar views, LOC:GUD; wifi: lobby only, Elect Outlets: too few;

SITES:

Other Sites: Ancient Elefsina (Eleusis): Due W of ATH; **SEE "Athens > Eleusis - Wiki.pdf"**

RS: PART 1: Modern

4h

Sidebar: p453: ???? Modern Athens

(1) Syntagma SQ

.5

(DN) Syntagma Metro STA:

(>N) Hotel Grande Bretagne:

(>E) Parliment BLDG:

(+L) **Vasilissis Sofias AVE:** > ritzy Kolonaki QRT (funicular >Lykavittos Hill)
embassies & MUS

(R) **Nat'l GARD:** . Zappeionmansion-conference hall > Panathenaic STAD

(>S) **Prime TRANS hub:**

Vasilissis Amalis (TIC):

.25

(>W) **Ermou** (PED ST: shopping) > Plaka neighborhood > Monastiraki SQ > Keramikos CEM /
Gaza DIST

Nearby 1 of 2 Tourist TRNs

Modern Athens HIST:

Pre-1829: Athens: 2000 pop,Ottoman backwater, assassination of 1st GRK Pres forced Int'l Pres teenager King Otto, father forced Athens & brought architects > build it.

1922: Turkish defeat of GRK arm forced pop exchange & huge Athens pop explosion,

1950s: industrialization, Nazi occupation, civil war migration from country > Athens city

2004 Olympic Games inspired city planning,

Unknown Soldier TOMB / Evzone Guards (GRK Armyelite infantry)

Parliment:

Hotel Grande Bretagne & NeoClassical Syntagma:

.25

Otto's Royal PAL & supplicants mansions... now hotels.

Ermou (air-moo) ST: (7 blks, ST performs of E EUR, 'koulouri" - pretzel snacks

DIRECS: Using crosswalk (1 on either side of Syntagma SQ), cross busy ST. Directly in front of Parliament you'll see . . .

Tomb of Unknown guarded by Evzone Guards

.25



Sun 11am changing of guard ceremony

GRK War of Independence (1821-1829) pitted powerful Ottoman army against lowly but wily Klephts.

DIRECS: 4 rest of story, take step back 4 view of . . .

Parliament: 1843; protester demand /got constitution

.5

DIRECS: Cross back > heart of Syntagma SQ, & focus on grand bldg fronting N side.

Hotel Grande Bretagne & Neoclassical Syntagma:

.5

ORIG Syntagma SQ (on outskirts of early 19th C) surrounded by fawning wealthy's
Neoclassical mansions / now grand hotels

Syntagma SQ: Truman Doctrine impetus

DIRECS: Head down > bot of Syntagma (directly across from Parliament). near McDonald's.

Ermou ((AIR-moo)) ST: PED mall,

1

7 BLKS from Syntagma down >> Plaka > Monastiraki, THEN, con't W > ancient Keramikos
CEM & Gazi DIST.

ST performer: E EUR NOTE: Athens prefer ST just > N, such as Perikleous, Lekka, &
Kolokotroni.

ST Vendprs: pretzel-like sesame rings called koulouri

DIRECS: After 6 sm blk, on R (@ intersection w/ Evangelistrias/Ευαγγελιστρίας), look 4 sm ...

book wagon:

.25

DIRECS: Next , in middle of ST -- sm CHR (visit soon)

On R: Ermou 54 : shopping mall; 19th C elegance

7th BLK: Ermou 54 shopping Mall 19th C ARCH

.5

BUT Locals prefer: Perikleous, Lekka & Kolokotroni ST shopping 1h

PART 2: GRK Orthodox faith: (Re-read Eastern Orthodox Church" sidebar) 2h
E Orthodox CHR HIST READ RS Sidebar: p446: Easter Orthodox CHR: .25

4th C AD: Roman Empire split

11th C: Christian did same

NOW: E Orthodox split in > 12 reg branches, iconostasis, few pews, GRK Cross (4 equal arms), no STATs, non-realistic images, chanting, incense,

DIRECS: Stranded in middle of both Ermou ST & commercial bustle of 21st C little MED CHR.

(6) **CHR of Kapnikarea: Ermou ST;** 11th C Byzantin CHR; .25

classic BYZAN style: SQ topped w/CNTR dome (heaven), scavenged earlier wht stone,

INT: no nave, GRK X flr plan, note 'eyes' focus intensity;

DIRECS: When leave CHR, turn S >> Acropolis & proceed downhill on Kapnikareas ST.

Up ahead, catch glimpse of Acropolis. Go 2 blk, > traffic-free Pandrossou shopping ST. Turn L & walk (passing recommended Restaurant Hermion) up PED ST >

(7) **CATH (Mitropolis) & CATH SQ** (Plateia Mitropoleos) : 1842 .25

"metropolitan CHR" = GRK CATH, most IMP in Athens / head CHR of GRK Orthodox faith.

Unfortunately, it's unremarkable & oddly ramshackle inside & out.

INT: balconies \$ women: pre- 1954 women's vote

DIRECS: Across ST notice STAT ...

Archbishop Damakinos STAT: 1949; resisted Nazi Jewish deportations & lived .25

TRAD Ortho cross sign, touching thumb>ring finger forms LTR ICXC, 1st & last LTR of GRK name 4 Jesus Christ (IHΣΟΥΣ ΧΡΙΣΤΟΣ—TRAD JC substituted 4 Σ). Make gesture w/ R hand.

DBL headed eagle symbol = secular/spiritual & E & W of Byz Empire

DIRECS: Far end pf SQ from CATH STAT ...

EMP Constantine XI Palaeologus STAT: (1404-1453), .25

Final Byz Empire ruler killed defending Constantinople from invading Ottomans

DIRECS: sm CHR tucked behind R side of CATH .

(8) **CHR of Agios Eleftherios,** 13th C: .25

'old' CATH cuz archbishops used when Ottos evicted.

jigsaw-puzzle hodgepodge of B.C. & A.D. adornments (& even tombstones) from earlier bldg. 4

DIRECS: Exit CHR, go RND R side, THEN, turn R, see ST sign: "ΑΓΙΑΣ ΦΙΛΟΘΕΗΣ", & start up. . .

(9) **Agia Filotheis ST:** .25

neighborhood hive of Orthodox clerics activity; priests dress all in blk , w/ beards & fez-like hats. Despite their hermetic look, most priests husbands, fathers, & well-educated pillars of community,

DIRECS: RELG objects stores (priest outfitters). Just behind & facing little CHR; Notice stores.

Just behind & facing little CHR

stoas (arcades) @ #15 & #17 (on L) > see workshops of local artisans who make these objects—painters

DIRECS: few more steps up on L >

(10) **CHR of Agia Filotheis** (named 4 patron of Athens—ST. Philothei) .25

Adjacent > office bldg (@ #19) ; Headquarters 4 GRK Orthodox CHR.

Separate Day from RS Site Tours: 1 & 2

PART 3: Athens' "Old Town" (Plaka & Anafiotika)

5.5h

(pre-early 1800's GRK capitol era)

Sidebar: p453: ???? Athen "Old Town"

DIRECS: Con't up Agia Filotheis ST until reach tight 5-way intersection. ST runs ahead & > R (labeled ΑΔΡΙΑΝΟΥ)—choked w/ souvenir stands & tourists— next destination. Look uphill & downhill along.

(11) **Adrianou ST:** main E-W PED ST thru Plaka; TOURISTY, .75

DIRECS: Bear L on> Adrianou & walk uphill several blk, following it as it curves > R (S). Finally, ST dead-ends @ T-intersection w/ Lysikratous ST.

(There's sm SQ ahead on L, w/ palm trees, Byz CHR of Agia Aikaterini, & excavated area showing ST level 2,000 yrs ago.) From here, can turn R & take few steps uphill > Lysicrates Mon't & SQ (& skip ahead > section on Lysicrates Mon't).

But if you've got more time & stamina, worth 2-blk walk > L down Lysikratous ST > reach remains of Arch of Hadrian.

(12) **"Hadrianopolis":** Arch of Hadrian & TEMP of Olympian Zeus: .5

Hadrianopolis: EMP planned neighborhood;

Arch of Hadrian; 132AD, dividing line btwn ancient Athens & HAD's new Roman city, HAD attended inauguration of

DIRECS: Past arch > C huge Corinthian COL of ancient TEMP dedicated > Olympian Zeus. 4 closer look, cross busy BLVD (crosswalk > R). C most thru fence. But, > get close > giant COL in ruins, enter site (covered by Acropolis TIK). > **reach ENTRY** (5-min walk), curl around L side of arch, THEN, turn R (following fence) up intersecting ST called Vasilissis Olgas: entry > TEMP few min' walk up, on R-hand side.

TEMP of Olympian Zeus: beyond ARCH, **Access TIK** .5

LRGst ancient GRK TEMP, 700 yrs, (SEE Rick's GB: p300)

DIRECS: Return > Lysikratous ST & backtrack 2 blk, con't past sm SQ w/ CHR passed earlier. After another blk, you'll run in> another sm, leafy SQ w/ Acropolis rising behind it. In SQ: elegant, RND, white, columned mon't.

(13) **Lysicrates MON & SQ:** 1 of many such MON; ancient Oscars; .25

DIRECS: Passing mon't on L-hand side, head uphill >> Acropolis, climbing staircase called Epimenidou ST. @ top of stairs, turn R on> Stratonos ST, leads around base of Acropolis. As walk along, Acropolis & row of olive trees on L. > R another hill off in dist.

(14) **View of Lykavittos Hill:** .5

DIRECS: @ sm CHR of ST. George of Rock (Agios Georgios), go uphill, along L fork.; follow signs > Acropolis (even tho path very narrow) > VILL

(15) **Anafiotika** town RELG bldg w/ "1874" wall plaque: .25

DIRECS: p343 > railing overlooking ruins

Roman Forum & TOW of Winds: cntr of Roman Athens, 150BC +, .5

Take few steps > R >C TOW of Winds (aka Bath-house of Winds), 1st C BC, carved reliefs, used > have wall sun dial & water clock,

--- see NOTES on next page ---

NOTE: From here U see everything, BUT can enter ruins (SEE RS p364 -- 4 -- **DIRECS**

CAUTION: Don't confuse Roman Forum w/old, more interesting Ancient Agora: further on walk

DIRECS: from just below TOW of Winds, head down Aioulou ST >

TOW of Winds: carved reliefs, 1st C BC, .25

ACCESS > RUINS: not necessary, but if WISH: **DIRECS:** p363

Agora SQ (Plateia Agoras): Plaka epicenter, touristy epicenter, Tourist TRN, .25

Bits & Bytes Internet Cafe, & Tourist TRN

ON L side ...

(18) **Library of Hadrian:** 4 remaining COL, .25

DIRECS: Con't downhill alongside ruins > next blk, where Aioulou intersects w/ claustrophobic Pandrossou mkt ST (we walked along earlier).....

CAUTION: Pick pockets

NOTE: look R Pandrossou ST: merchant in folding chairs back->-back cuz comp~ soured

..... Turn L on Pandrossou ST & wade thru tacky tourist shops > Monastiraki SQ

(19) **Monastiraki SQ** (Little MON) & **Spin Tour** (clockwise) .5

In CNTR

CHR of Virgin:, 12th C.Byz, modern TOW,

... & turning clock-wise ----

-- (beyond & N) **Athinas ST:** > CNTR MKT>Omonia SQ > (1mi later) >Nat'l Arch MUS

-- Behind little CHR:

--(>NE ?) **Ermou ST:** (walked earlier), turn R > Syntagma SQ

-- in front of little CHR:

-- Just past **Ermou ST:** **Psyrris DIST:** bars etc.

Mitropoleos ST: Souvlaki Row: BUT best FOOD: --

Thanasis & Savas; although Best Known rest: corner—Bairaktaris (ΜΠΑ ΠΑΚΤΑΡΗΣ),

--(>S ?) past **Pandrossou ST:** (where I entered SQ) former MOSQ *15th-16th C) balcony's gud SQ views

--(>SW ?) **LIB of Hadrian** (Corinthian COLMs)

--(>W ?) **Monastiraki Metro ST:** (yellow)

-- **DN Escalator** >: **ancient aqueduct (Roman** brick & engineering)

2 Metro Lines: oldline 1 (green) & Line 3 (blue)

-- **Past STA, Ifestou ST:** downhill > fle MKT

-- Just past Pandrossou ST ...

Tzami (MOSQ) former MOSQ, 15>19th C; GUD front balcony views .5

-- > R of MOSQ, behind fence along Areos ST....

WALK Back > End of Library of Hadrian

Walk 1 BLK up ST, THEN, turn R on Adianou > find

Ancient Agora ?

Clockwise more ???

Monastiraki Metro STA: .25

Beyond STA, Ifestou ST downhill >

(23) **Flea MKT** .5

END

Nat'L ARCH MUS Tour: p2993 USE RS Kindle iPhone Tour
set 4h

NATIONAL ARCH MUS TOUR Εθνικό Αρχαιολογικό Μουσείο
GEN:

7000BC _AD500;

Tue-SUN (-1600; MON: 13:30 - 20:00; 210-821-7717, www.namuseum.gr

BUS: #035 leaves from stop on Athinas ST, just N of Monastiraki, & drops you off around corner from MUS. Buses #054 & #224 leave from Syntagma SQ & stop kitty-corner from MUS.

RS Audio Tour - FREE

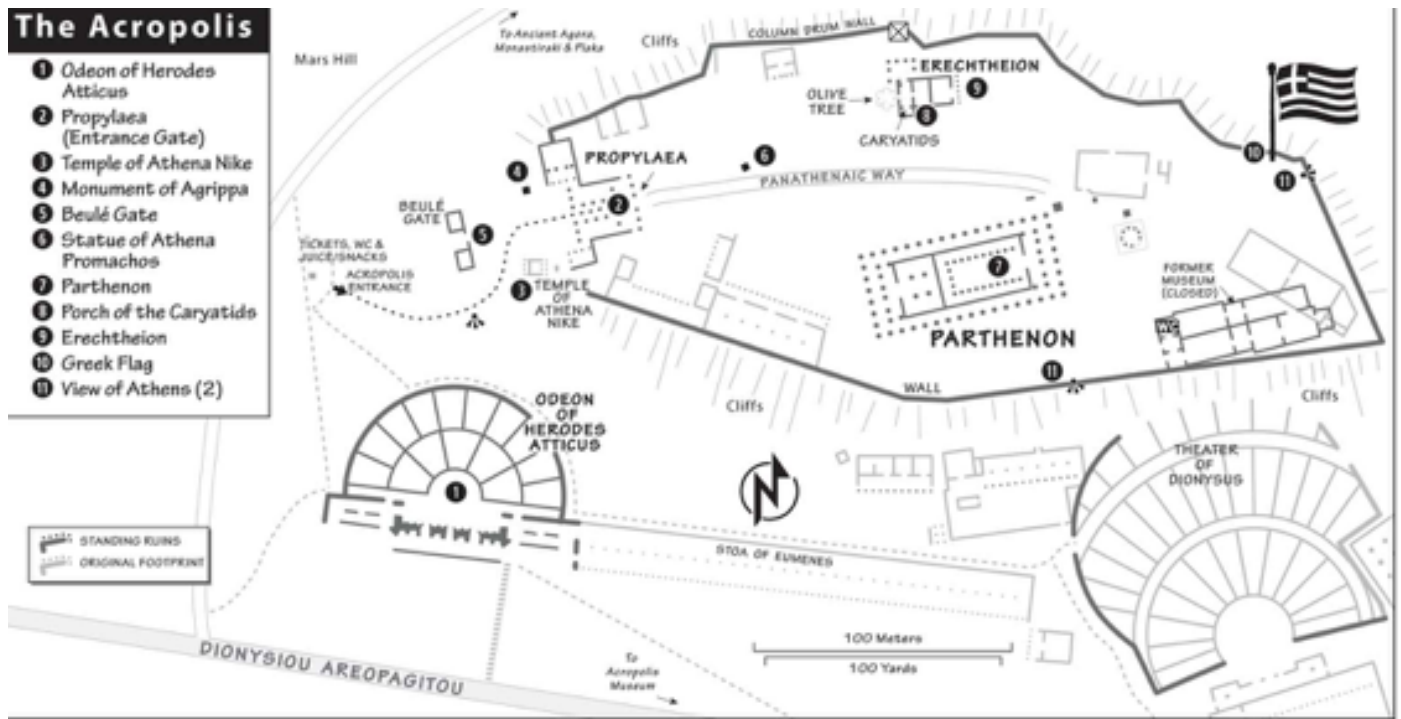
5¾h

Free Info Brochure- ask @ TIK Office;

TIK: Keep TIK if want > return > Agora later (NOTE: Acropolis TIK 1 designated stub 4 Acropolis, but all others interchangeable, so visit each covered sight once, or same 1 several times).

- when Persia invaded GRK 4 2nd time. As Persians approached, Athens evacuated city, abandoning it > be looted & vandalized. All TEMP Acropolis burned > ground. Athens fought back @ sea, winning improbable naval victory @ Battle of Salamis. Persians driven out of GRK , & Athens found suddenly victorious.
- By 450 B.C., Athens @ peak of power & treasury flush w/ money... but city CNTR, Acropolis still lay empty, vast blank canvas. Athens' leader @ time, Pericles, ambitious & farsighted: funneled Athens' newfound wealth in> massive rebuilding program; visionary ARCH/ sculptor Pheidias (447-438 B.C.), Athens transformed Acropolis in> complex of supersized, ornate TEMP worthy of city's protector, Athena.





DIRECS:

Odeon of Herodes Atticus (Herodion):

.25

5,000 -seat amphitheater built during Roman times,

Odeon sometimes called Herodion, after Herodes Atticus, wealthy landowner who erected, A.D. 161 in wife's memory; w/ Roman citizenship, legendary orator, & EMP Hadrian's friend.

amphitheater most famous of many impres bldg he financed around country.; rebuilt 1950s;

DIRECS:

After climbing few steps, you'll see 2 gates:

On R: steps lead down > **Theater of Dionysus** (described further on);

On L: actual entry uphill in> Acropolis.

Stay L & con't up > reach: **Propylaea**.

.25

grand entry gate of Acropolis:

Stand @ ft of (very) steep marble staircase, facing up >> big Doric COL.

Facing **Propylaea** (pro-puh-LEE-ah):

.25

(437-432 B.C.), just after Parthenon finished. design (by Mnesicles) meant > give visitor hint of Parthenon

L wing of Propylaea Pinakothek, or "painting gallery." In ancient times space contained artwork & housed visiting dignitaries & VIPs

DIRECS: Before ascending, notice mon't flanking entryway. > R, on wall:

TEMP of Athena Nike ("NEEK-ee")

.25

(c. 427-421/415 B.C.). extensive restoration 3 times;

> **L:**

MON of Agrippa: tall, gray stone pedestal w/ nothing on it:

.25

pedestal once held bronze STAT of 4-horse chariot driven by winner of race @ 178 B.C. Olympics.

Behind , downhill,

Beulé Gate: doorway in wall W/ ceremonial doorway

.25

Romans built, used bldg rubble from recently destroyed in barbarian Herulian invasion, 267AD.
(gate's French name: discovering ARCHist, 1852.) Roman times: official gate entry > Acropolis.

Inside Propylaea:

.25

Imagine being part of grand parade of Panathenaic Festival, held every yr (see here). procession started @ Athens' city gate (near Keramikos CEM), passed >> Agora, **THEN**, around Mars Hill, >> CNTR hall of Propylaea, & up > glorious bldg atop Acropolis. Ancient GRK approached Propylaea by proceeding straight up narrowing middle ramp, funneling in> CNTR passageway. There 5 doorways in> Propylaea, 1 btwn each of 6 COL



CNTR Hall:

DIRECS: Pass >> Propylaea.-- out other end -- top of Acropolis — Parthenon!

Acropolis

Ancient past: face->-face w/ 30-ft STAT of **Athena Promachos**, stood btwn Propylaea & Erechtheion.

.25



(Today there's just field of rubble, STAT former LOC marked by 3 stones forming low wall.) 1 of 3 STAT of Athena on Acropolis.

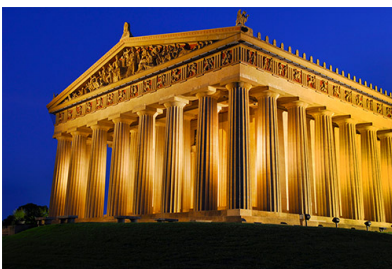
2 IMP bldg, now entirelyly gone , flanked STAT & Panathenaic Way.

.25

On R: Chalkotheke,: practical storage area 4 most precious gifts brought > TEMP—those made of copper & bronze.

On L: Arrephorion: , young virgins (aka: *ergastinai*) house worked @ looms > weave peplos, sacred dress given > Athena on birthday. • Move little closer 4 classic view of ...

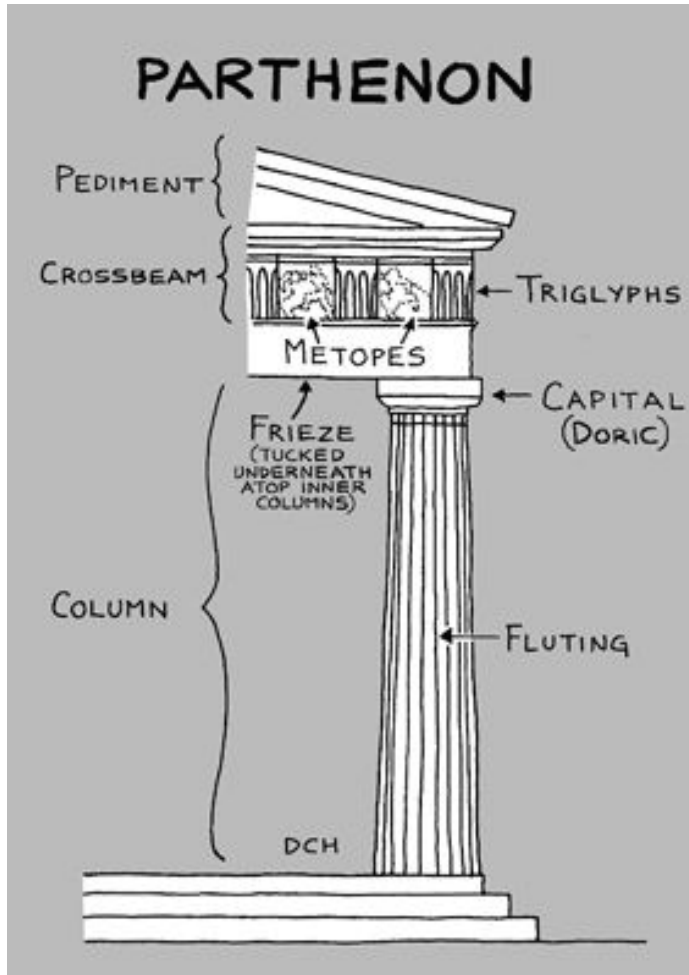
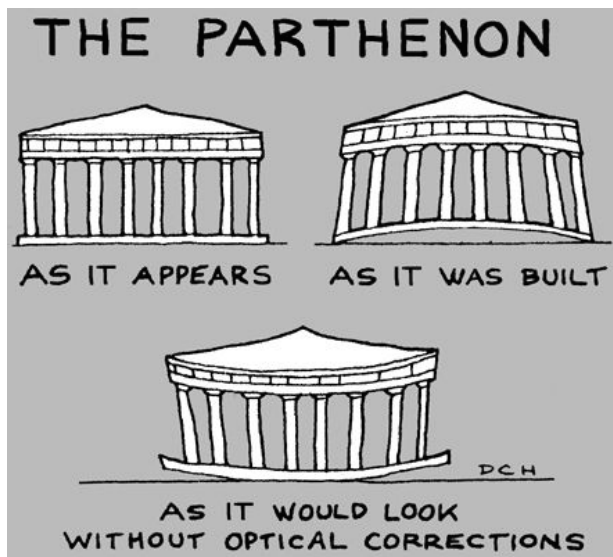
Parthenon:



W End:

.25

hill's showstopper— finest TEMP in ancient world, highest point, 490 ft.; NOW, largely ruins: ravages of time, but mostly, direct mortar-shell hit, 1687 (Venetian army aiming 4 gunpowder stored by Ottomans).



STAT & carved reliefs decorated Parthenon EXT, NOW, faded or missing, except few. [Look up](#) @ crossbeam atop eight COL, decorated w/ panels of relief carvings called “metopes,” depicting Athens battling Amazons . ORIG, 92 Doric-style metopes in high relief, mostly designed by Pheidias himself. **crossbeams** supported triangular pediment (now gone). **area** once filled in w/ STAT, showing Athena w/ her olive tree & w/ Poseidon & trident competing > be Athens’ patron god. TODAY, just 1 STAT remains (& reconstruction).

DIRECS: • Con’t along Panathenaic Way, walking along long L (N) side of Parthenon.

N Side:

.25

E End & Entry

Far end of RM: 40 -ft-tall STAT of Athena Parthenos (Athena Virgin). chryselephantine STAT, aka “of gold & ivory”— from GRK chrysos, “gold,” & elephantinos, “ivory.” wooden core plated w/ ivory > represent her skin & ton of pure gold > define her garments

DIRECS: Across ST from Parthenon stands **Erechtheion**, where Panathenaic parade ended. Start by enjoying famous...

Porch of Caryatids : (Erechtheion) (c. 421-406 B.C.)

.5

inspired ARCH: balcony 6 beautiful maidens act as COL roof-support; lady-COL base beneath her ft (?), pleated robes as fluting, & fruit-basket hat as capital. Both feminine & functional, they pose gracefully, exposing hint of leg. It 1st time GRK combined ARCH elements & SCULP.

DIRECS: Walk around > R & view Erechtheion from E end, w/ 6 Ionic COL in row.

Erechtheion (c. 421-406 B.C)

.25

(huge ruined stones scattered on S side, facing Parthenon, all that's L of Mycenaean PAL.) Inside Erechtheion life-size, olive-wood STAT of Athena in role of Athena Polias ("Protector of City").

DIRECS:

N wall of Acropolis retaining wall built from COL drums.

.25

all remains: earlier Parthenon destroyed after Persian invasion of 480 B.C. Persians razed entire Acropolis, including unfinished TEMP THEN, under

DIRECS: Walk > far end of Acropolis. > observation platform w/ giant...

GRK Flag

blue-&-white GRK flag's 9 stripes symbolize 9 syllables of GRK phrase 4 "Freedom or Death."; new meaning when Nazis entered Athens in April 1941. According > oft-repeated (but unverified) story, Evzone (select infantry unit) guarding flag flying here ordered by Nazis > remove it. BUT, instead Evzone soldier wrapped himself in flag & jumped off Acropolis, died, hero.

DIRECS: Walk out > end of rectangular promontory > see ... View of Athens

DIRECS: visual Athens tour@ Acropolis S edge : > [reach viewpoint](#), walk back >> Parthenon, THEN, circle along L side, by cliff-top wall. Belly up > wall 4...

More Views of Athens

.25

DIRECS: can con't sightseeing @ several nearby sights.

> Theater of Dionysus ruins & Acropolis MUS:

.5

-- **Head L when exit Acropolis site**, & walk down > Dionysiou Areopagitou PED BLVD. Turn L & follow walkway along base of Acropolis.

-- 1st you'll pass (on L) entry > **Theater of Dionysus ruins**,
-- THEN, , **(on R), Acropolis MUS** (see Acropolis MUS Tour chapter).

> Ancient Agora:

Turn R as exit Acropolis site, pass Mars Hill, & follow Panathenaic Way down > Ancient Agora (possible > enter >> "back door," facing Acropolis).

Agora Tour (RS)

5½h

TIK: Keep TIK if want > return > Agora later (note Acropolis TIK 1 designated stub 4 Acropolis, but all others interchangeable, so can visit each covered sight once, or same 1 several times).



DIRECS: Enter from Adrianou ST; belly up > illustration @ top of ramp shows Athens Agora @ peak of size.

THEN: Face Acropolis (> S), look out over expanse of ruins & trees, & get oriented.

DIRECS: • Walk > bot of ramp @ L 4 better view. Find shady spot > ponder...

(1) **Agora:**

.25

Interesting/Socrates Note: (469-399 BC): P2678)

DIRECS: > long, intact, colonnaded bldg on L (entry @ S/ far end),

- (2) **Stoa of Attalos**: ancient COM shopping mall, 138BC, 1950s reconstruct, .25
Partial fluted COL vs full fluted;
- (3) **Agora MUS**: (downstairs & part of up; 1
EXT: Head of Triton (150AD) .25
- INT: DN:**
1952 photo on corner; art all found on Agora grounds, .5
Jars: Old: 4th C female figure: Pottery HIST: ; ---
Case #26: **baby's commode**
Case #24: **wooden comb**
Case #69: **smiling faces**
Cases #30-32: early **DEMO** items: Case #31: **voting machine**; Case #30: **Fraud shards**:
specifically: Item #37 & #17, political rivals; Case # 32: **water thief** (clock)
BTWN Cases #68 > 67: "**Stele of Democracy**", 336BC : outlaws tyranny
Case 67: **Bronze shield** of defeated Sardan
Case #66: 'herm head' rd **signposts**
RM CNTR: **coins**: 'drachm': Coin#7 w/ owl on today's E1 coin
Case 61 & 42: **BBQ grills**,
Cases #58 & 56, L: **Roman SCULP heads** (Note: realistic)
Case #48: **toys**
- DIRECS**: Exit RM @ far end of arcade (where there's WC & water fountain), & turn L > find
stairway leading up > 2nd level.
INT: UP: views; Agora models, .25
@rear Cases: orig Agora pottery shards
- DIRECS**: **Back downstairs**, leave stoa >> S end (where entered), THEN, cross main rd &
con't straight (W) along lane, across middle of Agora. You're walking alongside vast ruins (on
L) of what once ...
- (4) **Middle Stoa**, 180BC: ancient shops & off bldg: Agora's former INT SQ .5
DIRECS: Midway down lane (just before wooden ramp), come across huge & frilly upper cap, or
capital, of COL.
- (5) **Corinthian Capital**: 4th C, .5 1.25
elaborate acanthus-leaf decoration nice EX of late Corinthian style.; Looking back > entry: all
open in 400BC;
DIRECS: Con't westward (over wooden bridge) across Agora. Near end of Middle Stoa, you'll
pass
gray well— still in ORIG spot & worn by grooves of ropes. .25
From here look up @ Acropolis , where towering but empty pedestal once sported **MON of**
Agrippa, grand STAT w/ 4 horses. .25
Mars Hill, likely topped w/ tourists, .25
where Apostle Paul famously preached Gospel (described on here).
Below Erechtheion broken COL shoring up side of hill. ---
These rubble from TEMP destroyed by Persians.
Backtrack from well few steps > wooden ramp, & go L > find ditch once part of ...
- (6) **GRT Drain**: 5thC BC, hills rainwater runoff - still working; ---
DIRECS: Passing across ditch & >> line of shrubbery, take L fork >> 60-ft-across RND footprint w/
stubby COL in CNTR

(7) **Tholos:** Athen's City Council, 465BC, .25

ORIG w/6 Ionic COLs & conical roof; altar; Political structure:

SEE RS p2720: 1/3 of minister req'd > live here;

DIRECS: Beyond & above tholos hill-capping TEMP of Hephaistos. > reach it, climb stairs > L & THEN, go >> trees, pausing along way @ viewpoint w/ chart.

(8) **TEMP of Hephaistos** (blacksmith god): START: 450BC, FiIN: 415BC; .5

Note: frieze on Agora side only;

1. classic peristyle TEMP (like Parthenon): bldg surrounded by COL; coffered ceiling; 2- 3 sided alcoves;
2. carved reliefs (frieze & metopes): around upper part of bldg
3. @ end overlooking Agora: **look btwn 6 COL & up @ frieze** above pronaos (DEF: outer part of ancient GRK TEMP forming portico immediately in front of cella & delimited by front wall of cella & COLs or antae & COLs); >: scenes of mythical hero Theseus battling enemies, trying > unite Athens.
4. **Walk around behind TEMP**, > far (W) end. **frieze** above 3-sided alcove depicts: mythological battle btwn Lapith tribe & centaurs during wedding feast.
5. Other scenes: (there many interpretations) include:
Hercules (labors & deification) & birth of Erichthonios (1 of Athens' 1st kings, born when spurned Hephaistos tried > rape Athena, spilled semen, & instead impregnated Gaia, earth).
bullet holes, damage sustained in 1820s, when GRK resisted Turks.

DIRECS: NOTE: "back door" exit nearby 4 those wanting > take smooth, paved walkway up > Acropolis, rather than rough climb above Agora. (> **find exit**, face back of TEMP, turn R, & follow path > green gate, deposits U on inviting, café-lined Apostolou Pavlou PED drag. From here can turn L & walk up >> Acropolis. See Acropolis Tour chapter.)

DIRECS: Wind way down hill (E) & find headless...

(9) **STAT of Hadrian:** .5

1st bearded Roman EMP (prior GRK fashion), Hadrian (r. A.D. 117-138): Grecophile & benefactor of Athens.

2nd C A.D. STAT & notice Romulus & Remus insignia on breastplate.

DIRECS: Farther along, > L of Hadrian, lane passes **3 giants on 4 pedestals**, once guarded ...

(10) **Odeon of Agrippa** theater/ concert hall (a.k.a. "PAL of Giants"): .25

musicals, by Marcus Agrippa, 15BC, 82' L roof w/ no INT supports, but 150AD collapse; rebuilt 1/2 size 4 lectures;

DIRECS: Con't > main rd, where you'll see we've made loop. Now turn R & start up >> Acropolis on ...

(11) **Panathenaic Way:** Panathenaic Way Athens' main ST. .25

DIRECS: Con't up Panathenaic Way, past Stoa of Attalos.

Along L-hand side of Panathenaic Way several crude walls & COL fragments.

(12) **Post-Herulian Wall:** .25

Marks beginning of end of classical Athens.

In A.D. 267, Herulians barbarian sailed down from Blk Sea & utterly destroyed Athens cuz crumbling Roman Empire helpless > protect provinces.)

crude **MED dwellings**—caves : pockmark hillside looking up @ sheer face of Acropolis.

DIRECS: > R

(13) **CHR of Holy Apostles:** 1000AD revival beginning; .5

built on ruins of ancient nymphaeum, or TEMP atop sacred spring,

Enter (if CHR open) around far side 4 interesting 18th-C Byz-style **frescoes**.

DIRECS - FINAL: End tour by con't up Panathenaic Way > S exit gates & see back over Agora & modern Athens.

Tour finished: 3 exits from Agora:

1) gate entered,

2) @ Adrianou ST; “back door” gate behind TEMP of Hephaistos; &

3) S gate next > CHR of Holy Apostles (where now?).

> **head straight up > Acropolis** (> complete own Panathenaic Festival), exit >> gate by CHR, head straight up hill, & turn > Acropolis Tour chapter.

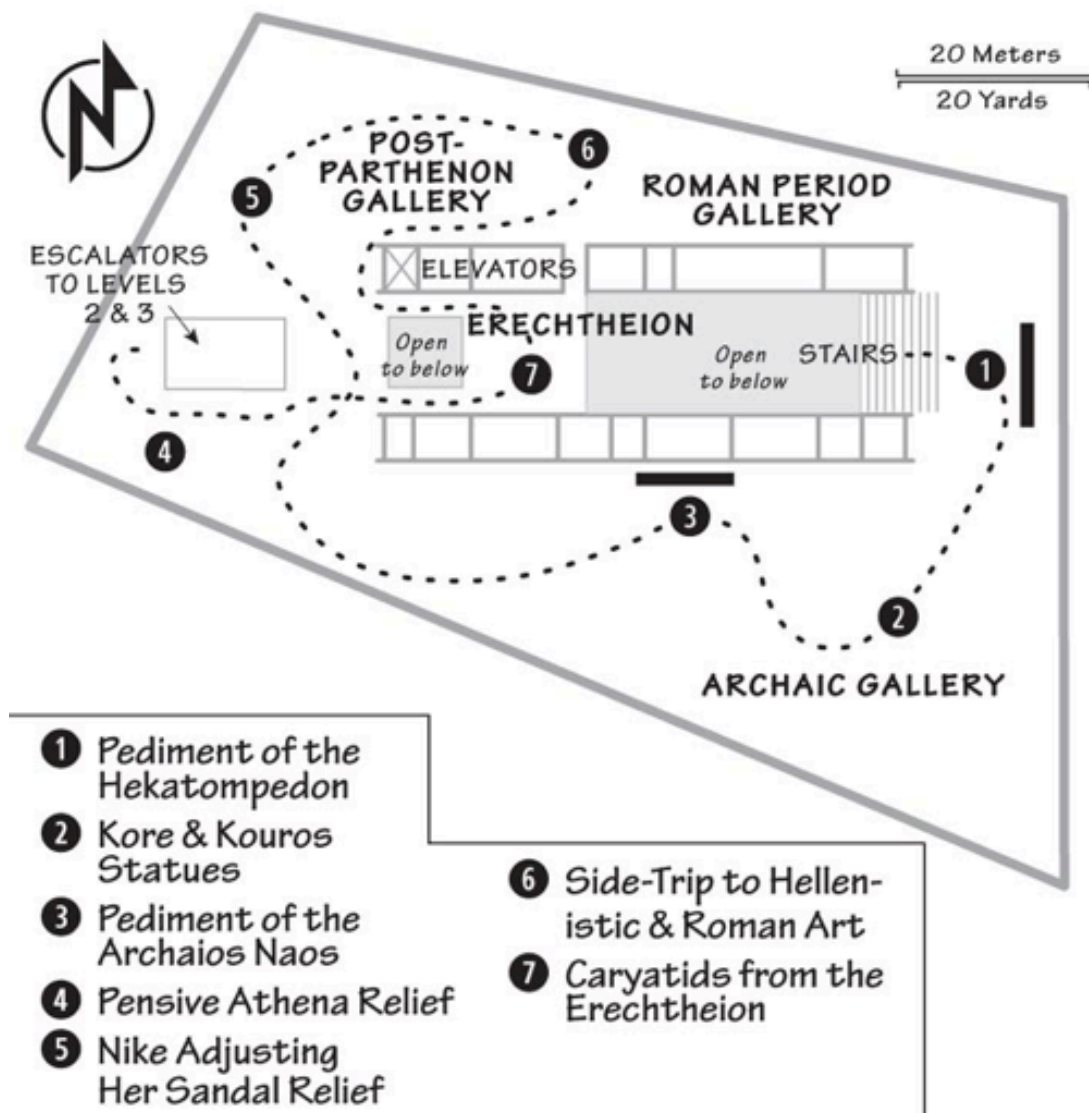
Acropolis MUS TOUR (RS): Top GRK art collection;
7000BC . 500AD;Definite MUST; 2+hr; photos OK;

Walk once around fast 4 time-lapse effect, THEN, go around again 4 closer look.

Level 0: TIKs , etc
SEE Acropolis model (ancient)

RAMP: .25
Look DN thru glass FLR > excavating ruins: “ everyday ancient Athens neighborhood home & shops;
ON Walls: 5th C artifacts: from slopes > Acropolis

Acropolis Museum—Level 1



Level 1: .25
Hekatompedon: 570BC,
1st of 3 Parthenon site TEMPs; FRAGMENTS: (L): Hercules vs Triton, (CNTR): 2 lions vs bull; ®: 3 bodied monster

DIRECS: 8b Turn R into day-lit gallery

Kore & Kouros STATS: .25

Archaic era (700-480BC): stiff poses, braided hair, generic faces, mysterious faces; naked, bearded men, beardless boys; modest women (NOTE: skirt pulled > side as artistic motion device B4 wet drapery technique devised. KrO (women) always have 'some' gift 4 gods; horse STAS + wealthy class

DIRECS: ½ DN hall, on R against INT wall

Pediment of Archaios Naos: ---

from 2nd Parthenon site TEMP, Persian leveled under construction, 480BC; Athena attacking sprawled giant w/snake from "Gods VS Giants" pediment
> L: Case #8: Persian burned fragments; disaster prompted rebirth of GRK & arts etc

DIRECS: >DN gallery, near escalator:

Pensive Athena Relief .25

(well preserved): helmet / belted peplos & spear, 460BC; actually mourning

DIRECS: Back TRK & veer past elevators, THEN< con't past open gallery w/ STAT women , THEN, after 2nd elevators, LOOK L 4 series of 4 SQ marble slabs

Nike Adjusting her Sandal Relief: 410BC, ---

TEMP of Athena Nike, survived cuz seemed Christian angel-like; PLUS: similar fragments

DIRECS: Turn R up long gallery ...

Side-Trip > Hellenistic & Roman Art: around flr > sm series of STATS; .25

Alex Grt Head: orig, 336BC; grt spreader of GRK culture

Spooky "**magic sphere**": w/ graffiti; 2/3rd C Roman

DIRECS: turn around, retrace steps & turn L @ elevators, THEN, around corner ...

Caryatids from Erechtheion: .25

4 of orig 6, structural, fluted COL 4 leg, capital-like hat, buttressing locks of hair @ back; modeled/ named after Karyai/Sparta upright women; HAD fragile arms, w/ flowers & wine jugs ; mostly IND pollution

DIRECS: walk > bldg end, THEN, escalator UP

PAUSE @ ---

LEVEL 2: view over STATS; THEN, >top flr

LEVEL 3: 1st: watch VIDEO .25

Parthenon Models: .25

ON R: E pediment: Nike crowning newborn Athena;
Zeus' head split open

@ L: Helios' 4 horses w/sun drag; far R: sun sets w/ horses

ON L: W pediment: Athena & Poisoned bribing Athens

DIRECS: LV: atrium > huge gallery

Parthenon Frieze: .5

Grand Panahenaia procession(life-size mock-up, 525 ft; warped all around bldg;

Walk around it !!!!

NOTE details: 1) horses muscles & veins, 2) intricate material folds; drilled holes: 4 accessories like reins, etc; all w/ realistic colors; heads @ same level,

OF ORIG: MUS owns ONLY 32'; white plaster replicas frm ENG & FR;

DIRECS: stroll gallery 4 window views

Ponder Parthenon: .25

DIRECS: on way down; Level 2 restaurant VIEWS: photos OK

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TRANS-OUT: Athens(ATH) > Palermo (PMO):

Skyscanner : 4 OPT: 3 w/ Vueling: 106-224, 1 GUD time,

DP: ATH 3:35pm > ARV: PMO 6:55pm (1 stop, TOT: 4½h) :

WhichAirline.com many OPT; issue: long trip times

Kayak : 1 @ \$106 rest over \$645

Flycheapo, doesn't include full flight SCHDs but can tell you budget airlines fly btwn any 2 points.

PELOPONNESE Πελοπόννησος

NAFPLIO ΝΑΪΠΛΙΟ / Ναύπλιο Take “Spot” head lamp

TRANS-IN:

(1) **SUM BUS: Athens > Nafplio: & RETURN Every Day???**

Term :

BUS #204,

TAXI: (15m, E8 from Plaka;

BUS: Athens > Nafplio: (approx. hrly direct, 2½h, € 13)

ACCM:

: PRIV: \$20-\$30 HB SEE Nafplio Web page

TRANS-OUT:

(3) **SUM: Nafplio > Athens :**

BUS STA TIK sellers: surly, incomplete

BUT OK: ENG OPT website: info & BUY TIKs online.(www.ktel-argolidas.gr). ENG printed BUS

SCHD: where from?

CAUTION: Carefully question drivers & other passengers , “If req’d > change buses.

BUS: Nafplio > Athens: (approx. hrly, 2 1/2hr, €13)

> Epidavros: (3/d, 1/d on Sun, 3/4hr, €3)

> Mycenae : (3/d, no BUS Sun, 3/4h, €3)

Caution: Town Name: staggering # of ways in ENG : Nafplio, Nauplio , Navplio, Naufplio, Nauvplio, & so on— these variations may appear w/ “n” @ end (Nafplion, etc.). So CHK when searching online

TI: useless, but free bikes

BUS ST: right where Old Town meets New;

MISC:

SITES:

Self guided Walk: map ???? , 1 1/2h,

START: SQ of Friends of GRK (Plateia Filellinon: harbor front SQ opposite fortified isle, marked by sturdy obelisk.

Atki Miaouli: waterfront walkway (L)

Bouboulinas: (>R):

SEE 3 **Ventian FTs**

ON hill, **Palamidi Ft:**

Below:, **Akronaflia:** w/TOW; ancient acropolis

Lower, **Akronaflia Ft:** prior ancient fort’s base stone: 3rdC BC.

DIRECS: W/ back > water, walk up ST > R of Hotel Grande Bretagne (Farmakopoulou). After blk, on 1st corner (L), popular gelateria. Resist temptation 4 just min & 1st head across sm SQ, > ...

CHR of ST. Mary Above All Saints

Proud HIST: orig: 15th C; today’s bldg: 18thC

INT: flat ceiling vs dome;

EXIT >

Antica Gelateria di Roma: Ice cream!!!, Ventian origins;

DIRECS: exit Marcello's > L, crossing PED ST & passing imposing beige -stone bldg on R. THEN, stop > take in big SQ you've suddenly landed in.

Syntagma SQ (Plateia Syntagmatos):

main SQ AKA "Constitution SQ," celebrating 1843 DOC established constitutional monarchy 4 GRK. Nafplio: 1 of 1st towns liberated from Ottoman Turks (1822), & became new country's 1st capital. SQ delightful mix of ARCH styles, revealing

SPIN TOUR- counter clock wise:

Immediate R: **NAT'L ARCH MUS** w/GRK flag, orig Venitian arsenal w/ winged lion over door;

Today:

Read **RS special section** GUD pre-REQ 4 Mycenae visit

- **2 Videos:** 2nd flr; but AVOID 'dig' slideshow BUT: impressionistic video of schoolchildren learning about discovery of MUS's **priceless set of bronze armor**: "Dendra Panoply," 15th-C B.C. suit of bronze armor discovered in Mycenaean chamber tomb.
- **Also** found @ site (& displayed here) **helmet made from boar tusks**. Experts consider oldest surviving suit of armor in all of EUR.

2nd FLR: terra cotta masks; rare 2K yr glassware;

GUD Eng; chronological. :

L: **GRK 1st parkiment bldg**; orig: domed MOSQ

L: **Nat'l BK of GRK:** w/ Venetian winged lion from old Ft

L: **2nd former MOSQ** > 1st primary school > NOW, gallery/theatr

L: series of Neoclassical (stately) bldgs

DIRECS: Head across SQ & walk down PED ST opposite arsenal.

"Big ST" (Megalos Dromos):

DIRECS: < L: #1: Lathos Bar (Mistake Bar) ΛΑΘΟΣ),

Lots of shops

DIRECS: Turn R @ 1st corner up narrow alley, THEN, turn L on> Staikopoulou. After about blk, on L (@ #25), ...

Worry-Bead Shop: beads cultural icon READ: p4230

DIRECS: @ next intersection, turn L & walk 1 blk back down > "Big ST ." Turn R on> "Big ST" & follow it until emerge in>...

Town Hall SQ: STAT: old LOC of King Otto (ΟΘ ΩΝ) PAL 4 1yr THEN, , moved capita > Athens

DIRECS: in front of Otto >R ...

Town Hall (TIC): orig 1st GRK HS

DIRECS: @ far end of Town Hall ...

Syngrou ST & New Town: separates Old from New town;

DIRECS: Across ST: Ioannis Kapodistrias STAT, pres of short-lived Republic btwn Ottomans & Otto;

DIRECS: Behind STAT: nice **park** w/ cheap eateries;

DIRECS: straight ahead past park ..

Nat'l Gallery:

DIRECS: Without crossing Syngrou ST, turn R.

KTEL (or KTEA in GRK): Nafplio's tiny, but busy nat'l BUS STA & office:

TIKs: from counter, or friendlier customer service from TIK machine out front.

DIRECS: @ 1st corner, turn R on Plapouta ST. Walk blk >...

ST. George SQ: focal point: ST. George Catholic CATH or mitropolis.

INT: dark, NOTEL clever non-bang door device; giant chandelier

Sqs bldgs date > brief capital days, 1820-30s, haven 4 past refugees

DIRECS: Walk blk uphill (>> Ft) & turn R on Papanikolaou ST.

Upper ST of Old Town: Strolling quiet lane....

NOTE: Neoclassical grid-planned town >R, while “higgledy-piggledy Ottoman town” climbs hillside (w/ winding & evocative lanes & stepped alleys)> L

DIRECS: Straight ahead (100 yd away) : CHR of ST. Spyridon & SQ: white bell TOW marking

Facing SQ (on L, hiding in niche in wall, near steps): 1st of several 18th-C **Turkish fountains.**

NOTE: When Ottomans controlled GRK, they still used Arabic script see here, rather than Latin alphabet used 4 modern Turkish.

panel names guy who paid 4 fountain, (1734-1735), & why (4 horses).

Other fountains have similar tributes, verses from Quran, or jaunty greetings.

DIRECS Con't straight along side of CHR > another...

Ottoman fountain (on L)— w/ characteristic cypress-tree-&-flowers decor.

NOTE: Btwn here & door of CHR just ahead rough equivalent— > GRK— of Ford's Theater (where Lincoln assassinated). Ioannis Kapodistrias elected 1st president of independent GRK in 1828. But just 3 yrs later, on October 9, 1831, he shot & stabbed in spot by Mani landowners who feared promises of land reform. led > chaos, less democratic idealism, & arrival of GRK imported Bavarian royalty (King Otto, who we met earlier).

CHR of ST. Spyridon INT:

INT: Pop in> CHR if it's open.

DIRECS: Across from CHR collapsing hamam, Turkish bath from 18th C.

DIRECS, @ next corner (Kokkinou ST), turn R & climb down slippery marble steps > Staikopoulou ST (where we saw worry bead shop earlier) THEN, , turn L, back > Syntagma SQ.

Staikopoulou ST: PED ST, REST,

DIRECS 1 blk on R: Another fine **Ottoman fountain**

on L corner @ #18, (10 yd before tall skinny tree), **TRAD bakery** “ΠΑΠΑ Δ ΟΣΙΑΚΑ ΓΛΥΚΑ” : ; baklava & ekmek (creme topped baklava, 1955

DIRECS: few steps down on R take back > Syntagma SQ.

Find **tiny blk cube** in CNTR. No significance! R done!

Want more?

--- SEE next Page below ---

Nafplio's 3 Venetian forts (see here ”

from lowest > highest.

Bourtzi — looks striking, but not much > do; pleasant vantage point, city views.

Akronafplia —Nafplio's ancient acropolis, low hill behind Old Town, easy > reach (manageable steep 10- > 15 -min uphill hike from Old Town:

DIRECS: up any # of narrow stepped lanes, THEN, , bear L > main rd leads up in> eastern end of Ft).

Earliest surviving parts date: 3rd C B.C., but Venetians 15th C modernized

Up top, little > see, few ruins (free anytime).

▲ ▲ **Palamidi Ft:** imposing hilltop Ft, 1711 > 1714, best-preserved in GRK; TOW over Old Town; protected: > W: steep cliffs plunge 650 ft > sea; from top spot several Aegean isles & look deep in> Peloponnesian Peninsula's mountainous INT.

▲ ▲ ▲ Epidavros & Theater of Epidavros (c. 300>>>) —Read RS Sidebar p4667;

TRANS-IN/OUT: maybe possible on SU

BUS CO: ktel-argolidas.gr/?module=de...ktel-argolidas.gr/?module=de...

(2a) SUM: DT from Nafplio > Epidavros: (& RETURN)

BUS-IN: Nafplio > Epidavros: Mon-Sat: (3/d, ¾ h, 3E) DP: 10: 15am, noon, 14: 30p Confirm all

BUS SCHDs locally.

Sun: (1/d, ¾ h, 3E) DP: approx 14: 30;

possibly fewer buses Oct-April, 45 min, € 3).

BUS-RET: Epidavros > Nafplio: usually DP: afternoon (# ?) (3/d, last: usually 18:00pm).

NOTE: Nafplio > Epidavros: 2 > 3 hr 4 RND-trip; C entire site in hr, but nice> linger @ theater.

-- go morn, 2hr > look about, & back 4 lunch - quite pleasant & easy, actually..

TAXI: Nafplio > Epidavros: (€ 50-70 RND-trip w/ 1 hr wait).

Caution: several places named Epidavros, Epidauros, so be clear, show SITE PIK

SITES: ancient theater site, 23 miles, Bad MUS, forgettable ruins, LPGB

Also paltry remains of : Sanctuary & Stadium

Caution: Note that there is also smaller. Less significant theater in area. ???

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▲ ▲ ▲ Mycenae (& Mykines) — Read RS Sidebar p4457

TRANS-IN:

(2b) SUM: DT from Nafplio > Mycenae: (& RETURN) flashlight

18 mi N of Nafplio

BUS-IN: Nafplio (direct) > Mycenae

Mon - Sat: (3/d, 3/4h, 3E) DP: (?) 10: 00am, noon, 14:00pm;

SUN: none.

possibly fewer buses Oct-Apr

RETURN BUS: (timing pain): either ½h on site or 2 1/2h on site;

Caution: confirm BUS > ARCH, CUZ some buses only go > Fichti: 2 mi away from.

Taxi (RT): Nafplio > Mycenae: (about € 50-70 RND-trip, BUT arrange return in advance.

BACKUP RETURN: if need return taxi from Mycenae on spot, call mobile 694-643-1726)

SITES:

1. **Mycenaeans capital:** of , who won Trojan War & dominated GRK 1,000 yrs before Acropolis & other Golden Age GRK sights . classical GRK marveled @ huge stones & workmanship.
2. **Lion's Gate;**
3. **ancient cistern** peer in> cool
4. **giant tholos tomb** , aka Treasury of Atreus. tomb, 15th C B.C., like huge underground igloo, w/ vast subterranean dome of cleverly arranged stones.

NEARBY: Mykines:

TRANS:



NOTE: unknown graves, but unclear if Mycenae or Mykines See “ Mikines INFO.pdf”

NOTE: unknown graves, but unclear if Mycenae or Mykines See “ Mikines INFO.pdf”

Mykines: (aka Mykene; **GRK:** Μυκήνες, before 1916: Χαρβάτι - *Charvati*^[2]) is VIL & former municipality in [Argolis](#), [Peloponnese](#), **GRK**. Since 2011 local government reform”: part of [Argos-Mykines](#) municipality

Mycenae: 1 km W of ancient [Mycenae](#)

TRANS: BUS Nafplio >< Mikines: ½ h >< Nafplio;

(30 km, 45 min, NOT SUN:

Nafplio > Mykines: Mon > Sat: 10:00 – 12:00* – 14:00

Mykines > Nafplio: Mon > Sat: 11:00 – 13:00* – 15:00

*from 15 of June till 15 of September

more info: www.ktel-argolidas.gr/...

SITES: SEE “Mykines.pdf”

GET LOCAL -Mycenae or Mykene TIC info

1. Nafplio or Lion’s gate
2. Agamemnon's tomb (Beehive)
3. Tombs. PALs, shops, homes
4. MUS
5. Nearby tombs

KARDAMYLI: KAP Δ AM'YΛH / Καρδαμύλη

TRANS -IN:

SUM BUS: Athens > Kardamyli: & RETURN

Athens > Kardamyli: Term (1/d, transfer in Kalamata, 5-6h, €28).

Kardamyli > Athens: (

Kalamati > Kardamyli: Inverse of below SCHED ???

Kardamyli > Kalamati: Mon - Fri: (4/d, DP: 1st: 7:30am /// Last: 20:30pm, 1h)

Sat-Sun: (3/d, 1h,

Athens -Kalamata: (3-3 ½h,) 05.45; 07.30; 08.45; 10.30 (express); 11.30; 13.00 (express); 14.00; 15.30; 16.30 (express); 17.30; 19.00 (express); 20.30 (except staurdays); 21.30 (saturdays only); 22.00 (except saturdays).

NOTE: Sometimes 14.00 from Athens = all way > Kardamili.

Kalamata - Kardamili (1h, 07.00, 13.10 & 18.15).

TRANS - OUT:

SUM BUS: Kardamyli > Olympia: (BUS: 5h7m, \$17)

Kardamyli > Kalamata: (35m, \$4)

Kalamata > Pyrgos: (2h11m, \$11)

Pyrgos > Olympia: (½h

ACCM: cheap rms, dhomatia

Dhوماتia: Signs 4 RMs (Δ ΩΜΑΤΙΑ) all over town. Usually AC, RM: basic w/ kitchenettes, no brkf; limited ENG, check 2-3, haggle!

(RS) Gorgones Studios (Οι Γοργόνες, a.k.a. Les Sirènes); 69323-34855, fax 27210-73373, Haralambea family). \$40-50; kitette, bal, wifi,

RS TIP: Olympia Koymanakou, who rents 5 RM on cobbled lane just up rd from harbor & speaks just enough ENG (Sb-€ 30; Db-€ 45 July-Aug , € 35 off-season; shared kitchen, Paraleia ST, tel. 27210-73623, www.koumanstudios.gr).

SITES (old): LPGB RS Self-Guide Tour: (1+ hr)

DIRECS: Beginning of town

VILL CHR:

DIRECS: Few yd up main ST

Botana Herb Shop: ORG produce, olives, etc

DIRECS: con't up

Main SQ: H2O fountain, assort'd MON,

Across ST: **MON > Heroes** ... of GRK unity

DIRECS: cobbled path behind MON > Old Kardamyli ruins & MUS

DIRECS: Back across ST > sm SQ w/ fountain

Map of Kardamyli & >R ...little glass display case w. Amyor's announcements, etc

DIRECS: End of SQ:

Look > **waterfront:** legend, ARV site of Achilles son Pyrrhus

Look opp direction , up > hillsides: 2 GUD HIKE OPT:

On L: **Agia Sophia hilltop CHR**

On R: Petrovouni VILL

..... Or, 3-4hr loop does both -- see end of section

Kardamyli's Main ST:

TRAD GRK VILL life & low key, sustainable tourism; TRAD stone bldg,
Bakery: 'dipla'— pastry fried in olive oil, THEN, topped w/ nuts & honey.

Lottery shop ΛΟΤΤΟ/ ΠΡΟΤΟ :Nextdoor), THEN, , bike shop & PO

½ bLK dn: Sotirula clothes shop: 1960s VW traveling shop

Butcher shop: (ΚΡΕΟΠ ΩΛΕΙΟ): antique quaint,

Real Estate office

Dimitra organic-products shop: olive oil & honey; No ENG, but passion,

Dressmaker/tailor shop

Town Hall

Hardware store:

News shop (across from Town Hall)

DIRECS: head down cobbled side-ST across from organic shop, & find yourself among...

Kardamyli's Back ST :

DIRECS: DPing main drag, note: civilization melts away as STs quickly turn > cobbles > gravel
> red dirt.

DIRECS: Just before lane bends L ...

Kolonaki's Café (ΤΟΚΟΛΟΝΑΚΙ): classic GRK coffeehouse w/
weather-beaten locals huddled around tables out front.

Owner Michailis ' father, emigrated > Chicago, THEN, returned
home , 1967, opened cafe, feels like 1867.



Kardamyli's Waterfront:

- Old smokestack (far R): closed oilive oil factory; abandoned, filed w/ rusty equip : Visit???
- Kid's diving board
- **Above harbor:** **Mirginos TOW:** completes ring of fortifications

Tour Done !

SITES (New & Nearby) : LPGB

DIRECS: trail > **Old Kardamyli** begins just behind **mon't** > **heroes** along main ST (see my self-guided walk, earlier).

HIKE: hilltop **CHR** of **Agia Sophia** & **VIL** of **Petrovouni**.

Consider plan: Start by visiting Old Kardamyli, THEN, con't past smaller, blue-&-white **Agia Sophia CHR** & **ancient graves of Castor & Pollux** (described earlier); 3-4 hr; **Old Kardamyli** & **MUS** : fortified TOW compound, above town,

OLYMPIA ΑΡΧΑΙΑ ΟΛΥΜΠΙΑ / Αρχαία Ολυμπία 1 nite ; 2 max if **TRAN** requires only **TRANS-IN:**

SUM BUS: Kardamyli > Olympia: (BUS: 5h7m, \$17)

Kardamyli > Kalamata: (35m, \$4)

Kalamata > Pyrgos: (2h11m, \$11)

Pyrgos > Olympia: (½h

ACCM:

2 hostels: **SEE HB & HW Web page**

Hotel Inomaos: \$14/\$16

Kronion Hotel: \$18+/\$18

TRANS-OUT:

SUM: Olympia > Athens: (& RETURN)

Athens > Olympia (1/d direct, 5½h, €30)

NOTE: Olympia > Athens (1/d direct, 5½h, € 30).

SITES:

RS STRAT: 1) **sm MUS** ~ HIST of Olympic Games in Antiquity, 2) **Walk ARCH site**, 3) tour **ARCH MUS** **NOTE:** If passing MUS en route, buy combo TIK & see site model

▲ ▲ ▲ **ARCH MUS:** RSp5318

MUS of HIST of Olympic Games in Antiquity:

TIP: If plan on visiting MUS, **NOW** buy combo TIK here & avoid Ruins long TIK lines. (Unfortunately MUS will not allow > buy ruins only TIK.)

Self-Guide Tour (RS):

▲ ▲ ▲ **Sanctuary of Olympia (Site)**

mecca of ancient GRK religion— LOC of greatest sanctuary & 1 of most IMP places of worship; NO 1 lived here: MON & pilgrimage site; nearest city: 30 miles away; every 4 yrs, during RELG festival featured Games (1000 yr).

Every 4 yr ordinary male peeps 4 games & religion; 1) **Altis:** 2 big TEMPs, altars, god STATs

RS Self-Guide: 1) Enter, THEN, , straight ahead past WC (on R) , THEN, , bear L

DIRECS: LOOK L: > glimpse sacred Kronos Hill: Zeus birthplace,

Kronos Hill

DIRECS: main path, called Sacred Way, leads down in> L field scattered w/ ruins. T

> L of path: enclosed area filled w/ various TEMP & altars ;

> R: athletes bldg, trained & lived -- similar > today's Olympic VIL.

DIRECS: Head > R along sm path just before 2 long rows of stubby COL mark E edge of what ...

Gymnasium (DEF: 'naked', also = Amer HS):

Largest (6 football fields), 2nd C BC, Doric COL 4 covered arcade; athlete training site , = size >

Stadium. Training = GUD 4 boys ed = mil training; early life track: diet, regimens > pro status,

DIRECS: @ far end of gymnasium ruins, stairs lead > SQ space ringed by twin rows of taller, more intact COL ,adjoining gymnasium...

Palaestra: “wrestling school”, 300 B.C.); sm, but similar:

- SQ courtyard, approx 1 acre, w/ surrounded arcades; TRN 4 sm events: wrestling, boxing, long jump, etc; TRN w/ weights; 2 rules: no biting /eye gouging; naked w/olive oil & dust; flute player timing, smooth lower COL portions
- bathtubs (w/stick-like tool)

SIDEBAR: Games: RS p5126

DIRECS: Con't > R down Sacred Way, THEN, take next R. Climb stairs @ far end, & peek in> ruined brick bldg once ...

Workshop of Pheidias: 490-430 BC sculptor;

40' Zeus STAT: same rm size as TEMP LOC, outdid Athena Parthenos STAT; Artifacts found: tools, molds & Pheidias' cup

DIRECS: Walking back > Sacred Way, stop > look @ lrg, open rubble-strewn site of massive

Leonidaion: 4th C BC, field > R w/ dozens of thigh-high Ionic capitals; luxury, 4-star hotel w/ 145 RM (& private baths); dignitaries & famous athletes during Games.

DIRECS: Head back down Sacred Way, THEN, L up ramp/ stairs >> Olympia's main sight --

TEMP of Zeus: 5th C BC, stood 1000 yr, marked by single standing COL,

COLs: pure Doric style, 1st Golden Age TEMP, OO Lrg (almost Parthenon); big gray blk, 2-ton COL drums, & fallen 12-ton capitals: not marble, but of cheaper local limestone (SEE seashell fossils), covered w/ marble-powder stucco = glisten brightly like pure marble.

Pediments etc: expensive isle of Paros white marble.

@W: Cella: Zeus STAT site; THEN, , walk around TEMP: mentally re-construct: ½ ac, 6 stories, Doric, like Athens' Parthenon & TEMP of Hephaistos in Ancient Agora).

End pediments: (W) La[i]ths & centaurs, (E-mainentry) Pelops & chariot race

Bouleuterion: chamber of bull balls non-cheat oath ritual;

SIDEBAR: STAT of Zeus P5180

DIRECS: Con't down path > front (E) end of TEMP & duck off path > L > ...

Pedestal of Nike: triangular, 29-ft-tall, white-marble ,..missing top of famous STAT (now in MUS) of victory goddess Nike.

Courtyard pedestals: w/ winner STATS,

Echo Hall: ruined bldg directly E, winner announcing microphone-like acoustics

DIRECS:

W/ main entry of TEMP of Zeus @ back, walk out > path, passing several of inscribed pedestals. Turn L @ tree, THEN, follow R fork until bump in> low wall @ base of Kronos Hill lined w/ row of pedestals called ...

Bases of Zanes (Cheater STAT):

4 bronze **Zeus STATS** paid by cheater fines w/their names & ill deeds, crowd spit on STATS; official 'blood' urine tasters

Row of Treasuries: provincial offerings

DIRECS: Turn R & pass under arch of

Krypti arch: 200BC: stadium entry & tunnel w/ locker niches, : athletes

Stadium: 6th C BC, no seats, except JDG box (S/R bank)

Starting Line: orig marble (visible), 1 goddess representative's female only, on altar<N/L bank)

Finish Line: (visible), (w) back & forth, clay,

Wood start gates ; starting BLKs w/ 2 grooves (L&R) (visible)

COMPARE: **Olympic Games & Rome's 'Hunger Games'/ Gladiator fight** > power of State

DIRECS: Backtrack >> tunnel & con't straight past pedestals 4 Zeus STAT. You'll bump in> some rectangular foundations, ruins of ...

Metroon TEMP: mid 4th C BC, mother of gods - Gaia

Altar of Zeus: nearby, but now gone, animal sacrifice,

Sunken apse: middle of L path, under olive tree: 4000yr house foundation, 1000 older than ruins

DIRECS: > R ruins of semicircular structure built in> hillside,

Nymphaeum, 150AD :

once spectacular curved fountain & aqueduct>>Sanctuary, lined w/ EMP STATs (ARCH MUS);

Roman GRK-ophiles restored many bldgs,

DIRECS: Directly in front of Nymphaeum rectangular foundations of

Altar of Hera:

Where MOD Olympic torch lit, carried in> STADIUM & THEN, , > current Olympic city:

DIRECS: Fifteen yd farther along 4 standing Doric COL mark well-preserved...

TEMP of Hera: 659 BC, oldest structure, OOGRK 1st MON TEMPS

Wood COL, THEN, shell-limestoone, Hera & husband, Zeus

NOTE: ancients synchronized lunar & solar calendars by making yr 3 months longer every eight yrs).

INT: Hera & Zeus DSTATs, Hermes STAT w. Disk of Sun (in MUS)

NOTE: Heraean Games: unmarried virgins,

DIRECS: Walking out back of Hera's TEMP > RND TEMP w/ 3 Ionic COL still standing, ...

Philippeion (Philip of macedon): > mark triumph over GRKs

New esthetic era- Hellenistic era: gracefully slender Corinthian COL vs. earlier, stouter Doric COL of TEMP of Hera— proportion shifted away from sturdiness & strength > elegant beauty.)....

DIRECS: just N of Philippeion, bordering Sacred Way

Prytaneion: houses eternal Olympic flame

From here it's up-&-down 10-min walk— just follow cobbled path, lined w/ lampposts, >> olive grove. AS .. Approaching ...

Behind ruined bldg > R: old cistern .. THEN, ,

.... curl around R side of Old Kardam TEMP: yli in> complex

Thru archway, THEN, , on R see...

CHR of ST Spyridon, 1750, (not open) EXT: bell TOW, other bldg fragments,

NOTE: Byz dbl-headed eagle symbol,

THEN, , >> TOW complex:

Mortinos TOW (not yet opened) 1801s

Troupakis RES: Now **MUS** ; Attached > TOW:

DIRECS: uphill > trail up> Agia Sophia CHR

2 graves burrowed in> rock on R behind GRN gate;

NOTE: connecting passage @ back of graves (Why?)

Hiking Trails: color coded, **???**

DELPHI Δ ΕΛΦΟΪ / Δ ελφοί Map: Delphi Overview
Town Hall's ancient Delphi's Sanctuary of Delphi model

TRANS-IN:

SUM BUS: Athen > Delphi:

2) BUS SCHD?? <http://www.athensguide.com/practicalinfo/busschedulesB.htm> Pee BTL

TERM 'B' (Liossion)(lee-oh-SEE-yohn):

BUS: (RS) Athens > Delphi: (4/d, 3h, E16)

Rome2Rio:(every 3h, 2³/₄h)

NOW, KTEL buses: modern, comfortable w/ /C. Athens > Delphi: 3 hours w/ short stops > drop off/ on people in couple of towns en route PLUS 10 min break @ Hotel Erato outside Livadia town.
go > toilet, **BUT Livadia: LOC 3/4 dist > Delphi from Athens, 1/4 dist coming from Delphi.**

Liossion STA: & getting there

start @ Ononoia or Attiki metro stop, THEN, get BUS going towards Liossion (BUT unattractive & confusing area 4 visitor.)

TRANS > Liossion STA:

1) BEST OPT: **Taxi** > Liossion KTEL STA (**10-12 E subject > traffic/time**) , cuz no handy BUS, (15-20 min, 10-12 E from hostel); pre-confirm w/ driver.

2) **Local BUS: NOTE THIS:** Athens BUS STA is NOT LOC exactly on Liossion ST, BUT on narrow ST further back; QUITE complicated > reach on own CUZ nearest metro/ISAP stop = 10 min walk away. Athens city CNTR buses coming stops on Liossion ST, NOT @ STA itself --, 5 min walk away.

ALSO NOTE: BUS 024 that used > connect Syndagma SQ w/ Liossion Strret -- mentioned in guidebooks - **does NOT operate anymore** on this route. 1 OPT:

Delphi/Meteora > Athen RETURN OPT: BUS stops @ Kato Patisia ISAP/Metro stop, BUT, need > notify Delphi BUS office while in Delphi, so can put luggage on R side storage bay; crucial cuz BUS stops on busy rd--left side bay can't be opened into traffic.

ARV Delphi: NOTE: when get off BUS, get times 4 BUS returning; buy TIK @ gift shop (STA?) ONLY.

ACCM: 1 nite only, if necessary

SEE HB & HW Web pages: several @ \$15-\$30 [See Web pg](#)

• **Hotel Pan:**

DIRECS: R on main ST, about 150 yd from BUS turnaround, grt rms in BACK look over mountainside. june 2011; dbl: 35E; owner asked if Main FLR (ST level) RM OK?: fantastic balocny/ high mt side view down VAL > sea!!

• Cheaper than Athens cuz fierce competition **Easter STRAT ???**

• RS : 4 #1s

FOOD: Avoid tour rest; BEST: sm cafe across from BUS STA. GUD spaghetti & vibe. BTW, GUD water:faucet - straight from mt-top: BEST.

TRANS-OUT:

ARV Delphi: NOTE: when get off BUS, get times 4 BUS returning; buy TIK @ gift shop there-- not real STA.

Delphi RETURN TIK PURCHASE: > buy return TIK , go > Delphi BUS STA: LOC: on modern town edge -- closer entry > town coming from ruins. Actually, sm tavern aka: ΕΝ ΔΕΛΦΟΙΣ - in DELPHI that = BUS STA now. NOTE: 1) from Athens > Delphi: TIKs have numbered seats, BUT, Delphi > Athens TIKs may NOT: thus, guaranteed seat, just not specific seat.

SITES:

▲ ▲ ▲ Sanctuary of Apollo

Self-Guide Tour:

START: Look up @ rock face > C ruins clinging > slope.

DIRECS: Follow switchback trail up

Start up path, going > R up set of stairs. After dbl back on switchback path (past WC), enter rectangular area w/ 10 gray COL, marking ...

(1) **Romans Forum:** ORIG, outside sanctuary's main gate (C INFO plaque

Look up hillside > Imagine ruins

DIRECS: huge 10' wall once enclosed whole sanctuary, forming rough rectangle, w/ TEMP of Apollo in CNTR. As climb 4 steps out of forum, you're passing >> gate in walls & beginning walk along ...

Sacred Way rd: lined w/ ruins of once-glorious STAT & mon't financed by satisfied pilgrims

DIRECS: immediate > R

(2) **Bull of Corcyreans:** (580BC): Corfuian 4 tuna catches

(3) (L side) **Trojan Horse** (bronze replica)

(4) **Beyond on R side: Kings & Queens of Argos:**

40' semi circle lined w/ 10 STATS

(5) (L side) **Treasures:** sm bldgs (mini-TEMP-like) w/god gifts provided by kings & city-states

DIRECS: @ corner where path turns > go uphill cone-shaped stone called ...

(6) **Omphalos** (navel): marked CNTR of wrld & start of HIST; also Appolo slewn (sic) python symbol; ORIG, several copies about

(7) **Treasury of Athens:**

commemorate Persian (ancient Iran) victory, 490BC; 1906 restoration guided by inscription fragment puzzling

2 Doric COL, GRKs vs Amazonians

DIRECS: Follow path as it con't uphill. By now have grt view > L of ...

(8) **Polygonal Wall & Other Ancient Features:**

-- **Retaining wall:** (sixth C B.C.)

- supports terrace w/ TEMP of Apollo.

- runs across hillside 4 some 250 ft @ up > 12 ft. It survived in almost perfect condition cuz of way stones fitted together (without mortar). created "living" wall, able > absorb many earthquakes 4 region renowned (earthquakes caused other bldg here > crumble).

DIRECS: Near wall, just above Treasury of Athens,

(9) **Rock of Sibyl:** 10-ft, legendary pre-Oracle' named Sybil's rock delivery seat > pile of rocks w/ BLK slab pedestal...

DIRECS: just behind 'rock', near stubby WHT COL...

(10) **Sphinx of Naxos STAT** (c. 570-560 B.C., now in MUS):

once ON 35-ft-tall; Naxos isle inhabitants used their best marble, guaranteeing access > her advice even during busy times.

DIRECS: few more steps up ...

(11) **Athens Stoa:** 100' open-air porch 4 booty of Persian victory @ Battle of Salamis (480 B.C.) Delphi oracle prophesied Read more RS p 6487

DIRECS:• Con't up & turns L, up hill. As ascend, on R side . mon't ,

(12) **Tripod of Plataea**, SQ , gray-blk pedestal once supported 26-ft bronze COL w/ 3 intertwined snakes.

Thanks oracle 4 Battle of Plataea victory (479 B.C., fought near Thebes): finally drove Persians out. Col stolen by Romans 4 Constantinoble chariot racing track.

DIRECS: @ top of path, turn L & face 6 Doric COL & ramp mark entry > TEMP of Apollo. In courtyard in front of TEMP several noteworthy ruins.

TEMP Courtyard: final Pilgrim PREP

DIRECS: Opposite TEMP entry, pilgrims & TEMP priests offered sacrifices @ (partially restored)

(13) **Grt Altar of Apollo**. Worshippers would enter rectangular enclosure (only 2 of 3 walls extant

NOTE: R of TEMP: ORIG, dazzling MONs: ex. 50' Apollo Sitalkas STAT (only RECT base left)

(14) **Pillar of Prusias II**: 2nd C 'Turk' king STAT

NOTE: 3 RND COL stubs held tripods

(15) **Acanthus COL of Dancers**: 3 women supporting tripod (NOW, in MUS)

Sidebar: Oracle: p6504

(16) **TEMP of Apollo**: of course: CNTR-piec of sanctuary complex

Philip of Macedonia funded; READ more RS p 6539

Powdered stucco covered dark limestone; pediments etc: costly marble

Toppled COL sections lie on hillside below temple's L side, near Polygonal Wall, gives idea of temple's scale;

DIRECS: backtrack down hill or make point of taking path runs below TEMP on way out of site.)

NOTE: Pilgrim's Experience: P6546: READ B4 & after visit

Imagine U R ancient pilgrim finally preparing > meet oracle after long trek > CNTR of wrld: 1) U just bathed w/ priests @ Kastalian Spring in ravine E of sanctuary; 2) U paraded ceremonially > TEMP: up today's same Sacred Way; 3) @ Grt Altar, U just offered sacrifice, likely of goat (bread loaf: min cover charge); 3) @ last, U about > enter TEMP w/ priests, climbing ramp & passing >> COL > learn U fate; 4) U C inscribed @ entry popular proverbs: "Know Thyself," "Nothing in Excess," & "Stuff Happens." ; 5) U inside, cloudy TEMP air w/ burning laurel leaf incense; 6) U C lrg golden STAT of Apollo & ORIG omphalos stone--- U R @ CNTR of wrld; 7) After offering 2nd sacrifice on hearth of eternal flame, it's time > meet oracle.

8) priests lead U in> adyton— farthest back, holiest chamber of cella. There, amid incense, oracle— older woman, dressed in white, seated in bowl of tripod balanced over hole in FLR of TEMP exposing natural ravine where spring bubbles up -- perhaps w/ unsettling gleam in her eye. 9) U wait & priests present question > oracle .10) She answers— perhaps crying out, perhaps muttering gibberish & foaming @ mouth; 11) priests step in > interpret oracle's meaning, rendering it in vague, haiku-like poem. 12) THEN, you're ushered out of TEMP, either enlightened or confused by riddle. 4 many pilgrims— like Socrates, who spent much of life pondering oracle's words— visit > Delphi only beginning of U's life's journey.

DIRECS: Uphill, > R of TEMP of Apollo, stands Delphi's stone theater. various routes all lead up (just follow signs)—

(17) Theater: 4th C BC, OOBest preserved;

4 song contest (Amer Idol) honoring Apollo; 5K peeps; drainage ditch = orchestra

Bronze Charioteer STAT: outside entry, NOW in MUS; intentional VAL views over stage backdrop;

DIRECS: steep path uphill >

(18) View from above Theater: Read RS notes WHEN I am on site: p6589

DIRECS: Hike another 10 min up steep path— passing spigot where can refill water bottle— > ...

(19) Stadium: 5th C BC, 7K peeps,

Every 4 yrs, Pythian Games (by 582 B.C.); 2nd > older, bigger Olympic Games in prestige; 1 Of 4 Panhellenic athletics Games (Olympia, Corinth, Nemea, & Delphi), training & games during 3 mo internecine truce

exceptionally well-preserved stadium built in fifth C B.C.; good look down in> from far end.)

N side: mod way judges seats, starting lines extant

Remodeled: 2nd C AD wealthy Herodes Atticus (also, Athens theater & Olympia (Nymphaeum) fountain.

DIRECS: OPT: might consider venturing little farther out of town > reach Kastalian Spring, gymnasium, &/ or Sanctuary of Athena (all described later, under “Other Delphi Sights”).

DIRECS: > 200 yd W of Sanctuary of Apollo.

▲ ▲ ▲ ARCH MUS:

Impres, ancient SCULP; Delphi's compact-but-impres MUS houses collection of ancient SCULP matched only by National ARCH & Acropolis MUS in Athens.

Self-Guide Tour:

(1) **1st RM:** earliest Delphi traces, ancient Sanctuary of Apollo painting, bronze cauldron
> next RM ...

(2) **Sphinx of Naxos** (570-560BC), ORIG, brightly painted, atop 40' Ionoc COL, Egypt myth,
Across RM...

(3) **Frieze from Siphnian Treasury:** elaborate ex; (E) GRK vs Trojans, (N) GRK gods vs older god race
Backtrack in> prior RM, turn R ...

(4) **Twin Kouros STATs** (600-580 BC): typical Archaic,
In sm RM behind twins (> R) what's L of ...

(5) **Silver Bull:** buried until 20th C AD
> next RM ...

(6) **E Pediment of TEMP of Apollo:** ORIG, @ TEMP entry, 2 images
> next RM, THEN, turn L >

(7) **Metopes from Treasury of Athens** (510-480 BC): 6 of Twelve Labors of Hercules (curly hair);
DIRECS: Proceed >> next 3 RM (3rd of exhibit w/ some pieces from RND tholos mon't, @ Sanctuary of Athena > RM w/ 2 MON from Alex Grt era ORIG stood side by side in TEMP ...

(8) **Acanthus COL of Dancers**: atop 40' COL, 3 dancers ORIG had tripod MAY have supported omphalos:

nearby Roman copy) , (2) COL bot sprouting from ground
THEN, , as now, **next > COL** stand STAT from ...

(9) **Daochos Mon't** (c. 336-332 B.C.): 1 of 7, relaxed/realistic Hellenism

Across RM & facing these gents,

Socrates SCULP: bearded, balding, inspired by place's mystery

> next RM ...

(10) **Roman Period** (191 B.C.-A.D. 394):

EMP Domitian brag : repaired TEMP of Apollo;

Across RM: top of pedestal: King Perseus arrogant, pre-mature victory MON; oldest 'relief' work in W HIST narrating event

Circular altar:

End of RM SCULPs:

-- sm, lightly **bearded head** , AKA "Melancholy Roman" (likely Titus Quinticus Flamininus, who proclaimed autonomy 4 GRK state in 197 B.C.) demonstrates: masterful sense of emotion.

next > him ...

-- full-size nude STAT (minus forearms) of EMP Hadrian's young lover, **Antinous**. : handsome, curly-haired Asia Minor (today's Turkey) youth, drowned in Nile, 130 B.C.

- heartbroken Hadrian declared Antinous god & erected STAT of him everywhere, making him 1 of most recognizable people from ancient wrld.
- NOTE: sm holes around head > affix bronze laurel wreath.
- Next >: excited archaeologist's photo unearthing strikingly intact specimen.

(11) **Bronze Charioteer**: Nearby, case displays scant surviving chunks of cart, horse, & stable boy's arm.

RS p 6689 drawing of total imagined SCULP.

On MUS exit, NOTE: sm **sanctuary model**

OTHER Delphi Sites:

DIRECS: on main RD E of site ...Nearest > farthest (steep walk)

On L RD side ... **mainly EXCUSE 4 hike > top; Old mansion**

Kastaian Springs:

(on L side 800 yd past ARCGH site , around jutting cliff)

SPG bubbles from btwn Phaediades rocks: Apollo slew snake, Pilgrims wash here: 2 ruined fountains & benches

Gymnasium: (R side): running tracks, circular pool 4 training.

Sanctuary of Athena:(farther on R): cluster of ruined TEMPS

Tholos (380BC); function UNKNW

MUS of Delphic Festivals: **hilltop above town of Delphi**:

METEORA: LPGB

TRANS-IN:

TRN: Athens @ Larissa STA: DP: 8:27am, ARV: Kalambaka 1:30pm. 4-5h
Athens, TRNs servicing northern part of GRK leave from "Larissa STA". TRN SCHDs can be obtained from OSC website (<http://www.trainose.gr>).

DELPHI >< Meteora:

NO direct BUS: Delphi > Meteora & Meteora > Delphi complicated 8h 4 BUS change routine
BUT, shared [Meteora travel agency](#). transfer minivan: May till October.
Keep in mind that BUS SCHDs are subject > changes or delays without prior notice.
BUT, maybe, TRIKALA: (+30) 24310 73130 SEE " pdf."

ATHENS: (+30) 210 8311434 [Trikala BUS Company](#) (KTEL) organizes buses > Meteora

LARISSA: (+30) 2410 610124

KALAMBAKA: (+30) 24320 22432

<http://ktel-trikala.gr>

RT: Trikala > Kalambaka: (evry d/ freq) & (& RET)
Trikala > Lamia & Athens
Athens (Liossion) > Trikala:
Trikala Larissa (& RET)

Fantasy Travel offers [2-Day Meteora/Delphi Trip](#)

won't cost much more than if you tried > do it on own

Blogger: Athens > Delphi > Meteors

independent trip > GRK in May 2015, older woman;

My plan:

- 1) > go directly > Meteora 1st, spend couple of days &
- 2) THEN, transfer > Delphi w/ OVN. TIP: see Delphi MUS ARV evening in Delphi: almost empty (check hours),
- 3) spend night, THEN: > ruins early in quiet morn before tours; THEN, lunch,
- 4) THEN, 1 pm BUS back > Athens.

Blogger: Athens > Delphi > Meteors

Athens TRN > Kalambaka: good base > tour Meteora MONs; ARV: around 2pm,

direct TRN from Athens > Kalambaka leaving @ 8:27 am

so 1 ½ /d in MONs: won't see all MON w/o tour, but several just walking & perhaps taxi.

Walking up > MON from back of Kalambaka > nearest MON was highlight.

Visit Meteora: transfer time Meteora>Delphi: 3 hrs looks GUD, but need nite @ least this way.
US SCH .

Delphi > Athens: <http://www.ktel-fokidas.gr/index.php/en/delfi>, current???

Meteora website, show multiple daily DIRECT TRANSFERS >< Delphi & Meteora -

-- previously difficult transportation maneuver,

Van Delphi>< Meteora TRANSFERS:

Sign-up ISSUE ? : min 2 or 5 (???) peeps/ max 7 minimum is 2 or 5; cancel if too few;

Several local Meteora mini-van tours: ??? grt 4 solo traveler;

BUS / TRN SCHEDs: www.athensguide.com/practicalinfo

Athens TRN > Volos THEN, transfer > narrow gauge TRN > Kalambaka.

Athens >< Kalambaka: 2 express TRNs:

OR, Athens BUS > Trikala, THEN, transfer > Kalambaka.

George Kokkotos, Famous Taxi Driver www.greecetravel.com/taxi

Meteora > Delphi by visitmeteora.com

van leaves Meteora @ 7:30 am, will it arrive in Delphi in 3 hours?

LUG STOR in Delphi, since I am not going > stay overnight in Delphi?

Matt Barrett sources

<http://www.athensguide.com/practicalinfo/busschedulesB.htm>.

Meteora: <http://www.greecetravel.com/meteora/>.

Meteora GEN:

Complex : 6 MONs built on spectacular rocks above Kalambaka: 4: monk MONs, 2 nun cloisters; All have specific visiting hours & wkly closed day;
GRK's Grand Canyon:.. Mighty cliffs rising against sky, w/ top MON - so inaccessible: old day nuns/monks climbed w/rope ladders or hoisted up in nets. NOW, rock wall hewn stairs; Amazing fascinating & exiting HIST & views, unforgettable; TOO many TOURs; lines.

Pants; not shorts; easy: stay 2 days; do more walking. Athens> Meteora: 3 hours; sightseeing: 1h..

Vs Possible: 1/d 4 1 MON

Many steps, narrow passages, uneven FLRs , steep, GO early morn weekend

LPGB really impressed: huge "splinter" (really big wooden beam) = Noah's ark! (?)

GEN INFO:

OO best world spots:

Tip: no Katsaraki ATM machines, but Kalambaka OK: 5 min. 15 min walk from each other

TRANS-LOCAL:

ARV: TRN STA:

TRN STA > ACCM: Walk or taxi:

WALK BEST cuz views, not difficult paved hike, more ancient (11th C) monk-like experience; full day, lots of water

SITE STRAT:

HIKE UP: Choose pathway (several ??) , Avoid crowds

1) old town of Kalambaka > MON of Holy Trinity,

2) 1 > ruins of old MONs as you enter VIL of Kastraki.

TAXI > Kalambaka: Cost: 10 E ,

taxi driver can wait: 20 E/hr;

2 MON: 2 hours: 1) ecommend going straight > grt meteoron. Adults pay 3 euros each > get in & free 4 children & students.

TRANS-OUT:

Metora > Athens:; OR

OR, Delphi > Athens

Kalampaka (aka *Kalambaka* or *Kalabaka*): 12K pop,base of Meteora.

ACCM:

1 hostel, not sure if in that area; PRIV from \$15 [See Web pg](#)

HOSTEL Meteora: Hostel Meteora \$15, Tiouson 51, Trikala, Kalambaka

Other OPT: [SEE pdf](#)

San Giorgio Villa - budget accm: Kalambaka [Kastraki], Trikala, ☎ +30 24320 75255

(reservations@sangiorgiovilla.com, fax: +30 24315 00123), checkin: 14:00; checkout: 12:00.

sm budget accm, aka "Meteora's Budget Accommodations": LOC: on rd > holy rocks, in Kastraki VIL

Ideal hotel selection: from € 35.00.

Also's House, 5 Kanari ST. 422 00 Kalampaka

LOC: (*Head towards back of town w/ footpath > Meteora.*; alongside 2 other places, *Elena & Koka Roka*), ☎ 00302432024097: quality w/decent prices, cheaper than most; if slow, reduced price \$ NO brkf or /C; grt views, wifi, Clean, comfortable, Nice owner, GUD ENG w/ gud advice; single PRIV: 35 €.

Kastraki ("sm castle")

sm, peaceful VIL, like eagle's nest @ bot of 2 gigantic rocks; continuation of Kalampaka< ends, picturesque, authentic, local GRK provincial lifestyle; nature & peace of mind.

ACCM: SEE "[Meteora Hotelos.pdf](#)", "[Kastraki Hotels.pdf](#)"

couple @ around \$40; \$35 > \$55

Pension Arsenis ★★

Family run hotel: close > MONs

Hotel Gogos:

LOC: Kastraki CNTR, 10 min Meteora, or lovely walk >> beautiful country paths.
mag view, completely equipped



free Wi-Fi internet access.

Plakias TRAD Guesthouse



Kastraki CNTR, near SQ w/Saints Peter & Paul CHR; 5 yr old, Meteora views, wifi.

FOOD:

Kastraki: many, but 4 light meal: " ouzeri": LOC: on main rd slightly downhill (>> Kalambaka): excellent, cheap. Live music when owner's friends come along @ night.

Chicken Time, Trikalon 74 Kalabaka 422 00, 2432 075777. 11-Midnite. Grt sm fast food joint, 2-3 €

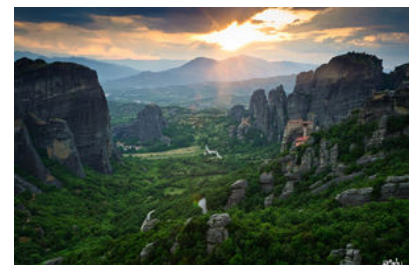
SITES:

Grt Meteoron MON (*Transfiguration of Jesus*), ☎ +30 24320 22278,

[2]. 09:00 - 17:00.

Holy MON of Grt Meteoro (Transfiguration of Jesus) biggest / oldest, most spectac, 14th C; aka 'MON "suspended in air" (meteoro)': cuz gigantic rock it sits on: 3€. eOrthodox Christian;

dit



Holy Trinity MON, ☎ +30 24320 22220, [3]. 09:00 - 17:00.

(Agia Triada) most difficult > reach, but spec panoramic view: most spectac 3€.

Roussanou MON (*Santa Barbara*), ☎ +30 24320 22519, [4]. 09:00 - 17:75.

Holy MON of Roussanou: 1st probable hermit's name, main CATH: Santa Barbara memory, 16th C's end, decorated 30 yrs later. 3€.

ST. Nikolaos Anapafsas MON,, ☎ +30 24320 22375, [5]. 09:00 - 15:00.

Holy MON of ST. Nicholas of Anapafsas: 1st MON > Holy Meteora, 14th C end . -- short walk from Kastraki VIL, 1km.: enjoyed Katsraki walk up > ST. Nikolaos MON; streams after Grt Meteoron visit.; 3€.

Varlaam MON,, ☎ +30 24320 22277, [6]. 09:00 - 16:00.

Holy MON of Varlaam: 2nd biggest MON; LOC: opposite Grt Meteoro MON, mid 14th C by exercitant Hosios Varlaam.: 3€.

ST. Stephen's MON,, ☎ +30 24320 22279, [7]. 09:00 - 13:30 & 15:30 - 17:30.

most accessible MON, no steps, just cross sm bridge > entry: 3€. edit
grt CHR paintings: sea & fishes, haloed good climbing > heaven & sinners descending > hell.
"Rather gruesome paintings of dismemberment of men & women but grt art. "

Tourism, essential > survival, has destroyed character. They are no longer contemplative.

AROUND Meteora:

modern city of **Trikala**

Many people do Delphi in combination w/ Meteora. See
www.greecetravel.com/delphi

HYDRA Ὑ Δ PA / Ὑδρα

TRANS-IN:

www.city-of-athens.com has ferry sched search form

METRO: FROM Athens:

1. **Line 1 (GRN)** (basic transit TIKL E1.40, evry ¼h 6am>midnight, 20m)
2. @ Piraeus Metro STA: (Elect Railway STA): exit L side door (trks behind) into chaotic SQ , THEN, go up escalator , THEN,s walk > far end of PED Bridge
3. GO L > Gate 8

Gate: E8 --- Hellenic seaways Ferry: (4/d, 2h, E26)

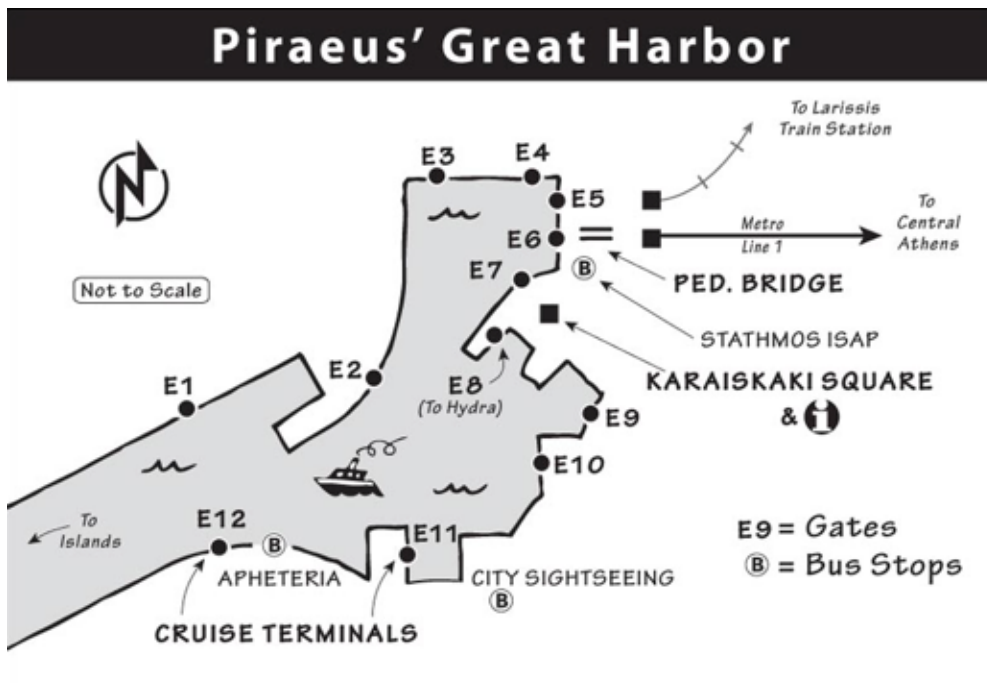
Pre book 2-3 days; www.hellenicseaways.gr), any **TRAV Agency same price;** (2h,) CHK trip online, THEN, confirm details in GRK @ 2-3 travel agencies (CUZ slightly varying information).

BOAT:

DP/ARV: Piraeus Grt Harbor (Megas Limin):

Flying Dolphin:

Flying Cat:



ACCM:

Locals offering cheap beds Just off boat; GUD if not **BUT, B** very clear on LOC
RS : 3 #1s

TRANS-OUT:

Caution: Pick pockets on Metro

@ Piraeus Grt Harbor (Megas Limin):

GOTO > PED bridge

THEN, > Metro Line 1

--- 2 main Athens stops (**Monastiraki Stop** & Omonia (4 Syntagma SQ

SITES: VISIT outlying sights or hikes, when ships in port— afternoon, cruise-ship loads > leave.

GEN: “sights” (MUS & ruins) **not worth going out of way 4—**

walk along coast (>Kaminia) or up in> hills.

Self-Guide Tour:

Hydra’s Harbor:

START: Begin @ tip of port (> R, as face sea). Climb stairs (by cactus) > cannon-studded turret. From here have fine... 1) View of Harbor: harbor heart & soul of, 2) Mansions, 3) Andreas Miaouis

MON: Admiral’s fireship defeat of Ottoman fleet

DIRECS: Back DN stairs > waterfront walk ...

Along Harbor > :

- **HIST Archives MUS:**
- **Merchant Marine ACAD:**
- Row of covered metal benches 4 hydrofoils
- **3 flags:** flag of Hydra w/ : Hydra outline, helmet, cross, anchor & eye of God, ‘w/ it or on it”
- Go R along harbor ...

DIRECS:@ corner next > Harbor Bank past dead lane > **bakery**

ingenious rope system seafaring Hydriots have rigged so they can quickly draw canopy over seating area— like unfurling sails on ship— in event of rain...

DIRECS: Near far corner of harbor stands symbol of Hydra ..

MON of Dormition Clock TOW of

DIRECS: Go thru archway under TOW in> MON

DBLdecker arcade of cells: ORIG, monks qtrs, NOW Town’s offices

CHR: INT: EVID of wealth; on L: Virgin & Child icon: w/ tokens of Thanks;

Back in courtyard, **war memorials & MONs**; upstairs: **missable**

DIRECS: If doorway’s open under MUS, exit here on> Votsi ST (otherwise, return > harbor front, THEN, hang L up next ST).

--- Keep > L, walking >> orange-tree-filled SQ

Upper Town SQs:

Votsi SQ: tiny, chess set, cannon, cats.

DIRECS: @ bot of SQ (on L):

Flora’s Pastry Shop,

DIRECS: keep walking about 100 ft above SQ until lane get >

Rafalias PHAR: old time, welcomes browsing public, Jackie Onassis

DIRECS: W/back > Phar ...

... 1 lane > L, uphill > ORIG town

...or, other direc, R, slightly downhill, around bldg on L >

SQ of 5 Prime Ministers: tiny, 5 medallions & cannon

DIRECS: Con’t L downhill > Votsi SQ >

Flora’s Bakery Shop: ice cream / baklava or more TRAD: favorite— galaktoboureko (gha-lahk-toh-boo-re-KOH), cinnamon -sprinkled egg custard baked btwn layers of phyllo.

Walks From Hydra > Kaminia & Vlycho:

reconstructed Boy on Dolphin: Sophia Loren, windmil, cafe

DIRECS: >> Kamina, on> cliff-side donkey trail 4 ...10-15 min hike > Vlycho

DIRECS: Return via different high cliff-side trail (30 min)

NOTE: can climb all way up > remains of Hydra’s humble acropolis, topping hill due W of harbor.

NOTE: From spot (either straight ahead or around R side of yellow butcher’s shop) **stairs** head > upper reaches of town, & eventually lead over headland & down > VIL & little harbor of Kaminia..

Sicily:

Palermo: W

GEN:

Edit & Walk routing w/ goog maps / dbl chk LP online maps 4 Sicily maps

REG capital/largest city; largely Baroque w/ of MED ARCH nuggets.

Norman PAL: w/ its BYZ Palatine Chapel (miniature Monreale in), built on Phoenician walls.

Several MONs & castles, mag CATH, GUD ARCH MUS.

TRANS-IN: Athens(ATH) > Palermo (PMO):

DP: ATH 3:35pm > ARV: PMO 6:55pm (1 stop, TOT: 4½h) :

[Skyscanner](#) : 4 OPT: 3 w/ Vueling: 106-224, 1 GUD time,

[WhichAirline.com](#) many OPT; issue: long trip times

[Kayak](#) : 1 @ \$106 rest over \$645

[Flycheapo](#), NO full flight SCHDs but can tell you budget airlines fly btwn any 2 points.

ACCM:

LOTS! : [SEE Web page](#)

TRANS-OUT:

TRN SCHDs: DP(PAL Centrale): 0700 > ARV 0754, or, DP: 1005> ARV: 1053; 8½€

Trans Sites:

[trenitalia.com](#).

SAIS : [SAIS SCHDs here](#). 1 of 3 BUS lines

Interbus. Check [Interbus SCHDs here](#). 2nd of 3

[AST BUS SCHDs here](#). 3rd of 3 BUS line

SITES:

[SEE " Palermo pages.pdf"](#) Edit & Walk routing w/ maps / dbl chk LP online maps 4 Sicily maps



DT: MONREALE:

12th C CATH &
cloister Castellaccio
Castle & San
Martino Abbey
Multicultural
synchronicity of
Norman, Arab &
Byz; 2hr visit

LUNCH: Dietro

l'Angolo pizza off ST
behind apse; stupendous terrace view

TRANS:

number 389 BUS DPing from Piazza Indipendenza in Palermo. BUS follows Corso Calatafimi, 1 of Palermo's main ST, 30 min +/-, > terminus in SQ next > CATH.

SITES:

CATH & abbey:

Overlooks Palermo, Monreale town, Latin "Mons Regalis" ('Royal Mt'), 8 km S of Palermo's CATH. 300 m above sea level, overlooks "Conca d'Oro," -- VAL beyond Palermo; largest concentration of Norman, Arab & Byz art in 1 place; Palermo's CATH is larger, but Monreale's: **better** 12th C orig.; wondrous - more than "just another CHR." ;

Monreale Abbey: GUD *multicultural* effect

- E meets W
- **CATH:** 12th C Arab, Byz & Norman artistic style mix framed by TRAD Romanesque ARCH
 - **mosaics** on walls , 1) OO world's largest displays, only surpassed by Istanbul's Basilica of Saint Sofia, 2) when Turks conquered Constantinople, 1453, destroyed or whitewashed ...) , 3) over 6000 SQ metres in INT; more th=][po=[p=[p][p]=[po=[p=-p0=[-p0=-\][p=-[-0p-[=]p[]\=poiuytrewqwertuyiop[[poiuytuioiuyt=-098uy7fgtvbhjklkjuygfvfvmnmnbvcxzAZsdf0-`1qan Saint Mark in Venice.
- **"Santa Maria la Nuova"** (Saint Mary New) **mosaics**, (official Monreale CATH name): more than Cefalù CATH; ; Compared > Palermo's Norman Palace: Palatine Chapel mosaics: equal exquisite craftsmanship, but Palermo's give impression of "complex work of art in restrictive space". SO????
- Mosaics - Byz / Islamic: considerable culture & TRAD overlap: but, strongly Byz, w/ Arab (actually Islamic) geometric inlay of apse exteriors,



Mosaic Icon of Christ Pantokrator (Cathedral Apse)

Benedictine xQ vbb ÷/2, ,

- OOH, mixture of influences; Attached > CATH, 228 **COLs** (paired, w/ 4 on each corner), some inlaid w/ Byz-style mosaic, each supports an ornately carved capital. **capitals:** depict scenes in Sicily's Norman history w/ knights & kings. Norman knight figures style evokes Bayeux Tapestry, Battle of Hastings. Historians define Sicily coats of arms TRAD by Monreale knight figures shields, lack any heraldic decoration.???
- **Capitals:** strongly reflect 12th C Provencal styles & 3 of 5 mstr reg sculptors.





Monreale Cathedral

Royal Origins (**Interesting history**)

-- **King William II "Good,"** grandson of Roger II idea; Prior: stood sm Arab hamlet named "Ba'lat," local farmers would gather morn > cart produce > souks of Bal'harm (Palermo).

Norman era: Ba'lat area renamed Monreale, Hauteville monarchs favorite hunting ground; deer, boar & wild cats; far more forests than now; falconry popular w/ baronage; huge, extensive royal hunting reserve

-- **Walter "of Mill"** glish bishop of Palermo ("Offamilias" = familial connection > Hauteville kings), w/other nobles tried > influence / persuade young king > give them more power; reduce Muslim ministers / functionaries powers; formerly child-William's tutor during mother's regency; kingdom actually controlled by Matthew d'Aiello, royal chancellor, & Walter, bishop of Palermo

BUT, young Willie evidenced power by constructing CATH; Benedictines readily obliged.

Crowned @ 18 (1171), King William's 1st goal: establish actual control/power > self firmly as sovereign, so CATH began, 1172: 4 yr > build; mosaics & cloister done by young king's 1189 death

-- **Muslims** fled Palermo > hill country capital after **rebellion** against William's father in 1161- others already lived there. **anti-Muslim policy**, led by Matthew Bonellus, Siculo-Norman nobility, leaving 'Saracens' (DEF: nomadic people of deserts btwn Syria & Arabia) > establish easily-fortified towns in INT, though nominally loyal > William, eventually Bonellus eliminated; Ft-like CATH (TOW & slit-windows) strategically guarded gateway passes > these communities; nearby hilltop castle of Castellaccio added STRAT support.

Arabs eventually rebelled, after King William's death, cuz William II & Pope-placed Abbot of Monreale's mistreatment & excessive taxation. Muslims on several occasions attacked CATH: worst -- 1216, BUT never serious threat > Norman, Swabian (DEF: Christian from southwestern Germany) Sicily. In 1246, last resistance..

3rd CATH construct goal: establish Roman Catholic CHR, aka "Latin" CHR, as official Sicily CHR.

12th C: many Orthodox Christians & Muslims, few Jews; Orthodoxy permitted, BUT Pope trumped, so despite Orthodox mosaic icons CATH 4 'Latinizing' of Sicily.

Pope Alexander III granted abbot of Benedictine MON episcopal privileges in 1174, & elevated Teobald > rank of archbishop in 1183.

MON:

little but cloister survives, originally: twelve embattled TOW & thick walls, some visible TOW

HIST: Built, 1174; 1177, at twenty-4, William married Joan, daughter of King Henry II of England & became brother-in-law > Richard I "Lionheart" & John "Lackland," Henry's sons. In 1170, King Henry II murdered Thomas Becket, Archbishop of Canterbury: Canonized in 1173,

William's un-Christian-like practices: 4

Middle Ages monarch: 1) many Muslim ministers, astrologers & doctors, 2) kept PAL harem, 3) spoken, read & written Arabic.

1189, completed before William's 1189, death (36): THEN< quasi-anarchy.

INT:

Thomas Becket mosaic icon: on CATH's main apse near altar (as 1 faces apse it is 2nd icon > right of apse niche); 1st public work of art honoring ENG saint.



Norman knight figures in column capitals of Monreale's cloister

EXT: not striking:

1. **front facade:** faces W onto Piazza Guglielmo;
2. 2 massive SQ **bell TOW** flank main CHR entry.
3. **porticos:** not ORIG. T
4. **CATH side:** 100 metres long.
5. **complex geometric inlay of apse** seen from Via Arcivescovado, ST behind CATH: -- kind of symmetry reflecting Muslim spirituality.
6. **Romanesque bronze doors:** Framed w/ typical MED arch under main (front) portico, manufactured in of Bonanno of Pisa workshops, 1186.
7. **side doors:** Constructed same yr, designed by Barisano of Trani: set within squared frame decorated in Arab mosaic. Each door panels: carved w/ RELG figures amidst floral & other symbolic motifs.

INT :

8. **FLR plan:** TRAD Western (Latin) basilica & an Eastern (Orthodox) elements: combo GRK & Latin elements typifies Norman Italian ARCH.
9. **L central nave:** btwn 2 smaller aisles.
10. Nine monolithic **COLs** of gray granite support eight pointed **arches** on each side of central aisle, 4 total of eighteen COLs, each bearing **Corinthian style capital:** sculpted w/ different motif of RELG figures & symbols. NOTE: Only 1 COLs is not gray granite (1st COL on right of front entry): "cipollina" marble.
11. **roof:** wood, carved & painted w/ great detail, strong Saracen influence , actually 1811 restored reproduction when severely fire damaged; present roof: faithful repro. 16th C **FLR:** white marble w/ multi-colored granite & porphyry patterns & borders.

Mosaic art & icons

- hundred metres long X forty mgr L; 130 individual mosaic scenes depicting biblical & other RELG events. Old Testament: central nave walls: start: Creation > Jacob's Fight w/ Angel.
12. splendid **mosaics** principal artistic attraction; subtle beauty = solemn tranquility & awe; cover practically all wall surfaces; except @ ground level > 2 mgr H: white marble bordered w/ polychrome inlay.
 13. **mosaic figures:** (many are icons) on background of gold mosaic "tesserae" (tiles).
 14. **side aisles mosaics:** major Jesus life events, birth > crucifixion; miracles worked cycle; some accompanied by Latin or GRK inscriptions.
 15. Dominating of **Christ Pantocrator** ("Ruler of All") mosaic: central apse over main altar: 13 mgr x 7 mgr high.
 16. Beneath that: **Theotokos (Mother of God) enthroned w/ Christ child** on her lap mosaic; flanked by: angels & various saints & apostles,

all about transept area: other saints , Gospels scenes, including icon of Saint Thomas Becket.

2 noteworthy mosaics: **DIRECS:** presbytery sides, over royal & episcopal thrones.
above royal throne: Christ crowning William II.

over episcopal throne : William II offering Monreale CATH > Virgin. **NOTE:** In W, rare 4 living monarchs > be represented in Heavenly setting.

SEE "Sicily Palermo Monreale CATH Mosaics KEY/Plan.pdf" [fKey > Monreale's Mosaics](#).

Several royal tombs:

1. William II: 16th C white marble
2. William's father, King William I "Bad": 12thC deep-red porphyry tomb, presumably, ORIG (?).
3. William II's mother, Margaret of Navarre, also interred at Monreale.
4. **Heart ONLY:** [King Louis IX of France](#) (Saint Louis). royal cortege stopped here 4 funeral en route > France following Louis' death during Tunisian Crusade (in 1270) when less-saintly younger brother, Charles of Anjou, was king of Naples & Sicily. **SO???**

Cloister

Except 4 some foundations & EXT walls, cloister court proper: only part of MON standing today: perfect SQ, w/ covered walkway.

crowning glory: Arab fountain - SW corner; almost mini-cloister within cloister, w/ own 4-sided colonnade..

Our printable [map of Monreale's cloister capitals](#) describes fascinating carvings of over 30 of capitals.

garden terrace or "belvedere": WAV: panoramic Palermo view
DIRECS: >> courtyard near cloister, in corner of SQ.

Next door, sometimes interesting exhibits.



Crypt, MUS, Roof

Crypt usually closed, Treasury MUS: interesting relics & other ecclesiastical items. ???

Stairs & passages > roof encircle CHR w/ good cloister views, inside of taller TOW, VAL views.

4 Visitors:

OPEN: MON >> Saturday: 9:00 AM > 6 PM, &

SUNs: 9:00 > 12:30 yr RND, though afternoon schedules may vary.

NEARBY SITES:

Castellaccio (literally "Big Castle")

TRANS:

5 km N of Monreale on steep, winding Via San Martino atop Mount Caputo,

SITE:

12th C Norman castle-Ft: strategically guards all possible city approaches: land or sea; standing fortress, OOM spectacular area views: clear day visit ONLY; well preserved cuz remote

San Martino Abbey

OPEN: Daily: 8:30 > 12:30 & 4:30 > 6:30

btwn SUN morn masses & 5 > 7 PM.

no fee.

TRANS:

15 min from Monreale, BUS? Taxi? PLUS demanding 20-min hike up winding path > castle. sometimes open (???); can be visited when closed,: EXT & views.

SITE:

HIST:

Benedictine, **San Martino delle Scale**: few km up rd; ORIG MON founded by Pope Gregory Great, 600; Arabs burnt down, 829, re-built anew on ruins, 1346; used today.

marble staircase by Venanzio Marvuglia Splendid 1700s

"Saint Martin & Beggar," Ignazio Marabitti's famous : abbey patron saint.

"Daniel in Lions' Den" by Monreale's own Pietro Novelli, late 1500s.

CHR choir: magnificently elaborate carved walnut chorus section.

MON Parts: clearly MED, but much 15th C reconstructed & expanded.

SEGESTA: en route > Trapani or Trapani DT

NOTE: Segesta's ARCH park: shuttle BUS from parking area > amphitheater & urban excavations. nearest locality is Calatafimi.

TRANS-IN/OUT:

Query: Can I BUS > Segesta, ([Palermo Local Know](#)), THEN, BUS same day > Trapani?

TRN: trenitalia.com.

[SAIS SCHDs here](#). 1 of 3 BUS lines; NO ENG, Get Palermo info;

[Interbus SCHDs here](#). 2nd of 3

[AST BUS SCHDs here](#). 3rd of 3 BUS line

Tarantola BUS: **Palermo >< Segesta:** no SUN service

DP: Palermo's "Paolo Balsamo TRN STA (> Segesta) @ 8.30, 1400, 1800

DP: Palermo's "Politeama BUS STA (> Segesta) @ 8:40

RET: from Segesta > Palermo @ 11.50 (€11,50).

Tarantola BUS: **Trapani >< Segesta:** no SUN service

DP: Trapani's "Piazza Ciacio Montalto TRN STA" (> Segesta) @ 10.00, 12.00, & 14.00

RET: Segesta > Trapani: @ 13.05, & 16.05 (€ 6,60).

ACCM: not necessary, OVN Trapani

HIST:

- Elusive [Elymians](#), (or Elymi) little is known, "Egesta." founders, Originally, from Asia Minor (possibly Anatolia), settled island's western regions, 1200 BC (BCE); legend (while not validated, GRK ARCH may support theory).
- After fall of Troy, some Trojans settled here; coexisted w/ indigenous Sicilians.
- GRKs assimilated Elymians (Egesta & Entella), 600 BC or, OOH, assimilated more w/ Punic (Carthaginian). Elymian language inscriptions in Phoenician & GRK characters found at Segesta w/ along w/ similar-script pottery pieces;
- GRKs intermarried Elymians, but not Sicilians: considered barbarians.
-
- OOM IMP ancient Sicilian-GRK cities; formidable economically / militarily force;
- hilltop inhabited into Middle Ages, w/ ruins: Norman castle, sm CHR & mosque, & classical amphitheater.
- Though founded Cs earlier, written history starts ~ 500 BC. **Context:** GRK [Selinunte](#) colony, sixty km S lrg & prosperous since 650 BC alarming/threatening Segesta ALSO, Carthaginians, Mozia > Marsala > Solunto, saw GRK as threat, SO, Segesta allied w/ Carthage. BUT, after great GRK victory over Carthaginians at Himera, 480 BC, Segestans quickly changed sides allied w/ Athens
-
- **MED HIST:** ignores Segesta: footnote > other epic conflicts; remains of Muslim necropolis & Mosque dating > late 12th C, nearby remains of an early 13th C Norman castle. mosque was destroyed in 13th C. Segesta was abandoned in late 13th C, most likely 4 nearby Erice (Eryx). Yet, little may have changed. Probably --- MED Segesta abandoned 4 nearby Erice (Eryx).
- Segesta's ancient SCULP: idealized healthy, attractive people image

SITES:

ARCH PARK:

5th C, remote rural setting, Looks new,
NOT!, ~ seventy km SW of Palermo;
several ancient civilizations presence:

(I) Doric TEMP: 420-430 BC,

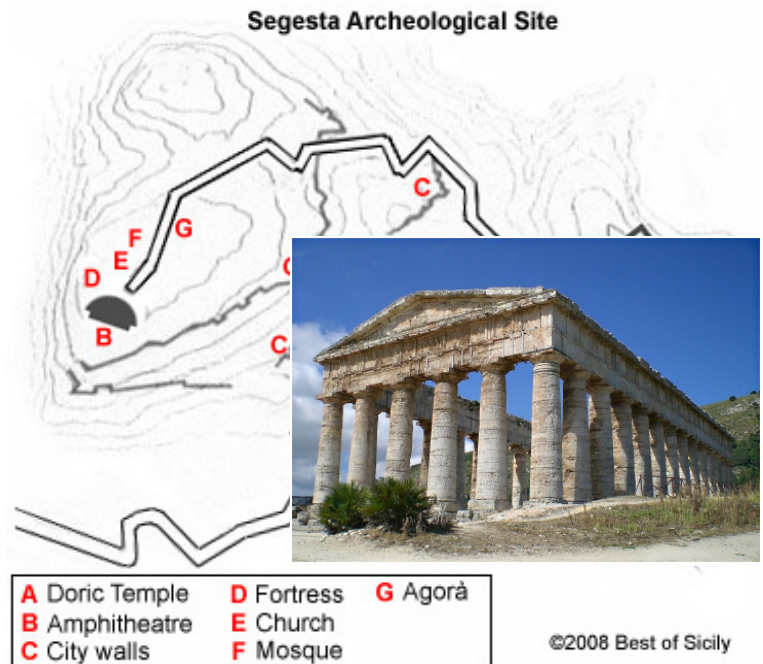
- highlight, mag, impres; never finished-roof & pillars not fluted - is impres
- maybe world's best preserved; Segesta focal point, 60 + mgr long & 26 m L, on 4 steps, w/ 30-six Doric COLs: 14 each side & 6 COLs across front & back.
- colorful temple's construction theory: 450 BC, Segesta's rival, Selinunte, allied



w/ OM powerful city-states
-Syracuse, Segesta sought

Athenian ally, but not IMP > Athens, so Athens sent diplomatic envoys delegation > investigate city's wealth, Segestaians > deceive built TEMP > impress Athens, once Athens left convinced TEMP

worked ceased. followed by delivery of an enormous down payment > Athenian Navy in Messina, ploy that left Segesta bankrupt. Without next installment of money Athenians attacked Siracusa, & thereby hangs another tale well recorded in history. As support > this hypothesis there are no evidences of altars or fragments of votive materials in vicinity. The



(C) City Walls: ???

(B) Amphitheatre: 2nd > none; GRK Theatre: 3rd-2nd C,

TRANS (?): easiest: BUS (See Transportation).
carved into Mt Barbaro hilltop position rock w/ lateral, quarried, free-standing wings; built same time as TEMP, or maybe some decades earlier, circa 450 BC; Quite lrg: cavea: 63 m diameter, 7 sections, 2 rows in 2 tiers (3200 peeps); maybe built after Athenian "con-job" failed, or after 1st of Segesta's destructions (failure > pay 2nd protection installment);
best seats have carved back-rests, no decor.



Stage bldg above foundation level: gone, thus, splendid view (ancient & modern stonework contrast) . **Try acoustics**. (must in all GRK theaters) & **record it in camcorder**.

(D) Ft: (?) Norman Castle: 12th C, created from proipor GRK TEMPs

(E) CHR :

Ruins, sm, once dedicated > ST. Leone in multi stratified area btwn Castle & Theatre; single RM bldg: 13 x 6,30 mtr.

(F) MOSQ: ??? La Moschea Just ruins ?

(G) Agora:(Roman forum)

best part, W part, bldgs on pillars w/ an INT cryptopoticus. Unfortunately most destroyed

GRK Theatre:3rd-2nd C,

TRANS (?): easiest: BUS (See Transportation).

carved into Mt. Barbaro rock w/ lateral, quarried, free-standing wings; built around same time as TEMP, or maybe some decades earlier, circa 450 BC; Quite lrg: cavea: 63 m diameter, 7 sections, 2 rows in 2 tiers (3200 peeps); maybe built after Athenian "con-job" failed, or after 1st of Segesta's destructions (failure > pay 2nd protection installment);

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Stage bldg above foundation level: gone, thus, splendid view (ancient & modern stonework contrast) . **Try acoustics**. (must in all GRK theaters) & **record it in camcorder**.

ERICE: Trapani DT

mt top (750 metres); Superficially, Middle Ages epitome: castles, walls & stone ST, but much older; overlooks Tyrrhenian coast

TRANS: either

- 1) convenient **cableway** (funivia): €9.00 return & great views, more Erice time, Walk down; Cheap TIKs w/ Trapani Card.Or,
- 2) **trek** > Erice from Trapani, (?) miles up winding rds,
- 3) **BUS**: BUS STA & TIK office: in Piazza Ciaccio Montalto.: closed on Mondays;
Tue- Fri: 7:45 am > 1 am; port > lower cable car
STA: 10 min harbour.or, 4.5 km ???



FOOD:

several GUD pastry shops: Maria Grammatico's- town centre

HIST:

ancient Eryx: prosperous [Elymian](#) & Carthaginian city w/ Phoenician fertility goddess, [Astarte](#), TEMP (later identified w/ Venus & worshipped by Romans) Both Hercules & Aeneas connected (?);

Elymians, (Elymi) little known, originally Asia Minor (SEE Segesta HIST 4 more) probably, assimilated w/ Carthaginians rather than GRKs.

Phoenicians, Carthaginians & Romans, in turn, conquered, never developed particularly strong GRK culture except 4 that of MED Byz of Eastern Roman Empire.

4 **Arabs**: IMP foothold(aka Gebel Hamed),

Normans called Monte San Giuliano, until 1934, when called Erice.

overlooking [Trapani](#), western Sicilian [Taormina](#).

ancient Elymian & Phoenician **walls** northeastern side

260 BC Hamilcar destroyed it.

Contested by GRK, Carthaginians & Romans, then Arabs, 827 on drive > Palermo: 12th C writer:

most beautiful women;

SITES: 2 hilltop castles

Pepoli Castle: (now hotel.) w/ Arab foundations, 1st: feudal stronghold, then, ceded > Crown; stupendous castle TOW view; punic grey stone walls,

Venus Castle, nearby Norman period, but on ancient TEMP of Venus (or Astarte) ruins: ritual prostitution (Rightttttt!); lush park, charming old stone ST, MED CHRs. both modified over Cs, but have MED FORTs character

Mother CHR, on Via Carvini, 14th C proto-Gothic reflecting Romanesque.

older TOW: at entry; CHR built on earlier structure.

CHR of Saint John Baptist:

MED, modified BUT still some ORIG style, especially EXT; ORIG: Orthodox chapel.

CHR of Saint Ursula, 15h C, w/ some MED Gothic elements, WAV

Cordici Civic MUS: GUD **DIRECS**: in Piazza Umberto ; Carthaginian ("Punic") collection remarkable; GRK & Roman: interesting



Pepoli Castle, Erice

TRAPANI: TRANS-IN:

Palermo (City CNTR) > Trapani:

Segesta Autolinee: buscenter.it/linee-regionali... (ITAL only) also lists all BUS stops (€9.60; 2h)

Tarantola BUS: **Palermo >< Segesta:** no SUN service

DP: Palermo's "Paolo Balsamo TRN STA (> Segesta) @ 8.30

DP: Palermo's "Politeama BUS STA (> Segesta) @ 8:40

RET: from Segesta > Palermo @ 11.50 (€11,50).

DT: Tarantola BUS: **Trapani >< Segesta:** no SUN service

DP: Trapani's "Piazza Ciaccio Montalto TRN STA" (> Segesta) @ 10.00, 12.00, & 14.00

RET: Segesta > Trapani: @ 13.05, & 16.05 (€ 6,60).

Interbus also runs BUS service from Palermo > Trapani

Palermo BUS STA (**NONE**): NO "proper" BUS STA; BUS DP from:

'**via Paolo Balsamo**' : **DIRECS**: just outside Palermo Centrale (CNTR TRN STA): Facing STA from SQ, via Paolo Balsamo on L on via Paolo Balsamo, SEE row of TIK agencies on right side of ST.

ACCM:

Many on internet

TRANS-OUT:

Segesta Autolinee: **Palermo >< Segesta** buscenter.it/linee-regionali... (ITAL only) also lists all BUS stops (€9.60; 2h)

Tarantola BUS: **Palermo >< Segesta:** no SUN service

RET: from Segesta > Palermo @ 11.50 (€11,50).

Trapani's BUS STA: @ Piazza Ciaccio Montalto: adjacent > TRN STA.

ARV IN Palermo: BUS stops: @ different stops depending on SCHD: **check 4 stops** 4 specific run by clicking on "[Palermo](#)" under "Arrivo" on SCHD screen. (Scott: supposedly of BUS company's online page???)

EXs:

some runs stop @: Università Orleans, P.za Cairolì interno Stazione FS, Viale Picciotti, 86.

Others stop @: Via Belgio, Via Croce Rossa, 127, Via Libertà, 169, Via Turati, 3 (Zona Politeama), P.za Cairolì interno Stazione FS, Viale Picciotti, 86

SITES:

Pepoli MUS

Few CHRs:

SEE BELOW ----

Trapani Salt Flats aka Nature Reserve Salt-pans of Trapani & Paceco

Trapani Salt Flats aka Nature Reserve Salt-panns of Trapani & Paceco

Always open > visitors; at Mulino Maria Stella on SP21 that runs from Trapani > Marsala.

STRAT: rent bike > tour (pre-book)

TRANS >: **Bike rental** (45 min > get there (7-8 km)

Open > public 4 guided tours, all yr RND, by appt, WED, FRI, & Saturday.

Entry Oasis: Provincial Rd 21 Trapani-Marsala, Visitor Centre Mulino Maria Stella

91027-Nubia Paceco (Tp) Phone: 0923/867700 E-mail: salineditrapani@wwf.it

pre-book advised, but only ITAL, but GUD tour & better than naught;

done by member of family who has owned fields 4 several generations

Trapani > Marsala coast: salt-panns: Lrg salt water pools, divided by narrow strips of land, irregular & multicoloured flats, 4 salt production, aka la Via del Sale (Salt Rd) w/ cycling path good bit of way): numerous Dutch-style windmills: pumping sea water & grinding salt; mts of salt covered w/ terracotta tiles; impres red-tinged sunset panorama

PROCESS: TRAD way: sweeping up salt after tide has gone out , THEN, ground down in ancient windmills;



HIST:1488, Ferdinand Catholic, King of Spain: ordered built: mill, pools etc.

salt-panns were probably started by **Phoenicians** (?) : set basins 4 salt collection, THEN, **Phoenicians**, BUT, THEN, no reliable info until **Norman** era: Idris, famous Arab geographer, reports; THEN, later, monopolized by **Frederick of Swabia**) , THEN, under **Spanish crown** : salt production reached peak / Trapani port most IMP in EUR 4 precious salt export., THEN, just B4 WW II ruthless competition, BUT THEN, after **Reserve established**: significant productive boost; "Trapani sea salt": on list of TRAD Sicilian agro-foodstuffs,

Migratory birds: stop, feed & rest before crossing dangerous Channel of Sicily, > in Africa; spring, 200 different species, amphibians & reptiles; **rare plant**: nowhere else: just coastal stretch btwn Marsala & Mount Cofano; **no trees inside Reserve** cuz slow wind & therefore evaporation process.

MUS of Salt at Nubia

Location: Via Chiusa - Nubia Paceco - 91027 Trapani ; **Info**: 0923 867061

Opening hours: MON – SUN from 9:30 till 19:00 ; www.museodelsale.it

MUS: 1) 300-yr-old salt-working house w/ windmill attached, used > grind salt; collects & preserves ancient extracting & salt gathering tools; white/black salt-workers craft photographs, father > son craft &; NOW, new technologies.

Btwn walls of stone, terracotta FLRs & antique also painted doors, you can admire ORIG findings: gears of mills, shovels, cogwheels, taps, pinion, Archimedes's coils.

THEN, EES > CNTR N Coast:

CEFALU:

Undiscovered MED jewel; picturesque grandeur epitome. seaside town in steep mt shadow; winding, narrow, MED ST; summit view inspiring.

Cefalù (accent on last syllable): MED town

LOC / HIST: built on site of an ancient Sicanian & GRK town; GRK word: cape; ancient city aka Cephaloedion

TRANS-IN: 1hr > Palermo; most (not all) TRNs stop here; 75 km E of Palermo

Palermo-Messina TRN RT: most (not all) TRNs stop here.

TRN: DP: (PAL Centrale TRN STA): DP: 0700 > ARV: 0754, **or**, DP: 1005 > ARV: 1053; 3/4h, 8½€

TRN STA: near town centre

DIRECS: northern coast,, forty-5 + min: express TRN,

ACCM:

HW, HB: no hostels, lots of “from \$25 ???”

TRANS-OUT:

Rome2Rio: Cefalu > Ternmini Imerese > Agrigento

Bassa (2:40h, hrly, \$12)

Trenitalia Intercity BUS

Trans Sites:

trenitalia.com.

SAIS :[SAIS SCHDs here](#). 1 of 3 BUS lines

Interbus. Check [Interbus SCHDs here](#). 2nd of 3

[AST BUS SCHDs here](#). 3rd of 3 BUS line

FOOD:

good v in town center & near shore

SITES:

Hike > TOP:

Lrg Ft ruins: strenuous climb > promontory above town, half hour; spect views, > old Ft ruins & fifth C BC. goddess Diana TEMP ruins

TEMP of Diana: TEMP of Diana,

Only remains: sm, on mt overlooking town; foundation (pseudo-trilithon);: OOoldest standing Sicily bldg,

Norman CATH,

ancient **Sicanian TEMP:** on rocky cliff overlooking town,

Castle ruins.

Town: narrow MED ST

Norman-Arab-Byz CATH,

design: based French everything else is Sicily

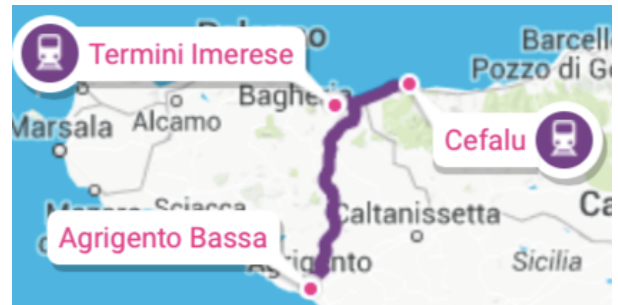
OOBest S EUR CHRs; nestled btwn Madonie Mts & sea,

??? ancient Sicanian-GRK TEMP..

Norman Ft

Crumbled long ago; mt top battlements from Norman rule, 11th -12th C; few restored outer wall are restorations; most are ORIG.

summit (hike): steep, mag view: town, CATH, mts & sea, is well worth climb. (Only Taormina's seaside view rivals), night views evoke MED grandeur.



Cefalù CATH: CATH closed: 1 > 4

1131, King Roger II; **CATH**, adjoining **abbey & cloister** (open: limited hours) bilt, 1150; typical Northern EUR FLR plan & artistic style (notably Saint Etienne),

CHR: some Gothic features, OO 1st Sicilian [cathedrals](#) on Western model -- long nave & distinct transept; more Norman than Byz or Arab influence, but apse's Christ icon indicates Eastern (Orthodox) TRAD

Mosaics (?): extensive like Monreale; early Gothic than Byz,
During War of Vespers, Charles Lame, son & heir of King of Naples, imprisoned in citadel by [Aragonese](#) following naval defeat; splendid views / fine cuisine, yet isolation here; Prince lived, crowned Charles II of Naples, but forced > renounce Sicily rights > House of Aragon.

TEMP of Diana:

Near mt top Ft ruins, probably Sicanian: portal: & GRK & Roman construct; cult of Hercules worshipped here

temple's foundations:, 9th C or earlier.

MED bldgs -several

in city.

MED wash house (lavatoio, lavandai) from freshwater springs,

Osteria Magna (Great Guesthouse), King Roger 's visit RES Cefalù.

MED ST

charming maze: pleasant, stay 4 morn or an entire day.

Mandalisca MUS: most MUS: closed: 1 > 4

Worth visit; art, ARCHgy & natural objects (sea shells) & [Antonello da Messina](#). Painting

Gibilmanna Sanctuary: Probably not: 15 km away

High in Madonie Mts nearby CHR itself is unremarkable but wooded area surrounding it is beautiful.

NO: Castelbuono, usually closed > public

AGRIGENTO: (OPT: make part of SE LOOP ???)

NOTE: Consider Selinunte visit -- UP Coast DT SEE NEXT SECTION

TRANS-IN:

Rome2Rio: Cefalu > Ternmini Imerese > Agrigento Bassa (2:40h, hrly, \$12)
Trenitalia Intercity BUS

Trans Sites:

trenitalia.com.

SAIS : [SAIS SCHDs here](#). 1 of 3 BUS lines

Interbus. Check [Interbus SCHDs here](#). 2nd of 3

[AST BUS SCHDs here](#). 3rd of 3 BUS line



ACCM: 1 day only SEE “Agrigento Hostels-HW.pdf”

HW has some hostels/dorms @ \$15-\$25 SEE Web pg

TRANS-OUT:

Local knowledge

SITES:

4 Visitors: worth 1 day only; VAL of TEMP's, ARCH MUS, quick glimpse; CATH & San Nicola; 4 real medievalist,

GRK TEMP's, theatres & ruins, & even ARCH MUS, are LOC outside city proper.

HIST:

plateau overlooking Sicily's southern coast; ORIG, Akragas, 582 BC (BCE): colonists from Gela, & immediate GRK descendants from Rhodes & Crete.

Pre-HIST:

½ mill BCE: female skull ("girl of Mandrascava") found near Cannatello,

6000 BC: Point Bianca Mesolithic VIL, farther down coast >> Montechiaro Castle, maybe descendants of Sicanians

Romans renamed *Agrigentum*, Arabs: *Girgenti* by Arabs, 1927 christened *Agrigento*

Berbers, 9th C Greatly enlarged MED city w/ ---

Romanesque Gothic CATH: 14th C, High in HIST area, some MED character

CHR of San Nicola (ST Nicholas). 13th C

Saracen Ft: apparently 'gone'

HIST:

Akragas, 4 nearby river, flourished under Phalaris (570-554 BC), further under Theron (488-471 BC), whose troops defeated Carthaginians in Battle of Himera in 480 BC,

Punic Wars: destroyed several times especially during 261BC Roman siege; always rebuilt

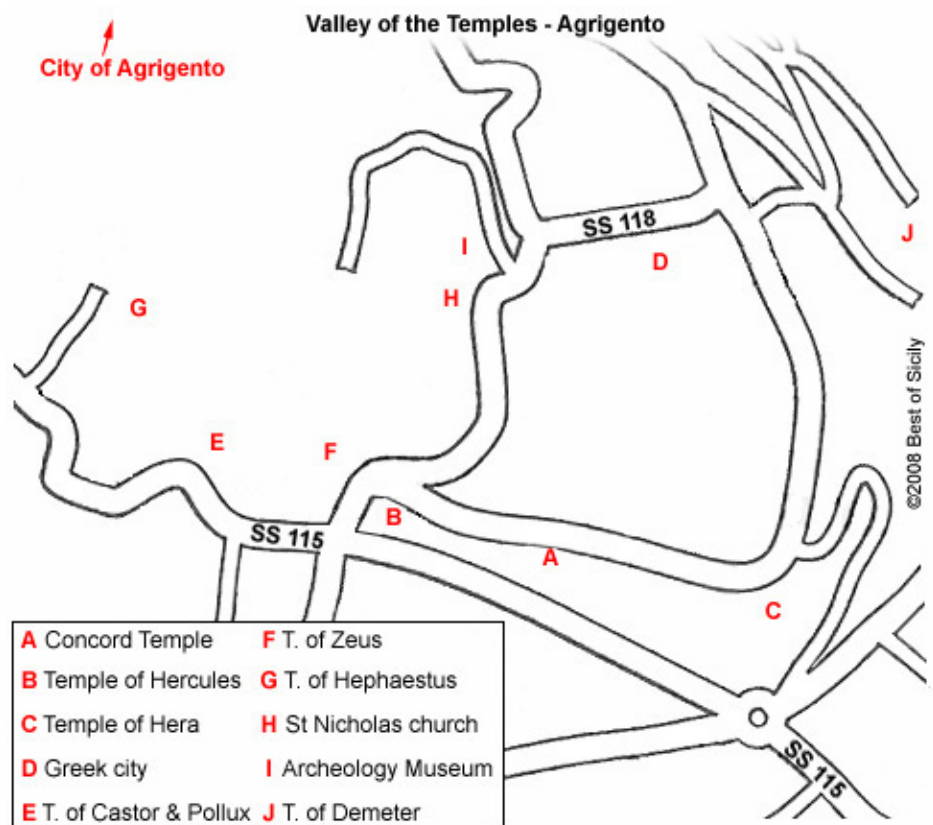
GRK poet Pindar (518-438 BC): " most beautiful city of mortals."

Most famous citizen: philosopher / scientist Empedocles (490-430 BC).

SITES: SEE "Sicily Agrigento- VAL of TEMPS Wiki.pdf"

VAL of TEMPs: lrg ARCH site, outside town w/ olive & almond.

- 1 of most outstanding EXs of Greater GRK art & ARCH, ancient city's ARCH: missing - thin, reddish bricks so typical of Roman sites like Solunto & Taormina.
- Ancient IMP declined w/ Byz & Saracens, deferring> MED/present-day Agrigento several km from VAL of TEMPs, BUT Normans, recognized IMP: built beautiful CHRs in & near
- Despite its location virtually in shadow of modern city, VAL of TEMPs is surrounded by olive groves & almond orchards that render its ambience altogether natural, but illegally-built houses
- **Agrigento TEMPs:** Most in ruins: pieces strewn about, & several appear not > even been completed Many TEMPs, necropoli, houses, ST & everything expected in ancient city.
- sm amphitheatre & several auditoria,.



Walk ---

(I) **ARCH MUS.** Fine

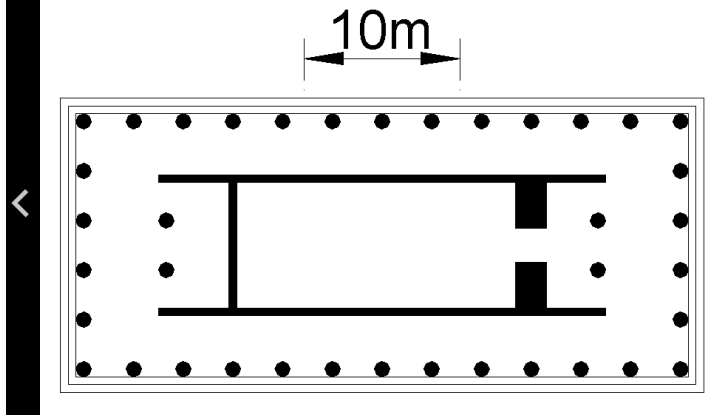
(H) **ST Nicholas CHR:** ???

(D) **GRK city:** ???

(J) Tomb of Demeter

(C) **TEMP of Hera** (Juno), 450 BC, part intact;

(I) **TEMP of Concord**: named 4 Latin inscription found nearby, 440 BC, better condition, night illuminated TEMP, into CHR, 6th C AD; **telamons** (atlas) (lrg segmented stone COLs in form of human figures) **Medusa's STAT**: on back of **Icarus's** wing next > TEMP of Concordia



Plan of the temple of Concordia.

[More details](#)



Agrigento's Temple of Concord

(B) **TEMP of Hercules**: dubious name, last yrs of 6th C BC.; 1st EX (later became common in Agrigento TEMPs) of pylons inserted btwn pronaos & cella, housing stair allowed inspections on roof ; 1 of most venerated deities in ancient Akragas; most ancient in VAL: destroyed by an earthquake; today of only eight COLs.



(F) **Tomb of Zeus**: 480 BC > celebrate city-state's victory over Carthage. It is characterized by use of lrg scale atlases

(E) **TOMB of Castor & Pollux**: only 4 COLs, now symbol of modern Agrigento.

(G) **TEMP of Hephaestus** ???

(?) **TEMP of Juno**: 5th C, burnt in 406 BC by [Carthaginians](#).re of 406 BC & restored in Roman times, w/ substitution of clay marble tiles



TEMP of Vulcan: 5th C BC., thought > have been 1 of most imposing constructions in VAL; it is now however OO most eroded.



(?) **TEMP of Asclepius**, LOC far from ancient town's walls-- in middle of San Gregorio plan; pilgrims seeking cures 4 illness. Its peculiarity: fake opisthodomus (rear RM of an ancient GRK TEMP or > inner shrine,) w/ 2 semi-COLs in EXT side of rear cella. Also extant are parts of entablature, w/ lion-like protomes, frieze & geison pediment.
sanctuary housed bronze STAT of [Apollo](#) by [Myron](#), gift > city by [Scipio](#)

Tomb of Theron, lrg [tuff](#) mon't of pyramidal shape; scholars suppose it was built > commemorate Romans killed in 2nd [Punic War](#).

(?) **Olympeion field:**

Panorama Remains of
1 reconstructed [atlas](#) in
Olympeion field



DIRECS: On other side
of rd running >> ancient
city's Golden Gate of : plain of huge *Olympeion* field.

... **includes:** **TEMP of Olympian Zeus**, **TEMP of Vulcan**, 1 [atlas](#) Remains in
Olympeion field.

ALSO ---

Roman villa ruins: LOC at ARCH site few km (???) up coast from Porto Empedocle.

PIAZZA ARMERINA (may have 2B CAT DT cuz DIFF TRANS) Interbus runs direct service btwn Catania & Piazza Armerina



TRANS-IN:

How > get > Piazza Armerina by BUS:

Agrigento > Piazza Armerina by BUS **requires transfer** in either Caltanissetta or Gela.

* **From Caltanissetta: much more frequent onward BUS >< Agrigento (60 kms.) onward**

From **Agrigento**, 1 of 4 SAL BUSES (none on SUN) Piazza Armerina: 99km (62 mi) E of **Agrigento**

BEST OPT: Agrigento (SAIS Trasporti) > Caltanissetta (Astra Autolinee) > Piazza Armerina

<http://www.saistrasporti.it/> (including on SUNs)

<http://www.astraautolinee.it/> (??? - NO SERVICE ON SUNs)

2nd OPT: **Agrigento > Gela:** (90 min) THEN, 4 1 of 2–4 daily Etna BUS > (?) Piazza Armerina

From Gela >< BUS Agrigento (78 kms.

? OPT: Rome2Rio: suggests: Agrigento (Autoservizi Salemi) > **Licata** (Interbus) > Piazza Armerina.Licata SCHED: www.autolineesal.it

ACCM: maybe CAT DT?

NO hostels; \$35-\$50 OPT, if necessary.

TRANS-OUT: ???

TADV: Agrigento > Ragusa (Feb 19, 2010)

1. BUS from Agrigento > Gela (daily except SUNs)

2. BUS OR TRN from Gela > Ragusa (daily)

Agrigento > Gela: (1h,); Gela TRN STA: very unattractive, THEN, AST BUS: Gela >

Ragusa (1½h) TRN: Gela > Ragusa (1-1.5 h)

Connection is @ Gela's TRN STA.

www.autolineesal.it (Agrigento > Licata or Gela)

www.aziendasicilianatrasporti.it (Gela > Ragusa)

www.ferroviedellostato.it (Licata or Gela > Ragusa)

Rome2Rio: BUS/TRN (4h17m, \$18)

Piazza Armerina (Interbus) (1h23m, 1/d) > Licata (Trenitalia) (1h 54m, 1/d) > TRN > Ragusa

Unable > use Interbus search form; won't accept info

SETTING:

700 mgr high plateau, 35 km > Enna & [Caltagirone](#).

HIST:

Founded: [Arab](#) era, HIST QRT: CHRs - [Baroque](#) CATH, well-preserved Spinelli Castle /Ft.,

SITES:

Roman Villa- "Villa del Casale": 330 - 360 AD,

most imp: Roman Villa, w/ mag mosaics, few km away, OO largest surviving Roman dwellings, probably wealthy patrician; owner debatable, BUT 3 possibles: Proculus Populonium, Sicily governor, 314 > 337; Caeionus Rufus Volusianus, aka Lampadius, influential/ wealthy man; & Sabucinius Pinianus, Roman birth.

Mosaics: 3500 SQ mgr on villa's FLRs, some surviving wall paintings; walls standing. Style: N African Roman motifs influence; artifacts: Piazza Armerina ARCH MUS.

Depict daily life, hunting, remarkable sociological & artistic value; 1) showing women clad in 2-piece swimsuits exercising w/ barbells, Bikini Girls (typical 20th C).

villa size & design; impres, ARCH style differs markedly from Pompei (So?); bldgs arranged in sections: impres entry, numerous rooms of various dimensions, some lrg.; water pipes remain -- near entry. Under villa: VIL remains, dated: 100-200 AD.



Mosaic Detail, Piazza Armerina

Sofiana VILL:

remains & perhaps more ancient, Proedium Philosophianum VILL: 6 km S of villa; w/baths, Roman & Byz CEMs & Paleo Christian CHR vestiges.

Norman Palio:

4 day AUG celebration of 11thC proactively ceded city > conquering Normans > avoid petty baron's rule, & so city governed itself answering directly > king ; city's 4 districts (contrade) - Canali, Casalotto, Castellina & Monte - compete in Palio events: hitting [Saracen](#)'s shield w/ flail mace, throwing lance at shield, throwing lance >> ring, catching ring w/ lance, also, MED arts demos & food.

RAGUSA / Noto: (GRK ruins Syracuse

TRANS-IN: **Get Local KNOW**

ACCM:

HB : more lower priced; **see Web pg**

Hw: B&B btwn \$20 - \$40, PRIVs;

TRANS-OUT:

TRN: (3/d, 1h33m, \$7)**Trenitalia**

BUS: (2h, \$4) AST (Azienda Siciliana Trasporti) <http://www.aziendasicilianatrasporti.it>

SETTING:

Ragusa, capital, 1h from Syracuse, population: 70K, off beaten path, THUS, more tranquil & "authentic" Sicilian; 2 towns in 1, 1926. **Lower Ragusa**, aka Ragusa Ibla, or "Ibla." = ancient city, rebuilt after 1693 earthquake **Upper Ragusa**, aka Ragusa Superiore, 1700s: main new city on ridge across from old city of Ibla after earthquake; most CHRs & main bldgs: Baroque & Neo-Classical Styles. Focus on Lower Ragusa -----

HIST:

Lower Ragusa:

- ORIG, ancient indigenous **Sikels** , aka "Hybla Heraea," thus 'Ibla'; rapidly Hellenized by GRK @ Syracuse, 5th C BC; 258 BC, Romans conquered & 'conduit 4 trade' IMP btwn INT & GRK coast colonies declined >> Byz & Arab periods.
- 1091, post- Norman conquest, Count Roger de Hauteville consolidated Ragusa & area & gave > son, Godfroi.
- 1296, Baron Manfred Chiaramonte took Ragusa, joined w/ Modica & Noto >= OO largest Sicily feudal holdings.

FOOD:

Modican Chocolate: aka: town of Modica, 5 C old recipe

SITES:

Basilica of ST. George:

ENTRY DIRECS: climbing spacious, elegant decorated curving stairs.

Majestic **dome** soars above town dominating Piazza del Duomo; **basilica**, 1738, ARCH Rosario Gagliardo's baroque masterpiece(also Noto).



DIRECS: Continuing past down Corso 25 Aprile

CHR of San Giuseppe, another baroque jewel

"Giardino Ibleo" or Ibla Gardens: spect views;

CHR of San Giorgio Vecchio: **DIRECS:** near park entry,

Post 1693 quake restoration, but still some ORIG 15th C Catalan-Gothic construction elements

CHR of San Domenico **DIRECS:** inside Gardens;

Note: bell-TOW w/ Maiolica ceramic tiles from Caltagirone.

CHR of Cappucini Vecchi, **DIRECS:** near park (?): several 16th C Sicilian artist Pietro Novelli. Paintings

DIRECS:: Cross > Upper Ragusa from Lower Ragusa

CHR of Santa Maria delle Scale (ST. Mary of Stairs)

DIRECS:: on Via XXIV Maggio (29 May ST).

18th C restoration: some Gagini SCULPs; 242-step **staircase** leading up > it.

CATH of Ragusa: lrg domed Baroque structure.

Archaeology MUS:

GUD ancient Bronze Age "Castelluccio Culture" >> Sikel, GRK & Roman periods: most noteworthy: Paleo-Christian CHR's fragments of mosaic FLRs & wall panels, 6th C BC GRK vases, various ancient GRK & Roman deities STATS.

Hyblaean Mts: May pass thru > Siracusa

area btwn Siracusa & Ragusa.

NOTO



TRANS-IN: Ragusa > Noto

TRN: (3/d, 1h33m, \$7) **Trenitalia**

BUS: (2h, \$4) AST (Azienda Siciliana Trasporti) <http://www.aziendasicilianatrasporti.it>

ACCM: SEE "Sicily Noto (HW) Ostello della Gioventu' Il Castello.pdf"

1 Hostel (HW): [Ostello della Gioventu' Il Castello](#),

9 Via Fratelli Bandiera, 1, Noto

1 InExp Hotel (HW): [La Rosa Nel Barocco](#)

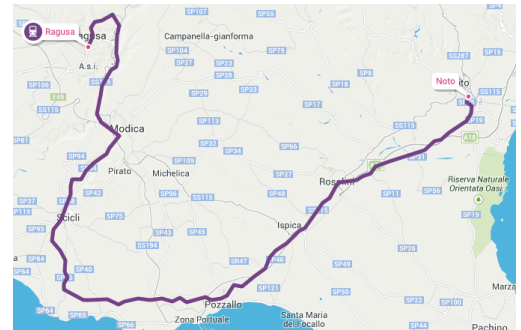
Via Giovanni Aurispa 56, Noto

Il Giardino Del Barocco Hotel

Via G.Aurispa 77, [Noto](#), [Italy](#)

Noto - Il Castello (HI/YHA)

Via Fratelli Bandiera 1, 096017 Noto



TRANS-OUT: > Siracusa

TRN: (?/d, 1/2h, \$3)

BUS: (every 3h, 50m, \$3)

SETTING:

Sicily's "Baroque City," ; 35 km SW of Syracuse;

Old Noto: completely destroyed, 1693 Earthquake (Catania & Syracuse also.)

NOW, Noto totally rebuilt almost entirely in Baroque style

HIST:

- Around Noto: > W, Bronze Age people, 2000-1500 BC (BCE), aka "Castelluccio Culture"; major finds; Syracuse's ARCH MUS, NOTE: excavation visits: daily: 9a > 1p.; some prehistoric VIL & necropolis ruins.
- **Pre-1693 quake-Noto**: in old town, now aka "**Noto Antica**" (aka antiquity: "Netium."); **DIRECS**: 13 km present Noto.
- Legend: plausible, Noto Antica founded by Sikels leader, [Ducetius](#), 500 BC,
- Earliest ruins, 800 BC.
- GRK colonization of Syracuse also absorbed Netium
- Arab period: Some IMP as Noto VAL administrative center
- OO last Saracen resistance bulwarks > Norman takeover
- Noto history generally = general flow of Sicilian history.

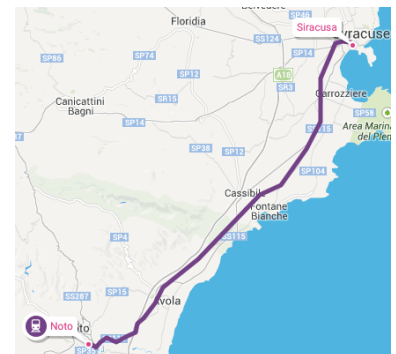
SITES:

town's gate, aka **Porta Reale**, 1838. **DIRECS**: At its eastern end

Corso Vittorio Emanuele ST:

Noto's grand main ST: GUD good view of city's ARCH.

CHR & convent of Holy Savior, 1703, neo-classical



CHR of San Francesco from 1745,

@ top of splendid L stairway curving up > entry.

"Museo Civico," or Civic MUS,

DIRECS: on 1st FLR of Holy Savior convent, at 134 Corso Vittorio Emanuele. Under restoration; pre-HIST objects, ancient GRK pottery&sanctuary's statuettes dedicated > Kore & Demeter gods..

Piazza Municipio, DIRECS: next plaza: Noto's main SQ

CATH of Noto.

Sadly, dome (cupola) earthquake-collapsed recently, yet 2B rebuilt.

Palazzo Vescovile (Bishop's Palace): **DIRECS:** next > CATH
Town Hall, aka Palazzo Ducezio, **DIRECS:** across SQ opposite

Palazzo Vescovile

-- elegant portico, Neo-Classical style, 1746 ARCH Vincenzo Sinatra.

Palazzo Alfano : **DIRECS:** on left side of CATH, ...

Palazzo Villadorta: **DIRECS:** next > it

4 Sicilian aristocrat in fanciful Baroque style, 18th C; decorated w/ superb wrought-iron balconies & series of fantastic statuettes of nymphs, lions, ogres & other mythical animals; --- similar > Villa Palagonia in Bagheria.

Piazza XVI Maggio DIRECS: Towards end of Corso, last lrg piazza,

CHR of San Domenico: elegant curving facade, 1727 by ARCH Gagliardi.

Villetta di Ercole: little villa w/ fountain w/ STAT of Hercules: this GRK STAT from Noto Antico ruins, but scholars disagree.

Vittorio Emmanuele Theater: 1842

DIRECS: here also. & dates from.

NEARBY:

Pre-1693 quake-Noto: in old town, now aka "**Noto Antica**" (aka antiquity: "Netium."); **DIRECS:** 13 km present Noto.



Noto's Cathedral

SIRACUSA:

TRANS-IN: Noto > Siracusa

TRN: (?/d, ½h, \$3)

BUS: (evry 3h, 50m, \$3)

ACCM:

HW: hostels mostly PRIV \$20-30; [SEE Web pg](#)



TRANS-OUT:

TRN EXs:

Sunday, February the 22nd 2015

updated yesterday

Train	From	To	Duration	
Trenitalia Intercity 722	Siracusa, 07:20	Catania Centrale, 08:40	01:20	8 €
Trenitalia Regionale 3870	Siracusa, 08:40	Catania Centrale, 09:57	01:17	7 €
Trenitalia Intercity 724	Siracusa, 10:25	Catania Centrale, 11:34	01:09	8 €

Monday, February the 23rd 2015

updated February 18, 2015

Train	From	To	Duration	
Trenitalia Regionale 3870	Siracusa, 08:40	Catania Centrale, 09:57	01:17	7 €
Trenitalia Regionale 3868	Siracusa, 06:32	Catania Centrale, 07:46	01:14	7 €
Trenitalia Regionale 8572	Siracusa, 13:00	Catania Centrale, 14:09	01:09	7 €
Trenitalia Regionale 12830	Siracusa, 14:25	Catania Centrale, 15:42	01:17	7 €
Trenitalia Regionale 3866	Siracusa, 05:13	Catania Centrale, 06:19	01:06	7 €

SITES:

TRANS: BUS: OK

- Archimedes, Plato & ST. Paul
- OOM IMP & beautiful ancient GRK cities & M IMP in GRK/Roman Sicily.
- ARCH park is extensive:
- Ortygia, old city, w/ its charming, narrow ST (closed > most traffic), SITES:
- CATH (ancient TEMP of Athena): orig COL/walls -- still visible INT.
- EUR's oldest mikveh: Carved limestone hypogeum / Judaic heritage (don't miss),
- "intellectual" alternative > tourist-filled Taormina: ambience

SITE STRAT:

Except > 1) Irg ARCH site & 2) Orsi MUS in "modern" city, MOST TIME: in Ortygia.
-- delightful narrow ST & restricted traffic, GUD 4 walking; culture vultures: genuine atmosphere of [Alla Giudecca](#) in Via Alagona above [mikveh](#) hypogeum. avoid "tourist menus" rest 4 charming trattorias, pizzerias & seafood REST on narrow ST away from largest squares.

SETTING:

ancient MED & EUR history window ; vast ARCH site @ modern city edge; rare treasure: TEMPs, amphitheatres, ancient castle; on Ionian coast,

HIST:

built on ancient GRK settlement founded by Corinthians in 734 BC (BCE), THEN, mixing w/ [Sicels](#) (Sikels) who displaced indigenous [Sicanians](#).

More than any other modern Sicily city, Syracuse manifests visible continuity from ancient GRK past - HIST/ mythological > present.

charming ancient & MED ST labyrinth; GRK, Byz & Judaic civilization CNTR, inherited physical EVID of from classical mythology, early Christianity & MED Judaism

Ortigia (or Ortygia = GRK 4 *quail* & *local abundance*) isle, older residential QRT;

MYTH: freshwater Spring of [Arethusa](#). When Artemis changed Arethusa into spring of water > escape river god Alpheus, it was here that transformed maiden emerged.

HIST IMP:

- 1) **Archimedes** [Archimedes](#),
- 2) [Aeschylus](#) [Aeschylus](#) (plays are still performed in huge amphitheatre) :
- 3) [Pindar](#). 4) **Plato** [Plato](#)": many yrs, aka 'GRK America', *Magna Graecia* & rivaled Athens, BUT, not 1st "GRK" settlement in Sicily.
- ONLY Athens, Carthage, Rome: -- coveted Syracuse power/prosperity during its Golden Age. IMP @ founding, flourished unhindered after victory over Carthaginians at Himera, 480 BC, THEN, **M IMP GRK** city in Sicily & Italy -- econ & political. In concert w/ Romans & Etruscans Siracusa: western EUR society, culture cornerstone; history of Hellenistic Sicily = Syracuse history.
- IMP > **Judaism & Christianity growth** in central MED: Italian peninsula > N & W;
- **415 BC**, in **Peloponnesian War**, Athens failed attack against E Sicily defeated by victorious Syracuse's = prosperity, discovered too late by Athens, Plato's 398 BC visit: Syracuse model 4 utopian society.
- **212 BC, Romans defeated Siracusa**, despite Archimedes' efforts, THEN, after Western Roman Empire's 5th C fall, sacked by Vandals & Goths; THEN, 535, Eastern Roman Empire's Byz GRK conquered (mid 17th C, Emperor Constans' capital; THEN, 9th C Arabs conquered, converting splendid [CATH](#) (earlier Irg GRK TEMP > Athena) > mosque, THEN, developing Bal'harm (Palermo) metropolis eclipsing Syracuse' population & prosperity.
- SO, **Syracuse's unchallenged 4 1000 yrs.**
-
- THEN, **Byz w/ Norman, Lombard & Norse** adventurers under [George Maniakes](#) , retook 4 few yrs about 1040, BUT THEN, INT Byz quarrels facilitated Arabs' return.
-
- THEN, **1085, Norman [Roger I](#)** & knights removed "Saracens", yet Arabs, retained administration, wealth, agriculture & technology IMP positions.

SITES: ancient structures MED treasures.

Ortygia, MED city's historic center:

GRK TEMP: largest standing, long ago converted > CATH.

DIRECS: via Ponte Nuovo, (New Bridge).

ubiquitous GRK & Roman structures

CATH of Siracusa CATH of Siracusa:

DIRECS: on edge of Ortygia,

Imposing, built around GRK structure --- TEMP of Athena (or Minerva): massive COLs

TEMP of Apollo (or Artemis), 565 BC:

oldest Sicily GRK TEMP, oldest Doric style GRK TEMP outside present-day GRK; only few COLs & walls in Piazza Pancali.

GRK TEMP, 5th C BC,

DIRECS: few blks away, in Piazza Duomo

built on much older Sikelian TEMP, became CATH: OO few surviving TEMP converted directly > CHR (many in Rome), (Other Sicily CHRs built on ancient TEMP sites, but none lrg still standing)

Spring of Arethusa,

DIRECS: Down by shore reached either from Foro Italico or Via Capodieci.

form of lrg fountain & pool,

Maniaces Castle:

DIRECS:, Further along coast

named 4 Byz general (George Maniakes) : conquered Ionian coast, 1030s; most of MED structure built 2 Cs later, THEN, extensively modified since.

ST Lucy CHR ST. Lucy, city's patron

DIRECS: in Piazza Santa Lucia, at end of Piazza Duomo

- saint martyred, 304 near CHR
- Byz era built, THEN, Normans restructured by Normans, 12th C, THEN, modified almost beyond recognition, 17th C; extensive catacombs beneath,
- NOTE: Caravaggio's *Burial of Saint Lucy* .-----

Teminite Hill, more spectacular of ancient landmarks

DIRECS: city periphery's ARCH park --- near Viale Teracati & Via G. Emanuele Rizzo.

Neapolis ARCH Park:

clear distinction btwn GRK & Roman structures.

Lrg GRK amphitheatre: semicircular & open, carved out of rock, well preserved) & also

Roman Amphitheater: oval & enclosed.

1, both well preserved,

charming surprises:

Altar of Geron II:

Ear of Dionysius: former limestone quarry.

Saint Venera Quarry, various necropoli, other caverns.

Quarries are not exclusive > Neapolis; several elsewhere in Syracuse: Capuchin Quarry.



Euryalus Castle, 401 BC,

DIRECS: eight km due W of city towards Belvedere locality

- ancient fortification w/ moats (now dry), immense walls; probably partly Archimedes designed: also distinguished military engineer, remarkable Ft in day & still mag after Byz expansion, impres today. 4 GRK: defense against Carthaginians, THEN, Romans (fell > Roman Marcellus cuz betrayal, not siege). 4 Byz: thwarted Saracen Arab threat; 309 BC, in Carthaginians held 3K foot soldiers & 4 hundred horsemen.
- TODAY, shadow of former self, but OO few extant GRK defensive ARCH EX anywhere.
- TOTAL DEF SYSTEM: castle centerpiece, walls: 27 km around OO largest GRK cities; Dionysius Elder: designed city 2B attack-safe, generally, successfully so.

Roman Gymnasium:

DIRECS: off Via Elorina near Porto Grande (Lrg Port).

1st C AD, INCLD: TEMP, theatre & court, but flooded cuz below sea level,

OTHER NEAR Siracusa SITES:

Megara Hyblaea: GRK town

DIRECS: on coast about 10 km N of Syracuse & S of Augusta,

TRANS: local TRN from Megara-Giannalena STA.

Orsi Reg ARCH MUS, OO Sicily's finest/modern - very GUD

DIRECS: on Villa Landolina grounds off Via Teocrito.

Megara & ancient Syracuse finds, exhibits treasures in their proper HIST context, superior > Palermo's ARCH MUS, though different.

Also, nearby, most extensive Paleo-Christian catacombs outside Rome.

Saint John Baptist CHR:

DIRECS: *Giudecca* (Jewish QRT)

Saint Paul : AD 59 Syracuse visit, probably preached in near

MED, now stands. Enhancing lustre of city's RELG heritage is recently-discovered

Mikveh: mikveh (Jewish ritual bath), 7th C:

DIRECS: few blks away in Via Alagona, dating from 7th C.

Syracusa's MED heritage: some notable sights

Bellomo Palace, 13thC:

DIRECS: on Via Capodieci,

.... castle-built, 15th C, restructured in Catalan Gothic style; Art Gallery: Antonello da Messina's *Assumption*, etc.

Palazzo Montalto, 1397:

DIRECS: near Piazza Archimede, so-called "Chiaramonte Gothic" style: arched windows, detailing foreshadows Palermo's Steri,

Fountain of Artemis, : attractive, but overrated

DIRECS: Piazza Archimede.

CATANIA:

TRANS-IN:

SEE **Siracusa** > **TRANS-OUT**



Local Area TRANS:

good TRN / BUS connections : > Etna, airport, nearby towns

DP: piazzas near TRN STA (several different BUS lines w/ offices off main SQ).

fairly frequent TRN DPs 4:

Taormina:

Messina:

Piazza Armerina: ?? .

ACCM:

HW: lots around \$20; SEE Web pg

TRANS-OUT:

ST David

Fontanarossa Airport is only about 20 min from Catania.

SITES:

HIST:

- early Bronze Age (2200-1400 BC): man's presence
- Since eighteenth C, Catania: 2nd most IMP Sicily city, replacing Messina, subject > Etna's fickle emotions: lava flows / earthquakes: particularly 1669 followed w/1693.
- Siculi founded, Chalcidians (GRKs) from Naxos colonized, 729 BC; Romans conquered, AD 263, eventually most prosperous Roman Sicily city.
- Middle Ages: still IMP port, but less than Messina; until 1169, when almost earthquake destroyed, then slowly rebuilt.

Ampitheater: sm 1

DIRECS: , off Via Vittorio Emanuele near Piazza San Francesco d'Assisi,
, built on earlier GRK theater. --- open > public; held 6,000 spectators.

Odeum, DIRECS: nearby , smallest theatre, held 1,300.

Roman amphitheatre (Anfiteatro), largest

DIRECS: closer > commercial center in Piazza Stesicoro* at intersection of Via Etnea & Corso Sicilia; Right on Piazza Stesicoro, along Via Etnea btwn University & Via Bellini; *piazza, incidentally, is named 4 Stesichorus, sixth C BC Catania GRK poet
completely Roman, 2nd C AD, now below grade; & **usually closed**, held 14,000 peeps: only sm part visible now: vast underground passages & alcoves network -- Roman Colosseum-like.
Demarcated area in square's centre seems sm – ORIG amphitheatre, 2nd or 3rd C: 16K.
Behind Capuchin CHR façade; On piazza's opposite side: Vincenzo Bellini STAT, 1882.

Ursino Castle,

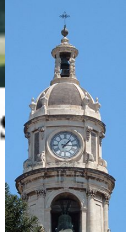
DIRECS: in Piazza Federico di Svevia, at end of Via Auteri btwn Via Plebiscito & Via Garibaldi,

- ORIG, coastal Ft BUT lava
- extended coastline. 1st ½ 13th C,

- Emperor Frederick II von Hohenstaufen, THEN, modernized like Messina, Taranto & Bari's; **NOW, public MUS..**



Catania's Ursino Castle



CATH (duomo): [Italian](#): *Duomo di Catania*, *Cattedrale di Sant'Agata*) dedicated > [Saint Agatha](#), is [Roman Catholic CATH](#)

HIST:

- extensively rebuilt on Baroque & neo-classical models; oldest part: 1092;
- royal entombments: 1) Frederick III of Aragon (r'd 1296-1337) , 2) Queen Constance, wife of Frederick IV's wife (r'd 1355-1377);
- during Aragonese period began > compete w/ Messina > B most IMP E Sicily city
- **18th C**: most L ST & majestic palaces built, coincident w/ Bourbon's Naples growth: striking ARCH similarity: both: continually volcano menaced; **DIFF**: Catanian gray volcanic stone; some visitors believe - ominous face.
- FAV SONS: Giovanni Verga (born at Vizzini) & Vincenzo Bellini; best known citizen: Saint Agatha, patroness, martyred here: mid-3rd C.
- 18th C reconstruction period: noble families built palazzi in Catania -- began social/economic Palermo rivalry > now;
- Catania: industrial, less chaotic, cleaner ST & SQs, Peeps more open, less pervasive organized crime, easier > do business;
- Palermo: administrative center.

2 lrg ST markets: particularly interesting, open Baroque squares.

- **Piazza Carlo Alberto** (shown here), largest, flanked by picturesque CHRs & monasteries.
- **Another** (???) , near CATH: vast fish mkt, now, expanded > sell everything.

Villa Bellini Park: great urban park of 19th C

DT /OVN: TAORMINA:

TRANS



DIRECT BUS (easiest vs TRN): Etna Trasporti, (hrly, but fewer @ noon & siesta; 1h10m, € 4.90 (1 way)

FROM: Via Libertà BUS STA: Taormina BUS stop: few min walk from center. DBL CHK [Interbus timetable](#) ; BUS STA: directly across lrg SQ in front of main TRN STA

TRN: Giardini TRN STA nearby

LOCAL TRANS:

funicular cableway connects old town > coastal Mazzaarò below.

ACCVM:

Several - internet

Hostel Taormina: Via Circonvallazione, 13 - 98039 Taormina (ME) - tel. +39 0942 625505 cell. + 39 3491026161; e-mail: taorminahostel@gmail.com - seguici su; town cntr

SITES:

MT-top town, Sicily's Mfamous resort, full of REST, beaches.

ARCH/HIST:

GRK **amphitheater**, w/ view of Mount Etna & coast

MED walls: enclose old town's stone ST (many PEDs)

Several **castles**:

Castelmola Hike: **SEE "Taormina - Castelmola Walk.pdf"**: (overlooking Taormina); Ignored by most visitors, worth visit.

SETTING:

- on plateau below Mount Tauro, 4 it is named; nineteenth C ENG aristocracy haunt, aka Sicilian Monte Carlo, w/o royalty, faintly similar > Monte Carlo, BUT very different; Sicily's most famous resort town; self-exiled D.H. Lawrence: [Lady Chatterly's Lover](#), OOM passionate/erotic love.
- Endlessly winding **MED ST & tiny passages**, ice cream bars, secluded gardens behind stone walls or on terraces or in public pleasant squares. evenings enchanting 4 strolling or coast views; NTM, [Mount Etna](#) rarer spectacles; lava flows on snow-covered slopes w/ stream of steam & light, eternal stone walls, ARCH monuments & MED homes.

SITES:

Palazzo Santo Stefano: Mag sea views: most famous overlooking

Greco-Roman amphitheatre: OO Sicily's largest, w/ Mount Etna & sea in background;

HIST:

- Settled by nearby [Naxos](#) GRK people, 395 BC, on Sicilian city; had fled Dionysius Elder tyranny, who eventually conquered Taormina, 392 BC; named Tauromenion, 358 BC, regionally politically IMP 4 2 Cs.
- Supported Pyrrhus, King of Epirus, against Syracuse in 278 BC: w/ ten thousand troops.
- Supported Rome in Punic Wars when Eunus (slave/Slave Revolt) took city, BUT Romans finally conquered & massacred thousands of slaves.
- Julius Caesar's time: flourished, only > suffer under Octavian, who punished city 4 support of Pompey by expelling most peeps giving homes > Roman soldiers ; Romans prospered; surviving Rome's Fall, but IMP diminished.

•
"Saracen" castle: **DIRECS**: atop Mount Tauro

built on an older Byz structure, later Norman enlarged.



Another Ft: on still higher ground in Castelmola district.

DIRECS: **On foot**, take steps ascend > sanctuary (or convent) of Madonna della Rocca: reached from ST behind & above CHR of Saint Joseph (San Giuseppe) off 1 of Taormina's main squares. Presumes: good condition -- **bring water**)

ON Mount Tauro,

several parts of Castelmola beyond main town & few remaining piece of "primary" castle.

area of sanctuary:

DIRECS: near newer "secondary" castle (built upon foundations of an ancient GRK acropolis), is visible from Taormina.

Conventual CHR: usually closed; In town itself,, Saint George CHR, main CHR: newer structure built on MED Byz foundations.

city walls: old city -- MED & ancient -- remain in tact in

GRK amphitheatre , 3rd C BC,

Roman expanded: enlarged stage, added partial roof (now destroyed); Reserved seating existed even in GRK times: 1 seat's inscription: name of Philistide, wife of Hieron II of Syracuse; Mount Etna view & sea beyond -- breathtaking; Summer performances alternate w/ Segesta's GRK amphitheatre.

Odeon (odeum): very sm Roman theatre,

DIRECS: near **CHR of Saint Catherine** (Santa Caterina), obscures it.

CHR of Saint Catherine (Santa Caterina),

Saint Pancras CHR,

DIRECS: On this site just beyond **Porta Messina** (Messina Gate) outside MED city walls, Zeus TEMP, 1 wall incorporated into CHR. (Saint Pancras: early Taormina's Christian community priest or bishop)

CATH of Syracuse. Another TEMP's-converted> Christianity CHRs EX

Area's ancient ST plan EVID & ancient villas: w/ Roman mosaic FLRs.

Palazzo Corvaia, fourteenth C, on Roman foundations.

ARCH MUS: GUD,

DIRECS:(near amphitheatre), yet, more IMP finds elsewhere.

Taormina's ST: retain MED flavour, as do CHRs & residences.

"Duomo" (not actually CATH), but this Norman-Arab CHR, built on earlier Paleo Christian structure, twelfth C.

Badia Vecchia (Old Abbey), fourteenth C.

- **MED Byz (Orthodox)** Theotokos ("Mother of God") **mosaic icon**: perfectly preserved, **DIRECS:** in archway passage under Clock TOW along Corso Umberto I leading into Piazza 9 Aprile.
- British presence: charming Anglican CHR, D.H. Lawrence (1885-1930) lived nearby, basing some stories on local events.

larger castle : **DIRECS:** in Castelmola district

overlooks city w/ spect view; not particularly well preserved.

NEARBY SITES:

Castelmola HIKE: (above Taorminia):

TRANS:

BUS: > Castelmola. OR, HIKE: take steps ascending > sanctuary (or convent) of Madonna della Rocca from streets behind & above Church of Saint Joseph (San Giuseppe) off one of Taormina's main SQs; steep, stiff hike, Water.

SITES:

Up on Mount Tauro: several parts of Castelmola beyond main town & few remaining pieces of "primary" castle: area of sanctuary: near newer "secondary" castle (built upon foundations of ancient Greek acropolis),-- visible from Taormina.-- usually closed. **In town**, main church, Saint George, newer structure built upon medieval Byzantine foundations.

Naxos, Sicily's oldest GRK city,

DIRECS: few km (?) from Taormina (in locality aka Giardini-Naxos) near Cape Schisò.

Little remains, except structural foundations & pavement stones of ancient ST; once flourishing city much larger than ancient Taormina, 1st GRK colony, 735 BC. by Chalcidians as Sicily's

DT /: Mt Etna DT: Caution: INVESTIGATE: but avoid MT Fuji experience;

- drive > top is pleasant w/ stunning views & lots of viewing points along way: grt visit, walk near non active craters, worthwhile,
- Active crater OPT: walk up > or pay cable cars up: TIK: @ bot @ cable cars, price: RT, €30 4 cable car + €30 4 4WD BUS > peak **or** hiking 4 free!
- Freezing: take jackets or rent it @ car STA.

DT: MESSINA:

TRANS-IN/OUT:

TRN: (hrly, 1¾h, \$18) Trenitalia Itercity or Intercity Night

TRN: Messina > CAT

DIRECS: from TRN STA: SEE "Sicily Messina LP Map.pdf"

SETTING/HIST:

Middle Ages, most IMP departure port 4 EUR knights on way > Crusades, ; major waypoint or stopover; Richard Lionheart & King Philip II of France, 1190 -- sacked Messina on that occasion.

HUH & WHY ????????

SITES:

- Bubonic plague was brought > EUR on ship that arrived in Messina
- Several earthquakes have destroyed parts of city over Cs.; most destructive was that of 1908.
- Allied bombardment of 1943 earned Messina nickname " City of Ghosts"

SITES:

Piazza Duomo, 98122 Messina

Bell TOW & Astronomical Clock (Orologio Astronomico);

- Extremely unique; [Bell TOW & Astronomical Clock \(Orologio Astronomico\)](#)
- **bell-TOW:** 60m/197ft, reconstructed using old designs, w/ OO greatest astronomical clocks, by Strasbourg firm: Ungerer (1933); every day at noon, figures are set in motion & show:
 - -- scenes from history of Messina, including: handing-over of legendary letter of protection from Madonna > Messina.Myth: she gave letter > Messinan diplomats in Nazareth, in she wrote: "We bless you & city".



DIRECS: in Messina CATH TOW @ **Piazza Duomo, 98122 Messina**

STRAT: IMP: be there 10 min before noon 4 full show last 15 min, but pretty repetitive.
; Get **directly in front**, but w/ shade , if possible

starting w/: lions roar, animals sounds; **Gilded figures:** rotate on giant cog wheels & strike hour; also chime on QRT-hour.; **Moon phases:** displayed on clock face

giant cuckoo clock; only w/ gilded lions roaring , roosters crowing;

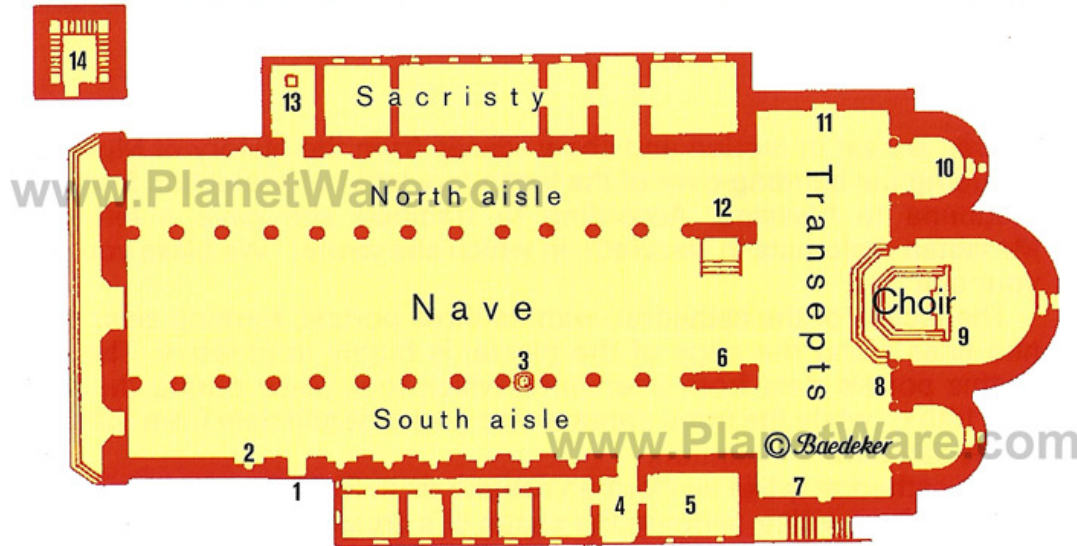
Arrive early: SEE CATH INT: quite interesting: painted ceiling; mosaic work over altar.

CATH: SEE "Sicily Messina CATH PLAN.pdf"

On Norman foundation, 1160 - 1197, BUT, during post-1908-earthquake reconstruction. 1919 -1929, great effort > recapture ORIG bldg form: refurbishing preserved ORIG parts: sculptured portals, 15th & 16th Cs; recreated parts: as close as possible > ORIG: campanile(Ital bell TOW).

CATH DESIGN: like all Norman-Sicily cathedrals: columned basilica w/ 3 aisles, forming shape of cross, w/ 3 apses & an open, **brightly-colored roof truss**. **INT:** monumental impression: **arcades**

w/ pointed arches; apse **mosaics** of enthroned Christ are reconstructions, as R apostle altars of side aisles.



Cathedral and Strait

Messina Cathedral

- 1 Doorway (design by Polidoro da Carravaggio; carried out by Domenico Vanello, 16th c.)
- 2 "John the Baptist", sculpture by Antonello Gagni (1525)
- 3 Pulpit (design by Polidoro da Carravaggio; carried out by Domenico Vanello, 1539)
- 4 Entrance and narthex
- 5 Cathedral Treasury
- 6 Tomb of five bishops (early 15 c.)
- 7 Organ; 5 manuals, 170 stops and 16,000 pipes
Tomb of 1195 and entrance to crypt
- 8 Tomb of Archbishop Guidotto De Tabiatis (Goro di Gregorio 1333)
- 9 Choirstalls (16th c. reconstruction)
- 10 Chapel of the sacrament with a 14th c. original mosaic (including the Madonna with child and the kneeling Queen Leonara)
- 11 Tomb of Archbishop Antonio La Lignamine by Giovanni Battista Mazzolo
- 12 Tomb of Archbishop Belloradio by Giovanni Battista Mazzolo (1513)
- 13 Baptistry, Doorway by Polidoro da Carravaggio, 16th c. font
- 14 Campanile with glockenspiel (1933)

TRANS-OUT: Catania > Haverfordwest, Wales:

OVN TRN: overnight train: Save hotel & ITIN day; 3 OPT: 1) free airplane-style seat; 2) couchette (bed in 6-person compartment: \$25; 3) sleeper (compartment bed w/ dbl bunk: \$80.

DP: > ARV: (1 stop, TOT: 4 1/3h) : ???

[Skyscanner](#) : 4 OPT: 3 w/ Vueling: 106-224, 1 GUD time,

[WhichAirline.com](#) many OPT; issue: long trip times

[Kayak](#) : 1 @ \$106 rest over \$645

[Flycheapo](#), doesn't include full flight SCHDs but can tell you budget airlines fly btwn any 2 points.

Wales:

HAVERFORDWEST:

TRANS-IN: see above from CAT Sicily

Catania, Sicily > Haverfordwest, Wales:

Rome2Rio:

AIR: Catania > Bristol: (3h20m) **TOT: 8h40m**

BUS: Bristol > Bristol TEMP Meads (TRN STA ???) (evry 20min, 1½h)

TRN: Bristol TEMP Meads > Cardiff CNTR: (hrly, 51min)

TRN: Cardiff CNTR > Haverfordwest: (very 2h, 2 ½ h)

OR

AIR: Catania (CTA) > Cardiff: (5 ¾h, 1 stop, MIN \$150) **TOT: 10hr**

TRN: Cardiff (CWL) > Bridgend (hrly, 1/2hr)

TRN: Bridgend > Haverfordwest: (very 2h, 2h12m)

OR

AIR: Catania > London Gatwick (LGW): (3h10min NS) mi \$100, TOT: 10½h

TRN: London Gatwick > Reading: (hrly, 1½ h)

TRN: Reading > Swansea: (hrly, 2½h)

TRN: Swansea > Haverfordwest: (very 2h, 1½h)

ALSO,

AIR: Cartania > Heathrow:

TRN: Heathrow (DP:12:35) > **Haverfordwest** (ARV: 18:08) (5½h) (L62-74)

(DP:14:35)

(ARV: 20:08)

(L74)

Heathrow > Fishguard (6h) (L72-74)

ACCM (Haverfordwest):

few @ \$50-60,

MISC:

Luggage Transfer Service: <http://www.luggagetransfers.co.uk/wales/luggage-transfer-service.html>
01326 567247 / 0800 043 7927 ;

SITES:

DT: Haverfordwest > Marloes Sands (Worth Haversfordwest night or St Davids night & DT by bus > Marloes ???)

BUS >< Marloes Sands

OR ---

Walk: :Maybe -add on:

Day 3: Marloes (from Musslewick Sands) > Broad Haven (**9.5 mi / mod, w/ short Stren section in Brandy Bay area.**

PRE-HIKE St Davids NIGHT:

TRANS-IN:

BUS: Haverfordwest > St Davids:

ACCM:

IN Town:

Pentigili
Pentigili
Carnhedryn,
St.

Davids ???

Email:

OUTSIDE

Town: SEE “

ST. Davids

YHA

**Hostel“ Web
page**

YHA Hostel:

+44 845 371

9141 ; **Email:**

stdavids@yha.org.uk 4 TIC # & TRAN, kit, RECEP: 8-10am, 1700-2100; CHK-IN: 1700-2100;
bring own food

DIRECS: How far from St David's walking

BUS #: ??? Head > ST Davids from Fishguard or Haverfordwest on A487.

Turn off just outside ST David's onto B4583 & follow signs > Whitesands Bay.

THEN, turn right by golf club & follow YHA signs.



1st Day Possible WALK ITINies:

1Aa) Or, Haversfordwest >> St Davids > St Davids YHA Hostel: BUS or short walk > Hostel (?)

1Ab1) THEN, next morn, walk > Porthgain (9.6mi, 5½h); B&B (?)

1Ab2) OR, walk > Trefine (Hostel) (11.1mi, 6+h)

NOTE: Porthgain > Trefine: (1.7mi)

1Ab) OVN: St Davids, THEN, BUS: St Davids > ST David's Head / White Sands Car PK

THEN, walk > Porthgain (9.6mi, 5½h) (Maybe late hiking start & more expensive > stay in St Davids)

1B) OVN: St Davids or St Davids YHA, BUS?walk > St Davids 4 BUS >: ST Davids > ST Justinian: 1st Celtic Castle BUS: 9:15

1Ab1) THEN, next morn, walk > Porthgain (12mi, 6+h); B&B (?)

NOTE: ST Justinian > White Sands Car Park: (2.2mi) added into 12mi above

1Ab2) OR, walk > Trefine (Hostel) (13.7mi, 7h)

NOTE: Porthgain > Trefine: (1.7mi)

Luggage Transfer PU?

Day 1: ST Davids (or ST Justinians) > Trefin

Dist 13.5 miles - **Mod** > **Stren** in ST David's Head area w/severe climb around Carn Penberry, THEN, , , **Mod** > **Trefin**.

Summary - **stren**, walk >> prehistoric age @ ST David's Head w/ **burial chambers**, warriors dyke & mountainous Celtic landscapes before reaching **Industrial Heritage** @ Aberiddey & Porthgain.

Burrows (sand !!!)

START: @ ST Justinian's "Space Age" looking Lifeboat STA on springy turf towards glorious remote sands of Whitesands Bay or 'Porth Mawr' (big bay) fabulously remote beach -- **Burrows**: high Sand Dunes & Marram Grass where ST Patrick L Wales > discover Ireland

THEN, > magical ST David's Head: mini wilderness of scattered boulders & heather clad slope, semi wild free-roaming horses

Carn Llidi:

THEN, , climb western face visible from ST **Davids** , 600ft, 1st of 3 2B passed today.

past **2 lonely prehistoric burial chambers**, & **wild ponies**.



can see Wicklow Hills, Ireland; beneath -- ST David's Peninsula; far ahead > Strumble Head Lighthouse.

----- **Coetan Arthur**, ancient single slab Neolithic burial chamber, huge 4 m capstone still in place.

Headland **impres cliff Ft**, 100AD w/ 2 ramparts clearly visible in front of huge stone bank known as Warriors Dyke, 70m long, 25 m L & in heyday over 4m high.; inside: hut circles from Iron Age settlement

@ very edge of headland grt place > spot passing porpoises or seals beached on rocks.

After **natural arch & waterfall** @ Porth y Dwft begin **long toiling ascent** up towering flank of final Coastal Peak @ Carn Penberry marking end of ST David's area & entry > old Industrial Coast of Pembrokeshire National Park.

@ Aberieddy / Blue Lagoon

Blue Lagoon: **surrounded by old Engine House workings** chasm-like flooded quarry breached by sea today; shimmering waters, shades of blue & green. TODAY: high diving events in> 100 ft.

1900s **Slate & Brick industry**: Slate: ORIG, exported w/ low keel boats driven up on> high tide beach; Quarryman's Houses, abandoned after devastating floods washed part of VIL away.



THEN, , away from **Aberieddy** on old horse drawn tramway >> area of eerie long lost mining bldg & embankments used 4 moving stone & slate.

THEN, , > Porthgain: Industrial past w/ thick harbour walls flanked by



towering remains of old Victorian era brickworks: huge hoppers, stores & chutes hang over inner harbour .

Today, peaceful, handful of fishing boats; old warehouses (now craft workshops, etc. & walker friendly [Sloop Inn](#).

DP: via huge conical **whitewashed TOW** : high on cliffs > guide in boats.



final section

THEN, , **pass: huge isle of Ynys Fach**: improbable brick shaped slab w/ 2 storey seacave hole;

THEN, , appealing **cliffside waterfall**

THEN, , descent >> fields > inlet below: [Trefin](#) (pronounced Treveen) w/ **cliff side stone circle** (MOD VIL created: local farmers!).

On shore: cross old mill race & explore roofless ruins of Trefin Water Mill w/ huge pair of millstones - poignant final reminder of 500 yr old industry

2A) WALK Porthgain > (11.4mi, 6½h)

NOTE: Stumble Head is (2.8mi) Pwll Deri Hostel:

Day 2a: Trefin > Pwll Deri YHA (Stumble Head): (youth hostel is ½ way) 12.5 miles
Summary - Mod > stren throughout w/ Coastal Scenery, classic ridge climb > huge cliffs @ Pwll Deri Youth Hostel

Issues - long walk >> most remote area of PemCP w/ only: **very basic Youth Hostel** (half way)
Pwll Deri Youth Hostel ??? but no other ACCM or facilities,.
strong walkers: **figure long 6-8hr day.** , bring food

NOTE: suggests BUS & hike strategy

RT Description:

From Trefin: high level coastal cliff rollercoaster - headland > cove, etc. > last habitation (?) @ Abercastle: tiny fishing hamlet, Welsh aka: "Bay of Boats".

Down cliffs divert >: best **preserved Cromlech (Burial Chamber)** in area @ Carreg Sampson w/ huge capstone - 18ft , still sitting on 6 uprights after 5000 yrs. rounding harbor: little fishing boats, below tiny cottages & jumbled old lime kilns. **Note:** upended cannons pair planted as bollards: hint of feared old pirate/smugglers outpost .

THEN, , **all wild walking now past " Bay of Pig" & Castle Coch Ft earthworks**
> twin bays @ **Abermawr & Aberbach** .

steep descent on ancient rutted trackway >> **rare coastal woodlands** > 1st beach w/ huge pebble backed shingle bar -- no house in site.

THEN, , @ Pwllcrochan w/ mountainous peaks rising ahead, FIND:

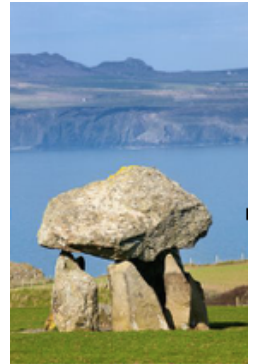
steep diversion in> deep canyon known as "cauldron pool": **racing waterfall** cascades on> beach w/ secret bathing spot (4 brave; NO! 4 me) amazing triangular wall of folded rock strata.

THEN, , **deep ravines / steep climbs** & tumbling streams cutting btwn volcanic rock outcrops & cairns up > exposed, treeless ridge over **Penbwchdy (Goats Nose)** headland.

THEN, , savour classic mile long ridge climb: exhilarating high cliff walk in clouds w/ **OObest PemCP views.**

THEN, , **below Pwll Deri: formidable**, breathtakingly immense cliff bowl: sheer walls: 400ft.

As reach top memorial > Dewi Emrys Welsh Poet, simply states "These... thoughts will come > when sit @ Pwll Deri."



Pwll Deri Youth Hostel (take food)

Solitary, precarious, whilst Gawn Fawr stretches above 300ft

DAY 3A) WALK Pwll Deri YH > Goodwick (9.2mi, 5½h)

> Fishguard * (mi, h)

TRANS:

NOTE: 413 BUS : Fishguard >< ST David's
Stumble Shuttle: Fishguard >< ST David's (via coast)
* 412 BUS: p14: Fishguard > Haverfordwest
411 BUS : ST David's > Haverfordwest

ACCM:

Closest > Goodwick - Fishguard Harbour TRN STA)

Hamilton Backpackers Hostel/Lodge: Quentin Maclaurin 23 Hamilton S, Fishguard, SA65 9HL

Mob: 07505 562939, **Tel:** 01348 874797, 07505 562939; hamiltonbackpackers@yahoo.co.uk

Newport YHA, Lower ST Mary's ST

Newport, Pembrokeshire SA42 0TS +44 845 371 9543 newport@yha.org.uk

Stumble Head > Goodwick (6 mi) / Fishguard (SUM: THEN, , After remote isle lighthouse @

Strumble Head DOWN > hidden valleys section > Goodwick.

THEN, , down past huge **Elephant Head rock @ Dinas Mawr “ grt Ft”** : another Iron Age Ft w/ bright yellow gorse & pink thrift.

Strumble Head lighthouse: squat, white; eventually can see @ dist guarding trio of hump backed offshore isles

-- pick way over little crags of volcanic rock & marshy valleys > reach lighthouse; remote area w/ rare breeding Coughs, seals & basking sharks (sometimes), **NOTE:** wrong time: - wild savage spot.



THEN, beyond **Strumble @ Carrage Wastad (Flat Topped Rock)**

Point: Memorial commemorating last invasion of Britain.

HIST POINT: took place @ cliffs, 1797, OO worst invasion plans in wrld HIST in form of Colonel Tate, Anglo Amer heading French Revolutionary Invasion Force, ironically aa 'Legion Noire'; 1400 peeps: ½ +: disinterested convicts & conscripts who , blown off course, thus, even less happy @ landing in “godforsaken” spot; “loose plan”: group wud link up w/ Welsh rebels & create chaos & anarchy in UK – BUT, found little of either; “army” looted few isolated farms on headland --- all stocked full of liquor “liberated” from recent shipwrec -- & got drunk & disorganised; several hundred of “invaders” deserted @ 1st opportunity. THEN, local farm workers force armed w/ little more than sticks rounded up rest who already in mass retreat having mistaken distant group of Welsh Women in tall hats > be crack force of advancing troops. Now wet, cold & sobered up, hapless French invaders hurriedly surrendered on beach & Britain saved (!)

*** Commemorated in **nearby Fishguard** local heroine, Jemima Nichols -- local farmers wife who single handedly captured 12 of hapless soldiers armed only w/ her pitchfork.

THEN, , descent > **Cwm Falin:** thick wooded VAL w/ stream, shady spot w/ seemingly out-of-place songbirds, woodland flowers.

THEN, , beyond final headland SEE Fishguard Bay w/ huge Ireland Ferries;

THEN, , descent on ancient green trackway: **JUST Completed:**
longest & most difficult PemCP



Maybe -add on Day 4: – Goodwick / Fishguard > Newport

Dist - 14 miles from Goodwick or 12 miles from Fishguard.

BUT, do hike & return > Goodwick 4 TRN next day

Newport, Pembrokeshire > Holyhead: TRN: 7:19am > 4:16pm; 9h

BUS: 10:36am > 7:12pm; 8½h

Day 4: POSSIBLE – Goodwick / Fishguard > Newport

Dist - 14 miles from Goodwick or 12 miles from Fishguard.

Summary - Mod:--most of day, but w/ more stren climb > Dinas Head. section **remote w/ few facilities** however so be well prepared.

--- twisting run of high cliffs cut periodically by steep valleys & hidden shingle bar coves before reaching circle of Dinas Head & “classic” PemCP Headland Walk.

PemCP **links neighbouring towns of Goodwick & Fishguard** using “**Marine Walk**” skirts beach & low cliffs along back of bay before diving in> some switchback descents >> thick woodland.

THEN, There inspiring views > huge whale like expanse of Dinas Head before reach back of pretty quay @ **Lower Fishguard** w/ multitude of little boats bobbing in narrow cove.

THEN, having crossed **old stone rd bridge** return > open ocean @ **Castle Point** w/ **impres ruined Ft** still sporting set of 3 cannons standing guard over harbour entry; since 1781 > protect town against pirate raiders after TOWN held 4 ransom by Amer born buccaneer: BLK Prince. Fishguard forced > pay him off after he threatened > subject town > all day bombardment from sea.

THEN, Diving in & out of bracken slopes & hawthorn tunnels pass above **Needle Rock huge oval stack** looking like top of long submerged stone needle, base punctured by **huge natural sea arch** giving needle eye. only habitation on section **caravan park @ Penrhyn** – normally scourge of coastal environment -- actually hugely impres clinging > top of narrow promontory, caravans literally teetering above abyss below.

avenue of ancient woodland accompanies > sea level > cross idyllic cove of Aber Bach where **wooden footbridge** takes over sm lagoon formed by shingle ridge bank. It’s isolated place pinned in by narrow corridor of cliffs from wider ocean.

Snaking climbs & descents take > **Pwll Gwylog**, beautiful little horseshoe bay receives tumbling mt stream, time in> L **amphitheatre of huge cliffs wild & windswept** as horizontal growing trees demonstrate – see them > believe me! oval shaped hump of Dinas Isle, now no longer cut off from mainland, stretches out like angry fist from beyond ruined limekiln @ Pwllgwaelod beach & challenge on horizon.

@ **Pwllgwaelod** will find defiant & very welcome **Old Sailors Restaurant** @ back of bay holds nothing but handful of fishing boats.



Past days gone by guiding lights placed after dark in windows here 4 ships > navigate by & avoid destruction on Dinas Head.

ideal lunch stop w/ end of wrld views.

@ inland end Dinas Head Isle severed from both sides by Cwm Dewi, deep glacial meltwater channel scythes across headland & now provides deep lush VAL & haven 4 butterflies, song birds, Falcons, grass snakes, lrg population of Dinas Rabbits & other assorted wildlife shelter here from ravaged headland. can see R across "isle" @ Dewi & could shortcut in 20 min but 4 PemCP walker there

only 1 way on, > start switchback climb heading 4 heavens & heights of Dinas Head .

It's all big skies, big slopes & big views as wind >> heather, bracken & gorse & couple of disheartening false summits before finally reaching trig point @ Pen y Fan on tip of Dinas Isle @ around 460ft. IF winds let linger @ top can see R back > Strumble Head & onwards > very end of PemCP @ mighty Cemaes Head. Inland **mysterious & menacing Preseli Hills** loom above whilst far below ft look out > sea 4 pods of dolphins can sweep past extremity. Like **hanging on> bow of Titanic** it's breathtaking spot just opens up > rest of wrld.



It's quick & welcome descent on northern flank of Dinas Head w/ nimble traverse down middle of huge bracken covered ski slopes. @ times it's **rather daunting trail clinging above huge drops below > ocean**. **2nd Needle Rock** emerges, time ledges writhing w/ squawking Shags, Razorbills & Fulmars circle isolated stack outcrop in constant battles 4 best spot > nest. **Finally** sudden drop >> lush woodland of hazel, hawthorn & stunted oaks & ash, reveals beautiful beach & **hamlet @ Cwm-yr-**

Eglwys on other side of Dewi Meltwater VAL.

Translating as " **VAL of CHR**", sitting here above perfect little beach stark & iconic single W wall & lonely bell TOW of **12th C Sailors Chapel of ST Brynach**. , along w/ part of graveyard all grt storm of 1859 L standing after week long battering saw 114 shipwrecks & loss of over 500 lives across Welsh Coastline. lush vegetation & solitary Pines seem positively MED after Dinas Head, opposite from ferocity of storm destroyed CHR & swept away graveyard.



next section splendid cliff top march in> **Newport** broken only @ **twin inlets** of Aberfforest & AberRhigion where steep little wooded valleys tumble in> ocean. Tranquil little freshwater lagoons protected here by hefty shingle bars crossed on little wooden footbridges & complete idyllic hidden cove scene.

ragged cliffs con't until turn corner in> estuary @ Newport & drop >> boathouses & little cottages > reach Pargog (Beach) @ head of estuary where River Nyfer snakes way past Newport > sea.

There fine views across ' Bennet', golden sand



bar guides rushing waters of Nyfer in> ocean. [final diversion inland below Preseli Hills > reach Newport](#) now follows salt marshes of estuary >> thick woodland > **old Iron Bridge crossing**. On way, long abandoned boats lie in snaking seawater inlets & sheltered marshy pools - haven of wildlife & waders.

[Information on Facilities & Overnight Stops @ Newport @ entry > Preseli Hills on PemCP.](#)



POSSIBLE Pre-Hike DT:

Marloes BCH/ Braunton Sands (What/, where is this?):

Haverfordwest or ST David's > Marloes

Puffin Shuttle: ST David's (1st: 8:45) > Marloes (via coast)

411 BUS: Haverfordwest > ST Davids

Celtic Coaster: ST Davids Peninsula

315 BUS: Haverfordwest > Marloes

CP Mileage:

Marloes Sands > W Dale BCH (2.1mi)

START:: @ Milford Haven: > Marloes Sands

TRANS: #315 : Milford Haven >< Marloes

THEN, , **Marloes Sands,**

protected from hordes & modern wrld by lack of rd access.

most magical & surreal PemCP beach & OOfinest in UK:
broad golden sands, punctured by mysterious lunar landscape
of huge towering rock pinnacles, dark sea caves & fractured
stacks: impres 3 Chimneys, 140ft H mudstone & sandstone
strata pillars. >N: hog backed Gateholm Isle severed from
Raggle Rocks mainland by "Horses Neck" w/ only few daily tidal
hours access.



Gateholm Isle: IMP dark ages settlement; over 100 hut circles still visible on inaccessible flanks.



Coastal Bus Network:

Poppit Rocket	Cardigan - Fishguard - SLF
Strumble Shuttle	Fishguard - St Davids - SLF
Celtic Coaster	St Davids Peninsula &
Puffin Shuttle	St Davids - Marloes - SLF
315	Marloes to Milford Haven - SLF
Coastal Cruiser	Pembroke Peninsula - SLF
349 (SLF)	Haverfordwest - Pembroke - Tenby
351	Tenby - Saundersfoot - Amroth

Feeder Routes:

356 (SLF)	Milford Haven - Pembroke &
412 (SLF)	Cardigan - Haverfordwest &
411/413 (SLF)	Fishguard - St Davids - Haverfordwest
311	Haverfordwest - Broad Haven
381 (SLF)	Haverfordwest - Narberth - Tenby
430	Narberth - Cardigan
(SLF): Super Low Floor	

@ hike's end of Newport > Goodwick / Fishguard hike, return > Goodwick / Fishguard: (14 mi > Goodwick or 12mi > Fishguard) **4 TRN next day's TRN**

BAG TRANSFER:

Have bag Transferred > either Goodwick or Fishguard

TRANS:

Newport, Pembrokeshire > Holyhead: TRN: 7:19am > 4:16pm; 9h
BUS: 10:36am > 7:12pm; 8½h

ACCM:

Closest > Goodwick - Fishguard Harbour TRN STA)

Hamilton Backpackers Hostel: Mob: 07505 562939, Tel: 01348 874797

Email: hamiltonbackpackers@yahoo.co.uk

Newport: YHA Newport, Lower ST Mary's ST, Newport, +44 845 371 9543_
newport@yha.org.uk

TRANS: Goodwick-Fishguard Harbour STA (FGW) > Holyhead, Anglesey:

Fishguard > Holyhead TRN: 01:53am > 12:22pm, 2 changes; L22

06:50am > 15:08pm, 2 changes; L29

BUS: **NO!** 4 changes; 7 ½ h; \$56

Holyhead, Anglesey:

TRANS-IN: Fishguard > Holyhead

Fishguard > Holyhead TRN: 01:53am > 12:22pm, 2 changes; L22
06:50am > 15:08pm, 2 changes; L29

TRN:

??? Request stop stations @ VAL (1 mile / 1.6km from Path), Rhosneigr (1 mile / 1.6km), Ty Croes (2 miles / 3km) Bodorgan (2 miles / 3km) & Llanfairpwll (1 mile / 1.6km). None of these very far from coastal path, & can provide easy means of getting back > start point if considering circuit on S-W coast.

National Rail: All UK TRN times,fares etc: “unified telephone enquiry service”:

in UK: call 08457 48 49 50 or +44(0)20 7278 5240;

Outside UK: www.nationalrail.co.uk **ACCM** - Holyhead

HIKE #12 Holyhead > Trearddur Bay (Loop hike) 2

TRANS: BUS: Back > Holyhead

ACCM: Holleyhead

RT #12 & MAP: SEE: “Sec 12 RT Trearddur>Holyhead.pdf” &
“ Sec 12 MAP Trearddur>Holyhead.pdf”

(ALT HIKE from different source ???) WALK 9 – Isle of Anglesey Coastal Path – Treaddur Bay
> 4 Mile Bridge or circular back > Trearddur Bay **Old version , may need > reverse/modify)**

Dist 8.75 miles (OR 10 Mile circular) 14 km-15km ****MODERATE**

Back > map

START: promenade around bay of Trearddur. Pass Waterfront Restaurant & turn left along lane, past slipway & Trearddur Bay Hotel

S Stack lighthouse: At entrance to South Stack lighthouse bear right up pitched path

TRANS (next day) > Porth Trwyn

HIKE #2 Porth Trwyn (Llanfaethlu) > Cemaes: 3

* **ALT:** start @ ChurchBay/Prth Swtan, > N

ACCM: Cemas ???

RT#2 & MAP: SEE: “Sec 2 RT Porth Trwy>Cemaes.pdf” &
“ Sec 2 MAP Porth Trwy>Cemaes.pdf”

START: On Porth Trwyn bay, walk up drive past white house & turn left along lane. After about 125 metres go straight on up path (rd curves right). Cross an access track & >> kissing gate into National Trust land.

..... descend onto beach at Ynys y Fydlyn.....around walled enclosure to crossing of outlet of Cemlyn lagoon. Proceed along shingle bank. Around one hour either side of high tide you won't be able to cross this outlet so carry on along lane out of car park,Turn left & walk along promenade around Bay to come into Cemaes

HIKE #3 Cemaes > Amlwch Port

4

* Or, little farther > Port Eilian, but smaller & Maybe less TRANS

much

TRANS: Pentraeth or Beaumaris

ACCM: Pentraeth or Beaumaris

----- If necessary, early morn TRANS > Pentaeth or Lladdona

RT#3 & MAP: SEE: "Sec 3 RT Cemaes>Amlwch-Port.pdf" & "Sec 3 MAP Cemaes>Amlwch-Port.pdf"

START: Walk along Bridge Street, over bridge & opposite Gwelfor turning, bear left down to car park.

.... Dropping down, descend flight of steps to reach Porth Llanlleiana. Steeper option ???...

.... Otherwise bear right onto grass path, over small bridge to come out next to slipway at rear of Amlwch Port.

HIKE #6 Pentraeth > Beaumaris

5

* CUD start little closer in @ even

Lladdona or

TRANS: Beaumaris & TRANS > Pentaeth or Lladdona in morn.

ACCM: Beaumaris

RT#6 & MAP: SEE: "Sec 6 RT Pentraeth>Beaumaris.pdf" & "Sec 6 MAP Pentraeth>Beaumaris.pdf"

XX

TRANS-OUT: Beaumaris > Bangor

BUS: Beaumaris > Bangor: (every ½h,) NOTE: No TRNs from Beaumaris

Gor. Trên/Rail Stn (Safle/Stop S) : ??? Bangor (Gwynedd) railway STA (SEE "Bangor TRN STA MAP.pdf")

Bangor BUS STA BUS STA LOC on 3 ST in city of [Bangor](#), [Gwynedd](#). STA underneath City Clock & near City's CATH & includes drop off area 4 passengers on Tan-y-fynwent, 7 stands on Ffordd Garth Uchaf, & long term BUS park on Deiniol Rd.

TRN:

My TRN TIK : <http://www.affiliates.thetrainline.com/buytickets/combinedmatrix.aspx?Command=TimeTable#Journey/BNG/FTW/13/06/15/3/30/Dep/////Dep/1/0/0;0;0>

DP: BNG: 4:57 ... ARV: FTW: 16:11 (11h14m, 158

Bangor (Gwynedd) (BNG) > Glasgow (GLC):

DP:	BNG	BNG	BNG
	06:01	07:20	08:20
ARV:	GLC	GLC	GLC
	10:59	12:29	13:17
DUR:	5h	5¾h	5h
Changes:	2	2	2
Cost:	L121	L121	L121

Glasgow (GLC) > Ft William (FTW):

DP:	GLC	GLC
	08:06	08:07
ARV:	FTW	FTW
	12:08	12:08
DUR:	4+h	4+h
Changes:	1	1
Cost:	L28	L28

Scotland:

TRANS-IN:

Beaumaris > Glasgow: t BUS: Beaumaris > Bangor
TRN: Bangor > Glasgow -

Bangor (Gwynedd) (BNG) > Glasgow (GLC):

DP:	BNG	BNG	BNG
	06:01	07:20	08:20
ARV:	GLC	GLC	GLC
	10:59	12:29	13:17
DUR:	5h	5 ³ / ₄ h	5h
Changes:	2	2	2
Cost:	L121	L121	L121

ACCM:

TRANS-OUT: Glasgow > Ft William -

Glasgow > Ft William TRN: t

TRN: Glasgow (GLC) > Ft William (FTW):

DP:	GLC	GLC
	08:06	08:07
ARV:	FTW	FTW
	12:08	12:08
DUR:	4+h	4+h
Changes:	1	1
Cost:	L28	L28

TRANS-IN: 2 main line railway stations:

CNTR STA (officially aka **Glasgow CNTR**): S Scotland TRNs, city's southern suburbs & all long dist TRNs from [England](#)

Queen ST STA: while shuttle TRNs from Edinburgh, anywhere N of Glasgow

- Both stations divided in>: 1) "High Level" (4 main line inter-city services) & 2) subterranean "Low Level" (4 local suburban services) - distinction mentioned in timetables.
- [Inverness](#) (via Perth): Every 2 hours in> Queen ST (High Level) throughout day

Great Glenn (GRT GLEN) ITIN:

Hike: 3-5 days cuz maybe bike component

TRANS:

1) Nevis Bikes: **SEE " SCOT FT WILL Nevis Bike Hire PAGE.pdf"**

[Glasgow](#) - Inverness: 174 miles

Inverness - [Ft William](#): 65 miles

2) Inverness-Ft William-Oban Citylink bus service

TREK: SEE all pdfs below

Stage 1/ Ft William to Gairlochy(BB)

(Walkhighlands) (17km/10.5 4 - 4.5 40m), Initially follows paths & rds >> suburbs of Ft William before joining canal towpath (track) to Gairlochy; level.; PUB TRANS: Ft William: well-served- TRN & BUS.

Scot Stage 2/ Gairlochy to Laggan(H)

(Walkhighlands) (19km,11.75mi, 4.5-5h, 85m) Good footpaths, then minor rd & finally long section of forest track; fairly level.; PUB TRANS: none

Scot Stage 3/ Laggan to Ft Augustus(H)

(Walkhighlands)(17km/10.5mi, 4-4.5h, 10m) Easy canal tow-path plus well-marked path on south side of Loch Oich; PUB TRANS: Laggan Locks: passed by Citylink buses btwn Ft William & Inverness

Scot Stage 4 High Route/ Ft Augustus to Invermoriston(?)

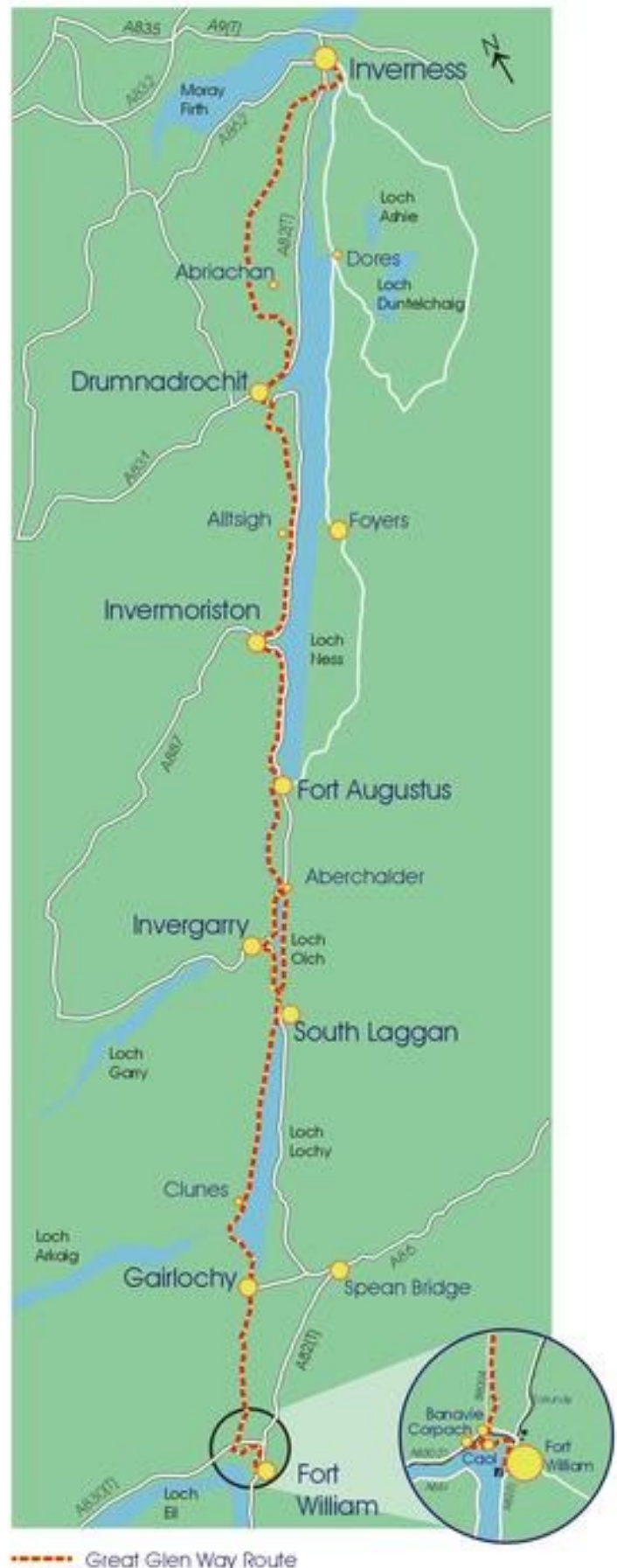
(Walkhighlands) (12km/ 7.5mi, 3.5-4h, 480m), Waymarked walking on tracks, minor rds & paths throughout; some steep ascents & descents. PUB TRANS: A82 btwn Ft William & Inverness: buses full length.

Scot Stage 4/ Low Route/ Ft Augustus to Invermoriston(?)

(Walkhighlands)(12km/ 7.5mi, 3-3.5mi, 120m), Waymarked walking on tracks or paths throughout; some ascent. PUB TRANS: A82 btwn Ft William & Inverness: buses full length.

Scot Stage 5 High Route/ Invermoriston to Drumnadrochit

(Walkhighlands)(22km/ 13.75mi, 6-7.5h, 740m), Waymarked walking on tracks, minor rds & paths throughout; some steep ascents & descents.; PUB TRANS: A82 btwn Ft William & Inverness: buses full length.



Stage 5 Low Route/ Invermoriston to Drumnadrochit (Walkhighlands)(23.5km/14.5mi, 5-.-7h, 495m), Waymarked walking on tracks, minor rds & paths throughout; some ascent.; PUB TRANS: A82 btwn Ft William & Invernes: buses full length.

Stage 6/ Drumnadrochit to Inverness (Walkhighlands)(29km/18mi, 7-9h, 480m), Well made paths, forestry tracks, minor rd & 1 pavement sec alongside A82. Short steep sections.
PUB TRANS: Drumnadrochit: fairly well served byBUS; Inverness: all types.

TRANS-OUT: Inverness > Glasgow: SEE “SCOT FT WILL Inverness TRANS-OUT”

TRN:

Inverness > Glasgow: TRN

thetrainline.com for timetables & online booking

BUS:

- [Scottish Citylink](#) (main)
- **Megabus** , : budget bus btwn Glasgow>Inverness (&others). TIKs:~£1;
- DP:Inverness BUS STA.

GLASGOW (Return from Inverness: Great Glenn hike)

TRANS-IN: Inverness > Glasgow 2 main line railway stations:

1. **CNTR STA** (officially aka **Glasgow CNTR**): S Scotland TRNs, city's southern suburbs & all long dist TRNs from [England](#)
 2. **Queen ST STA**: while shuttle TRNs from Edinburgh, anywhere N of Glasgow
- Both stations divided in>: 1) "High Level" (4 main line inter-city services) & 2) subterranean "Low Level" (4 local suburban services) - distinction mentioned in timetables.
 - [Inverness](#) (via Perth): Every 2 hours in> Queen ST (High Level) throughout day

GEN:

City Centre:

- Aka "town" or "toon" > locals; bounded by M8 motorway > N & W, High ST > E, & River Clyde > S. area where most visitors will start, & most notable elements; grid plan of ST & lavish Victorian & Edwardian bldg & civic squares = much character.
- **Main arteries of City Centre:** **Argyle ST** & **Sauchiehall ST** both run on E-W axis; =linked by **Buchanan ST** running N-S: 3 STs = main shopping area.
- **Merchant City:** City Centre's E-side sub-district: Glasgow's ORIG MED core, centered on Glasgow Cross (Trongate, Saltmarket, High ST, Gallowgate & London Rd junction); extends up > George SQ, w/ many **ornate bldg** date back > Glasgow's emergence as industrial city.
- **High ST:** N of Glasgow Cross main artery of Old Glasgow -- leads uphill > **Glasgow CATH** & **Necropolis CEM**.

MAIN E-W artery: **Argyle ST/Dumbarton Rd**, while

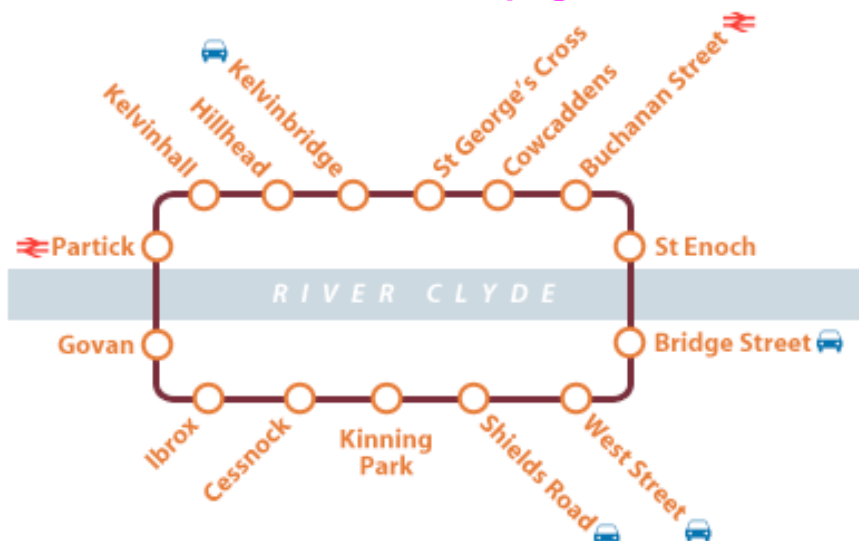
main N-S artery: **Byres Rd**: independent shops, bars & REST.

Ashton Lane connects **Byres Rd** > University campus & **cobbled backstreet w/ distinctive whitewashed bldg**: eclectic bars / eateries mix make it tourist hotspot (summer tourist trap when U students not there > keep bar prices down).

> **E of university campus & just downhill:**

Kelvingrove Park, w/ tree-lined **Kelvin Way**: main ave >> park, connects w/ Argyle ST near **Kelvingrove MUS**.

TRANS - LOCAL: **SEE Wiki page**



ACCM:

TRANS-OUT: AIR

([IATA](#): **GLA**). 8 mi W of centre Glasgow near towns of Paisley & Renfrew, principal airport,
[Glasgow Shuttle](#) from near both main railway stations (£5.00 single, £7.00 day return, £8 open return)
[First's route 747](#) :Slower, less frequent, but cheaper (£4 single, £5 return).
[McGill's local BUS 66](#): slowest, but cheapest, OPT (every 10 min from Paisley Gilmour ST TRN STA,
TRNs run from Glasgow CNTR (10min,).
Travelling > airport: inclusive TRN & BUS TIK from any TRN STA: just ask 4 Glasgow Airport &
show BUS driver TRN ticket. Glasgow CNTR >/from airport costs £3.20
Glasgow Int'l Airport 2 terminals

SITES:

Old Govan CHR & Govan Stones, 866 Govan Rd (*Subway: Govan*), ☎ +44 141 440-2466 (info@thegovanstones.org.uk), [37]. unique early MED stones: carved, 9th > 11th Cs: commemorate power who ruled Kingdom of Strathclyde. OOM IMP Glasgow HIST & cultural assets; 31 mon't inside beautiful setting of Govan Old CHR. Free.

Riverside MUS, 100 Pointhouse Place (*subway: Kelvinhall*), ☎ +44 141 287 2720, [40]. M-Th & Sa 10AM-5PM, F & Su 11AM-5PM. recently reopened MUS w/ excellent collection of vehicles & models > tell story of transport by land & sea, w/ unique Glasgow flavour. Besides usual rail locomotives, buses, trams, cars & planes, MUS also includes recreated subway STA & ST scene of old Glasgow. Behind MUS **Tall Ship** [41], *Glenlee*, built in 1896 & 1 of only 5 Clydebuilt sailing ships remain afloat in wrld today, now restored & open > public. Free; Tall Ship £5 adults, £3 children (1st child free w/ paying adult)

Tenement House, 145 Buccleuch ST, ☎ 0844 493 2197, [45]. Summer months only, Daily 1PM-5PM. National Trust 4 Scotland site, middle class Glasgow tenement house preserved in pretty much way it in early 20th C. £6 adults, £16 family, £5 concessions.

Glasgow Green, (*TRN: Bridgeton or Argyle ST, THEN, walk or take BUS along London Rd*), [49]. most famous of Glasgow parks, Glasgow Green founded by Royal grant in 1450 & slowly enclosed by city & evolved from grazing land in> modern public park. "Green" as known > locals.

People's PAL & Winter Gardens (covered above), highlights

Nelson's Memorial, obelisk or needle: built > commemorate Nelson's victory @ battle of Trafalgar,

Templeton Carpet Factory, w/ ornate brick work (now BIZ CNTR),

Doulton Fountain, largest terracotta fountain in wrld.

Victoria Park, **DIRECS**: ???

Fossil Grove, Victoria Park, ☎ +44 141 276 1695, [55]. Summer months only; Daily 10AM-4PM. only EX /remains of preserved 330 million yrs old forest of forest.

Glasgow CATH (*CATH of ST. Mungo*), CATH SQ, Castle ST, ☎ +44 141 552-6891, Su

1PM-4:30PM. fine EX of Gothic ARCH dating from MED times & built on site 1st consecrated in 397 AD.

Necropolis CEM: **DIRECS**: Behind CATH atop steep hill– dominated by STAT of John Knox & described by Victorians as literal "City of Dead". Free.

Glasgow Cross: **DIRECS**: intersection @ junction of Trongate, Saltmarket, High ST, Gallowgate & London Rd.; marks ORIG MED centre of city & dominated by **clock TOW** of ORIG City Chambers (destroyed by fire, 1926), & sm hexagonal bldg known as **Tollbooth**. **DIRECS**: Just > W on Trongate ; **Tron Theatre**, former CHR turned in> prominent theatre.

ST Enoch Subway STA: **DIRECS**: ST Enoch SQ, Argyle & Buchanan ST (*subway: ST Enoch*). Always visible. ORIG subway STA, quaint bldg now used as coffee shop, sits in middle of ST Enoch SQ. Free.

George SQ: **DIRECS:** George ST & Vincent Sts., (City Centre): used 4 public meetings, gatherings, protests, celebrations & concerts. **Other nearby worthwhile BLDGs:** 1) Glasgow City Chambers, 2) Queen ST Railways STA, 3) many STAT & tributes > public figures in SQ: Queen Victoria, Robert Burns & Robert Peel.; watch online: [George SQ Webcam](#).

City Chambers, DIRECS: George SQ (*TRN: Glasgow Queen ST*), ☎ +44 141 287-2000, [\[21\]](#). Guided tours M-F @ 10:30 & 14:30. imposing structure in George SQ, 1888 in Italian Renaissance style & hdqtr of Glasgow City Council. Daily Tours: mag marble staircases, lobbies, debating chamber & lavish banqueting hall. In front bldg, **George SQ**, city's national centre, populated by several STAT of civic leaders & famous figures from history & often used 4 outdoor events. Free



Glasgow CNTR STA: **DIRECS:** Gordon ST, btwn Union & Hope ST (*TRN: Glasgow CNTR*), ☎ 08457 11 41 41, [\[22\]](#). M-Sa 04:00-00:30, Su 07:00-00:30. principal railway terminus; 4

INT: grand; **DIRECS:** access from Gordon ST on N side of bldg.

EXT: massive glass walled bridge (aka Hielanman's Umbrella) spans Argyle ST & holds up tracks & platforms. Free

Interesting bridges over River Clyde: **DIRECS:** City Centre.

- **PED Bridge:** **DIRECS:** crosses river E of M8 motorway, aka "Squiggly Bridge" cuz distinctive S-shape.,
- **Kingston Bridge:** **DIRECS:** Nearby; carries M8 motorway across Clyde, 1969, **BUT**, far more spectacular > stand beneath than drive over, w/ almost CATH-like vista & strange aura of calmness betrays likely traffic chaos going unseen directly above head.
- **Clyde Arc:** **DIRECS:** Further W; aka "Squinty Bridge", relatively new & prominent bridge; elegant curved design & unique cuz crosses river @ angle.

Clyde Auditorium, DIRECS: Exhibition Way (*TRN: Exhibition Centre*), ☎ +44 141 248 3000, [\[26\]](#). Affectionately aka Armadillo, bldg concert hall forms part of Scottish Exhibition & Conference Centre complex; contrary > popular belief, design *not* inspired by Sydney Opera House, BUT rather, represents ship's hulls. Susan Boyle audition site - OOM downloaded YouTube video clips.

Barras Mkt ([Barras](#)): **DIRECS:** in E End of Glasgow; operation since turn of C; everything including cheap household items -- not place 4 antiques, BUT: grt place > walk >> & see different side of Glasgow away from usual tourist spots; grt atmosphere.

Glasgow CATH: [Glasgow DIRECS:](#) it. can find it outside city centre near Glasgow Royal Infirmary; ---- worth look; wander surrounding area;

Lighthouse: **DIRECS:** 11 Mitchell Lane., (City Centre) grt views

Titan Clyde crane: **DIRECS:** Titan Crane Titan Enterprise, 1 Aurora Avenue, Queens Quay, Clydebank, G81 1BF

Kelvingrove Park: DIRECS: Otago ST, (W End)

Pollok Co PK: DIRECS: 2060 Pollokshaws Rd,

Riverside MUS of Transport & Travel: 100 Pointhouse Place,

ST Andrew's CATH: DIRECS: Clyde ST,

Tenement House: DIRECS: 145 Buccleuch ST. | Garnethill,

Linn Park: DIRECS: Clarkston Rd,

TUCSON -- OUT

Discount Taxi: 520-388-5000 \$25 Other CAB: From TUS > S&y: \$36

AIR:

DL Ticket #: 0062303497069-70 --- 1 (800) 455-2720 ---

Delta FLT Confirm #: 67X3A7: ---

SERVICE	DATE	FROM	DEPART	ARRIVE	FLYTIME	SEAT
DL9538/KLM ---						
KL 1470	15JUN	GLA	AMS	6:05a	8:45am (1 ² / ₃ h)	27F
NOTE: Flt Time: 1h 40m Layover: 2hr 10m						
DL 73	15JUN	AMS	ATL	10:55a	1:56p (9h)	42K
NOTE: Flt Time: 9h Layover: 2h 19m						
DL1705	15JUN	ATL	JAC	4:15pm	6:18pm (4h)	42F
NOTE: Flt Time: 4h Layover: NA						
NOTE: \$1000 TOTAL TRIP TIME: 10h 10m ARR 15JUN, 2011						

OLD / Abandonned:

GRK TRANS FLOW B4 creating IND DOC

RS suggested ITIN Days by BUS:

BUS difficult on Pelo

Best Trip by BUS:

Day	Plan	Sleep
1	Arrive Athens	Athens
2	Athens	Athens
3	Athens	Athens
4	Morn in Athens, afternoon BUS > Delphi (or DT)	Delphi 2d
5	Sightsee Delphi	Delphi
6	Morn BUS > Athens, THEN, boat > Hydra	Hydra 2d
7	Hydra	Hydra

> Peloponnese OPT:

1) Athens > Hydra > Pelo (easiest)

2) > Nafplio (boat-taxi-BUS: cheap, short, BUT complicated

? Kardamyli/Mani Penisua (by car or hired local driver) ? 2d

?	Monemvasia (multi transfers, time consuming):	? 1d
?	Nafplio, Epidavros, Mycenae:	3d
8	Morn boat back > Athens, THEN, BUS (time consuming) > Olympia	Olympia 2
9	Sightsee Olympia	Olympia
10	Morn BUS > Nafplio	Nafplio
11	Day trip > Mycenae	Nafplio
12	Day trip > Epidavros	Nafplio
13	BUS > Athens	Athens

NO!!! MONEMVASIA MONEMBAΣΙΑ / Μονεμβασία; P6145m

Gefyra

Self-Guide Tour (RS):

Lower Town:

NITE: mix of Byzan, Venetian (lrg carved lintels), Ottoman (tulip shaed windows) ARCH, but don't get bogged down w/IND CHRs

Cross causeway >

Main Gate (17th C, Ottoman; Note: defensive view blocking jog) >

Main ST: walk down, bear L @ 'Y' >

Note: L, arched windows w/ built-in display counters, while rest of towm's sm DRs & windows,

> Main SQ (Plateia Dsami (MOSQ SQ) : tip > Ottomans

Orig MOSQ: sm w/ red dome on R

In middle: cannon & well; many cisterns abound; 1 / home

GOTO edeg of SQ > look dn on rooftops; NOTE: sharply pitched rooves 4 catchinh rain 4/> cisterns, orig: plastered houses;

DIRECS: Turn around & face Upper Town

Stout walled path > top; sm chapel in rock

DIRECS: across from MOSQ

CHR of ST Christos Elkomenos

Venetian carved lintel

Peacock relief & bell TOW, 1820

THEN, , outside > R: Bishop's former RES w/Venetian coat of arms

Archway > sm attached chapel

Sidebar: Sparta p 6178

UPPER TOWN: orlg , mighty Byz Ft

Little survived, lasgt RES: 1 C ago;

Go up trail ...

Near top another jogged gateway

DIRECS: more or less straighyy up path >

Byz CJR of Agia Sophia, 12th C: close > cliff

THEN, , climb higher 4 views

THEN, , dn > crenelated watchTOW area

THEN, , @ gateway, > R > old Turkish house, larg cistern: cavernous vaulted hall